Do You Think You Might Have a Learning Disability?

Learning disabilities are defined as specific deficiencies in a student's ability to: Process, Retain or Absorb information, for reasons which may or may not be known. Many students experience academic difficulty and may wonder if they could have a learning disability.

Types of Learning Disabilities

Students with learning disabilities may experience difficulty reading large amounts of material and remembering the information, or they may have difficulty staying on task for longer periods of time, during lectures or during study times, for example. Psychologists have created numerous classifications of learning disabilities. They include:

- **Information processing disabilities.** You may have trouble with the input, integration, retention and output of information.
- **Reading disabilities.** You may see your letters and numbers in a different order than which they appear. Or you may have to keep re-reading the material to improve comprehension.
- **Writing disabilities.** You may have a hard time planning and organizing your ideas in writing, or you may have spelling or handwriting problems.
- **Non-verbal learning disabilities.** You may have socialization problems, or poor motor, visual-spatial and organizational skills.
- **Auditory processing disorders.** You may misperceive what you’ve heard.
- **Attention deficit disorder (ADD).** You may have an inability to stay still or pay attention for prolonged periods of time.

Coping with Learning Disabilities

Both childhood and adult learning disabilities can affect quality of life, and educators have developed very specific techniques for helping students overcome their limitations and succeed. Early detection and intervention are important. If you suspect you may have a learning disability, or if you simply would like to learn more, please contact:

The Academic Support Center
117 Thompson Hall
171 Moultrie Street
Charleston, SC 29409

Telephone: 843.953.5305
Fax: 843.953.6823

Center Email: ascenter@citadel.edu
Contact for Students with Disabilities: disabilityservices@citadel.edu