

REGIMENTAL HEADQUARTERS
 THE SOUTH CAROLINA CORPS OF CADETS
 THE CITADEL
 CHARLESTON, SC
 REGIMENTAL TRAINING SCHEDULE FOR THE WEEK OF 25 JULY – 2 AUGUST 2022

C1 ATHLETES

As of 19 May 2022

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
Mon 25 July	0530-0630	Fall Sports Cadre	Breakfast: Formation/March to Mess (Open Mess) *LAUNDRY DROP*	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	0700-0830	C1 Athletes	Report & Room Assignment Non-Sized Issue	PT Barracks	Civilian Clothes	Fall Sports Cadre Cdr
	0900-1150	C1 Athletes	In-Processing: Haircut Post Office/Weigh In Uniform Measurement Uniform Issue [rtn to barracks/drop bags] ID Cards Begin Inventory	MCH Cadet Store One Card Office PT Barracks	Citadel Summer PT w/leathers & black socks	Fall Sports Cadre Cdr
	1200-1250	C1 Athletes	Assembly/March to Lunch 1200: Assembly 1205: March to mess 1210: Mess ["AT EASE" meal]	DFAC Downstairs	Citadel PT w/leathers & black socks	Fall Sports Cadre Cdr
	1300-1345	C1 Athletes	LD 4-2a The Citadel Experience	Jenkins Aud	Citadel r PT	Fall Sports Cadre Cdr
	1400-1445	C1 Athletes	LD 4-2b Leadership	Jenkins Aud	Citadel Summer PT	XO
	1500-1545	C1 Athletes	LD 4-2c Followership	Jenkins Aud	Citadel Summer PT	Platoon Leader
	1600-1630	C1 Athletes	Mess Brief	Jenkins Aud	Citadel Summer PT	Fall Sports Cadre Cdr
	1645-1745	C1 Athletes	Drill #1 [change to soft shoe following drill]	PT Barracks	Citadel PT w/leathers & black socks	Fall Sports Cadre Cdr
	1755-1850	C1 Athletes	Assembly/Inspection/March to Mess 1755: Mess Call 1800: Assembly 1803: Attention 1804: Retreat/Colors 1805: Move to Mess	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	1900-1950	C1 Athletes	Inventory of Cadet Issue Items [cont'd]	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2000-2200	C1 Athletes	TAC NCO Time	PT Barracks	Citadel PT	Fall Sports Cadre Cdr
	2200-2300	C1 Athletes	Personal Hygiene	PT Barracks	Citadel PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	PT Barracks		Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
BLISTER CALL (TRAINING ROOM) EACH DAY IMMEDIATELY AFTER BREAKFAST						
Tues 26 July	0545-0645	C1 Athletes	PT #1 0545- 1 st Call 0550: Assembly/move to training 0600: PT	Summerall Field	Citadel Summer PTs	SgtMaj Yagle Mrs Haugen Fall Sports Cadre Cdr
	0655-0715	C1 Athletes	Personal Hygiene	PT Barracks	Citadel Summer PTs	
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	Citadel Summer PTs w/Leathers	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	Citadel Summer PTs w/Leathers	Fall Sports Cadre Cdr
	0830-0915	C1 Athletes	Drill Period #2 (Change to Soft Shoe following Drill)	PT Barracks	Citadel Summer PTs w/Leathers	Fall Sports Cadre Cdr
	0930-1045	C1 Athletes	Room Standards/ Personal Appearance Inspection Overview	Jenkins Aud	Citadel Summer PT	BN TAC NCO
	1100-1145	C1 Athletes	TAC TIME 1	Jenkins Aud	Citadel Summer PT	TAC TEAM
	1150-1220	C1 Athletes	Lunch	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	1220-1250	C1 Athletes	Commandant's Talk 1220: Formation outside Coward Hall 1225: March 1230: Cmdt Talk	Jenkins Aud	Citadel Summer PT	Fall Sports Cadre Cdr
	1300-1350	C1 Athletes	Counseling Center Mental Health Overview	Jenkins Aud	Citadel Summer PT	Counseling Center
	1400-1420	C1 Athletes	Medical Issues Overview	Jenkins Aud	Citadel Summer PT	Infirmary
	1430-1520	C1 Athletes	HD 4-1	Jenkins Aud	Citadel Summer PT	TAC TEAM
	1530-1550	C1 Athletes	Laundry Intro	Jenkins Aud	Citadel Summer PT	Fall Sports Cadre Supply Sgt
	1600-1645	C1 Athletes	Weapon Card (Change to Leathers)	Jenkins Hall Armory	Citadel Summer PT	Fall Sports Cadre Cdr Supply SGT
	1700-1745	C1 Athletes	Drill Period #3 (Change to Soft Shoe after Drill)	PT Barracks	Citadel PT w/Leathers	Fall Sports Cadre Cdr
