

# **THE WHITE BOOK**

## **CHAPTER 1**

### **Cadet Organization and Training**

## **SECTION 2**

### **24 Hour Schedule**

**Version (date): 7 JUL 2019**

**Author: COL Dunne**

**Position: Assistant Commandant for Operations and Training**

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See schedule next page.

## CORPS OF CADET'S 24 HOUR SCHEDULE (Version date: 7 July 2019)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
0520 - Gates Open	0520 - Gates Open	0520 - Gates Open	0520 - Gates Open	0520 - Gates Open	0520 - Gates Open	0520 - Gates Open
0520-0635:Reg PT 0635:Acct Formaton 0640: Colors	0520-0630: Remedial PT Deficient Cadets		0520-0635:Reg PT 0635: Acct Formaton 0640: Colors	0520-0630: Remedial PT Deficient Cadets	General Leave or Events as Scheduled	General Leave or Events as Scheduled
0640: Hygiene	0630: Hygiene	0630: Hygiene	0640: Hygiene	0630: Hygiene		
0700-0745: Sick Call	0700-0745: Sick Call	0700-0745: Sick Call	0700-0745: Sick Call	0700-0745: Sick Call	0700-0745: Sick Call	0700-0745: Sick Call
0645-0930: OpenMess Breakfast	0630-0645: Sweep Detail 0630-0930: Open Mess Breakfast 0730: Accountability Formation	0630-0645: Sweep Detail 0630-0930: Open Mess Breakfast 0730: Accountability Formation	0645-0930: Open Mess Breakfast	0630-0645: Sweep Detail 0630-0930: Open Mess Breakfast 0730: Accountability Formation	1000-1300: Open Mess Brunch	1000-1300: Open Mess Brunch
0800-1700: Academic Classes[MSP-ASP]	0800-1230 & 1330- 1700:Academic Classes [MSP-ASP] <b>1230-1315: Commandant's Trng</b>	0800-1700: Academic Classes [MSP-ASP]	0800-1230 & 1330 1700: Academic Classes [MSP-ASP] <b>1230-1315: Commandant's Trng</b>	0800-1450: Academic Classes [MSP]		
0800-1200: MRIs	0800-1200: MRIs	0800-1200: MRIs	0800-1200: MRIs	0800-1200: MRIs		
1100-1400: Open Mess Lunch	1030-1230 & 1315- 1400: Open Mess Lunch	1100-1400: Open Mess Lunch	1030-1230 & 1315- 1400: Open Mess Lunch	1100-1400: Open Mess Lunch	1400-1700: Tours/Con	1400-1800: Tours/Cons [optional]
1530-1730: Intramurals	1530-1730: Intramurals	1500-1800: Tours/Cons	1530-1730: Intramurals	1500: Formal Guard Mount		
1600: Formal Guard Mount	1600: Informal Guard Mount	1600: Informal Guard Mount	1600: Informal Guard Mount	1520-1630: Parade	1600: Informal Guard Mount	1600: Informal Guard Mount
1700-1930: Open Mess Dinner	1700-1930: Open Mess Dinner	1700-1930: Open Mess Dinner	1700-1930: Open Mess Dinner	General Leave begins after parade	1700-1830: Open Mess Dinner	1700-1830: Open Mess Dinner
1700-1950: Open/Club Time	1700-1950: Open/Club Time	1700-1950: Open/Club Time	1700-1950: Open/Club Time	1800-1930: Open Mess Dinner		
1755: 4C Retreat Formation	1755: 4C Retreat Formation	1755: 4C Retreat Formation	1755: 4C Retreat Formation	1900-2200: Tours/Cons	1900-2200: Tours/Cons	General Leave ends: 1950 2C, 3C, 4C All-Ins
1900: ESP Begins	1900: ESP Begins	1900: ESP Begins 1950: All-Ins	1900: ESP Begins			2200-2300: Company Admin Time
2200-2300: Company Admin Time	2200-2300: Company Admin Time	2200-2300: Company Admin Time	2200-2300: Company Admin Time	General Leave Ends: 4C-2400 > All-Ins UC-0100 > All-Ins	General Leave Ends: 4C-2400 > All-Ins UC-0100 > All-Ins	General Leave Ends: 2230 1C All-Ins
2300: All-Ins	2300: All-Ins	2300: All-Ins	2300: All-Ins			