

# DEVELOPMENTAL COUNSELING REPORT

Cadet Name (Last, First): \_\_\_\_\_ CO: \_\_\_\_\_ CWID: \_\_\_\_\_

Home Town (City, State): \_\_\_\_\_ Roommate: \_\_\_\_\_



## ACADEMIC PILLAR

Address proficiency, path to graduation, career plan, and resources needed to improve

Last semester GPA: \_\_\_\_\_ Cumulative GPA: \_\_\_\_\_ Academic Class: \_\_\_\_\_ Major: \_\_\_\_\_

Biggest academic challenge: \_\_\_\_\_

Plan to address: \_\_\_\_\_

Academic goal: \_\_\_\_\_

Plan to achieve: \_\_\_\_\_

Notes:



## MILITARY PILLAR

Address conduct, duty, chain of command position, and leadership

Current Duty Position: \_\_\_\_\_ Previous Duty Positions: \_\_\_\_\_

Club membership and leadership positions: \_\_\_\_\_

Past and current conduct issues: \_\_\_\_\_

Principled leadership behavior you want to focus on: \_\_\_\_\_

Plan to achieve: \_\_\_\_\_

ROTC : \_\_\_\_\_ Contract?: \_\_\_\_\_ If yes, ROTC chain of command position: \_\_\_\_\_

Notes:



## CHARACTER PILLAR

Address spirit of the Honor Code, respect, and ethical decision-making

Most serious current ethical dilemma: \_\_\_\_\_

Plan to resolve: \_\_\_\_\_

Notes:



## FITNESS PILLAR

Address resiliency, diet, sleep, stress, emotional and spiritual well-being, and healthy lifestyle issues

Previous CPFT Score: \_\_\_\_\_  Pass  Fail

Current CPFT Score: \_\_\_\_\_  Pass  Fail

HT: \_\_\_\_\_ WT: \_\_\_\_\_  Pass  Fail

Body Fat (if applicable) \_\_\_\_\_  Pass  Fail

Physical Pillar Goal: \_\_\_\_\_

Plan to achieve: \_\_\_\_\_

Corps/Club Squad: \_\_\_\_\_ Intramurals: \_\_\_\_\_

Notes:

**Overall Cadet SELF-ASSESSMENT**

TO BE COMPLETED BY THE CADET BEING COUNSELED:

Describe your strengths, weaknesses, goals, and plan to improve/sustain below

Strength # 1 \_\_\_\_\_ Plan to Sustain \_\_\_\_\_

Strength # 2 \_\_\_\_\_ Plan to Sustain \_\_\_\_\_

Weakness # 1 \_\_\_\_\_ Plan to Improve \_\_\_\_\_

Weakness # 2 \_\_\_\_\_ Plan to Improve \_\_\_\_\_

Near term ( $\leq 1$  year) goal and plan to achieve: \_\_\_\_\_

Mid-term (2-4 years) goal and plan to achieve: \_\_\_\_\_

Long term ( $\geq 5$  years) goal and plan to achieve: \_\_\_\_\_

**Overall TAC Assessment of Cadet**

Note cadet's overall performance, potential, strengths, weaknesses, and expectations below

Date: \_\_\_\_\_ Cadet Signature: \_\_\_\_\_ TAC Signature: \_\_\_\_\_