	1800-1850	C1 Athletes	Assembly/Inspection/March to Mess 1755: First Call for Mess	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
Tues 26 July [cont'd]			1800: Assembly 1803: Attention 1804: Retreat/Colors 1805: March to Mess			
	1900-1950	C1 Athletes	How To Wear DUTY Review	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr Squad Sgt
	2000-2200	C1 Athletes	TAC NCO time Include Weapons Care/Clean Laundry Bag Preparation	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2200-2300	C1 Athletes	Hygiene	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
BLISTER CALL (TRAINING ROOM) EACH DAY IMMEDIATELY AFTER BREAKFAST						
Wed 27 July	0545-0645	C1 Athletes	PT #2 0545- 1 st Call 0550: Assembly/ march to field 0600: PT Laundry Drop	Summerall Field	Citadel Summer PT	SgtMaj Yagle Mrs. Haugen Fall Sports Cadre Cdr
	0655-0715	C1 Athletes	Personal Hygiene	PT Barracks		
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	DUTY	Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	DUTY	
	0830-1015	C1 Athletes	Drill Period #4 & 5	PT Barracks	DUTY	Fall Sports Cadre Cdr
	1030-1120	C1 Athletes	Military Organization	Jenkins Aud	DUTY	LTC Remsen
	1130-1215	C1 Athletes	Honor 1	Jenkins Aud	DUTY	Honor Cmte
	1225-1315	C1 Athletes	Lunch Move directly to Coward Hall	DFAC downstairs	DUTY	Fall Sports Cadre Cdr
	1330-1420	C1 Athletes	TAC NCO Time	As Directed	DUTY	TAC NCO
	1430-1550	C1 Athletes	Customs & Courtesies	Jenkins Aud	DUTY	TAC NCO
	1600-1645	C1 Athletes	CPRP Brief	Jenkins Aud	DUTY	Mrs Haugen
	1700-1745	C1 Athletes	Drill Period #6	PT Barracks	DUTY	Fall Sports Cadre Cdr
	1755-1845	C1 Athletes	Assembly/Inspection/March to Mess 1755: First Call for Mess 1800: Assembly 1803: Attention 1804: Retreat/Colors 1805: March to Mess	DFAC Downstairs	DUTY	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
	1900-1920	C1 Athletes	BANNER ON-LINE	Barracks Rooms	Duty	Fall Sports Cadre Cdr
	1930-2000	C1 Athletes	****TEACH ACCESS TO CANVAS****	Barracks Rooms	Duty	Fall Sports Cadre Cdr
Wed 27 July [cont'd]	2000-2200	C1 Athletes	TAC NCO time Review How to Wear OCPs Prepare Laundry Bag	PT Barracks	Citadel Summer PT	TAC NCOs
	2200-2300	C1 Athletes	Hygiene	PT Barracks		Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	PT Barracks		Fall Sports Cadre Cdr
BLISTER CALL (TRAINING ROOM) EACH DAY IMMEDIATELY AFTER BREAKFAST						
Thurs 28 July	0545-0645	C1 Athletes	PT #3 0545- 1 st Call 0550: Assembly/March to field 0600: PT Laundry Drop	Summerall Field	Citadel Summer PT	SgtMaj Yagle Mrs. Haugen Fall Sports Cadre Cdr
	0655-0715	C1 Athletes	Personal Hygiene	PT Barracks		Fall Sports Cadre Cdr
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	OCPs	Fall Sports Cadre Cdr/TACs
	0830-0950	C1 Athletes	Drill Period #7	PT Barracks	OCPs u/arms	Fall Sports Cadre Cdr
	1000-1045	C1 Athletes	FCS Review – ON LINE	PT Barracks	OCPs	Fall Sports Cadre Cdr
	1100-1145	C1 Athletes	FCS Class	Jenkins Hall Aud	OCPs	TAC TEAM
	1200-1245	C1 Athletes	Lunch Move directly to Coward Hall	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr
	1300-1345	C1 Athletes	FCS TEST – ON LINE	PT Barracks	OCPs	Fall Sport Cadre Cdr
	1400-1445	C1 Athletes	Honor 2	Jenkins Aud	OCPs	Honor Cmte
	1500-1620	C1 Athletes	Institutional Research (IR) Academic Surveys Orientation	Bond Hall labs	OCPs	IR Team
	1630-1750	C1 Athletes	Drill Period #8	PT Barracks	OCPs u/arms	Fall Sports Cadre Cdr
	1755-1845	C1 Athletes	Assembly/Inspection/March to Mess 1755: First Call for Mess 1800: Assembly 1803: Attention 1804: Retreat/Colors 1805: March to Mess	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr
	1900-2200	C1 Athletes	TAC NCO time Prepare Laundry Bag	PT Barracks	Citadel Summer PT	TAC NCOs
	2200-2300	C1 Athletes	Hygiene	PT Barracks		Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	PT Barracks		Fall Sports Cadre Cdr

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BLISTER CALL (TRAINING ROOM) EACH DAY IMMEDIATELY AFTER BREAKFAST						
Fri 29 July	0545-0645	C1 Athletes	PT #4 0545- 1 st Call 0550: Assembly/March to field 0600: PT Laundry Drop	Summerall Field	Citadel Summer PT	SgtMaj Yagle Mrs. Haugen Fall Sports Cadre Cdr
	0655-0715	C1 Athletes	Personal Hygiene	PT Barracks		Fall Sports Cadre Cdr
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	Duty	Fall Sports Cadre Cdr/TACs
	0830-0950	C1 Athletes	Drill Period #9	PT Barracks	Duty u/arms	Fall Sports Cadre Cdr
	1000-1045	C1 Athletes	Library Services	Daniel Library	Duty	Library Staff
	1100-1120	C1 Athletes	Ombudsman	MCH- GI	Duty	Academic Staff COL Pickering
	1130-1150	C1 Athletes	Cadet Activities Brief	MCH- GI	Duty	Cadet Activities
*****	1200-1320	C1 Athletes	Lunch with Coaches [Move directly to Coward Hall]	Coward Hall DFAC Upstairs	Duty	Citadel Athletics
	1330-1445	C1 Athletes	Student Success Center Orientation	Thompson Hall	Duty	Acd Support Staff
	1500-1620	C1 Athletes	ROTC Orientation	Jenkins Aud	Duty	ROTC Depts
	1630-1745	C1 Athletes	TAC Time 2	PT Barracks	Duty	TAC Team
	1755-1845	C1 Athletes	Assembly/Inspection/March to Mess 1755: First Call for Mess 1800: Assembly 1803: Attention 1804: Retreat/Colors 1805: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	1900-2100	C1 Athletes	TAC NCO Time Prepare Laundry Bag	PT Barracks	Duty	Fall Sports Cadre Cdr
	2100-2200	C1 Athletes	Hygiene	PT Barracks		Fall Sports Cadre Cdr
	2200	C1 Athletes	Lights Out	PT Barracks		Fall Sports Cadre Cdr
BLISTER CALL (TRAINING ROOM) EACH DAY IMMEDIATELY AFTER BREAKFAST						
Sat 30 Jul	0530-0645	C1 Athletes	CPFT 0530- 1 st Call 0535: Assembly/March to Willson Fld 0545: CPFT	Willson Field	Citadel Summer PT	SgtMaj Yagle Mrs Haugen Fall Sports Cadre
	0645-0715	C1 Athletes	Personal Hygiene	PT Barracks		Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
Sat 30 Jul Cont'd	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	OCPs	Fall Sports Cadre Cdr/TACs
	0830-0945	C1 Athletes	Drill Period #10	PT Barracks	OCPs u/arms	Fall Sports Cadre Cdr
	1000-1050	C1 Athletes	Cadet Accountability	Jenkins Aud	OCPs	MAJ Evans
	1100-1150	C1 Athletes	Safety and Security Training	Jenkins Aud	OCPs	COL Dunne
	1150-1250	C1 Athletes	Lunch Move directly to Coward Hall	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr
	1300-1400	C1 Athletes	CADIC Orientation	Jenkins Aud	OCPs	Mr. Modglin
	1400-1515	C1 Athletes	CARE Orientation	Jenkins Aud	OCPs	Mrs. Shealy
	1530-1620	C1 Athletes	Campus Tour	Campus	OCPs	Squad Sgts
	1630-1720	C1 Athletes	Assembly/Inspection/March to Mess 1630: First Call for Mess 1635: Assembly 1638: Attention 1639: Retreat/Colors 1640: March to Mess	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr
	1730-2100	C1 Athletes	TAC NCO Time Prepare Laundry Bag	PT Barracks	OCPs	Fall Sports Cadre Cdr
	2100-2150	C1 Athletes	Hygiene/ Personal Time	PT Barracks		Fall Sports Cadre Cdr
	2200	C1 Athletes	Lights Out	PT Barracks		Fall Sports Cadre Cdr
Sun 31 July	0700-0720	C1 Athletes	Personal Hygiene Laundry Drop	PT Barracks	Duty	Fall Sports Cadre Cdr
	0720-0750	C1 Athletes	Breakfast: Family Style 0720: 1 st Call for Breakfast 0725: Assembly/Inspection 0733: Attention 0734: Colors 0735: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	Duty	Fall Sports Cadre Cdr
	0830-0950	C1 Athletes	Chapel Religious Services- Optional <i>*C1 cadets NOT attending Chapel will have a recovery period in the barracks.</i> 0830-0850: Organize Religious groups and march to Chapel 0900: Services Begin	PT Barracks Chapel	Duty	Chaplain Meadows
	1000-1050	C1 Athletes	Chapel Orientation	Chapel	Duty	Chaplain Meadows
Sun	1100-1150	C1 Athletes	Prepare for Evaluations	PT Barracks	Duty	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
31 July Cont'd			Review How to Wear Summer Leave			
	1200-1250	C1 Athletes	Lunch Move directly to Coward Hall	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	1300-1645	C1 Athletes	CHALLENGE WEEK EVALUATIONS	PT Barracks	Summer Leave	TAC TEAMS
	1650-1730	C1 Athletes	Dinner 1650: First Call for Mess 1655: Assembly 1658: Attention 1659: Retreat/Colors 1700: March to Mess 1740: MOVE BACK TO BARRACKS CHANGE TO CITADEL PTs	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
+++++	1800-2000	C1 Athletes	ALL PHYSICALS	As Directed	Citadel PT	Sports Medicine
	2000-2050	C1 Athletes	SNACK	As Directed	Citadel PT	Sports Medicine
	2100-2200	C1 Athletes	Personal Hygiene	PT Barracks		Fall Sports Cadre Cdr
	2200	C1 Athletes	Lights Out	PT Barracks		Fall Sports Cadre Cdr
Mon 1 Aug	0545-0645	C1 Athletes (- SOC Ath)	PT #5 0545- 1 st Call 0550: Assembly/March to Field 0600: PT Laundry Drop .	Summerall Field	Citadel Summer PT	SgtMaj Yagle Mrs Haugen Fall Sports Cadre Cdr
	0655-0715	C1 Athletes	Personal Hygiene	PT Barracks		Fall Sports Cadre Cdr
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	Duty	Fall Sports Cadre Cdr
	0830-0945	C1 Athletes	Drill Period #11	PT Barracks	Duty u/arms	Fall Sports Cadre Cdr
	1000-1050	C1 Athletes	Cadet Discipline System	Jenkins Aud	Duty	COL Hutson
	1100-1215	C1 Athletes	CAS Training	Jenkins Aud	Duty	COL Hutson
*****	1230-1320	C1 Athletes	March directly to Lunch*** (Meals @ Team Mess begin)	DFAC Upstairs	Duty	Fall Sports Cadre Cdr
	1330-1400	C1 FB Athletes	Turn-in Rifles	JH Armory	Duty	Fall Sports Cadre Cdr
	1400-1450	C1 Athletes	Rifle Turn-in	JH Armory	Duty	Fall Sports Cadre Cdr
	1500-1650	C1 Athletes	Blue/White Book Self Study/Test ON-LINE	Barracks Rooms	Duty	Fall Sports Cadre Cdr
*****	1655-1745	C1 Athletes	Assembly/Inspection/March to Mess 1655: First Call for Mess 1700: Assembly 1703: Attention 1704: Retreat/Colors	DFAC Upstairs	Duty	Fall Sports Cadre Cdr

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			1705: March to Mess			
	1745-1800	C1 Athletes	Change to Citadel Summer PTs	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
*****	1800-1950	C1 Athletes	COACHES TIME	TBD	Citadel Summer PT	Fall Sports Cadre Cdr
	2000-2050	C1 Athletes	Snacks	DFAC Upstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	2100-2200	C1 Athletes	Hygiene/ Personal Time	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2200	C1 Athletes	Lights Out	PT Barracks		Fall Sports Cadre Cdr

Tuesday, Aug 2 begins Pre-Season Soccer, Football 3 Aug, VB 9 Aug > Teams/Coaches are responsible for daily schedules and must coordinate with Fall Sports TACs and Cadre.