

Major Academic Plan (MAP)—B.S. Exercise Science

Academic Credit Hours 123 + ROTC

June 2020

Freshman							
Fall	LDRS 101 (1)	Language (3)	PHED 101 (3)	STAT 160 (3)	Freshman Seminar (3)	Linked Writing Intensive Class (3)	ROTC Basic
Spring		Language (3)	EXSC 200 (3)	BIOL 130 & 131 (4)	HLED 401 (3)	Health & Fitness (3)	ROTC Basic
Sophomore							
Fall	LDRS 201 (1)	Approved Elective (3)	BIOL 217 & 227 (4)	EXSC 305 (3)	CHEM/PHYS I (4)	Strand Social Science (3)	ROTC Basic
Spring	LDRS 211 Fall or Spring	Strand Elective (3)	BIOL 218 & 228 (4)	EXSC 202 (3)	CHEM/PHYS II (4)	PSYC 202 (3)	ROTC Basic
Junior							
Fall	LDRS 311	Approved Elective (3)	Strand Science (3 or 4)	EXSC 319 (3)	EXSC 329 (1)	EXSC 314 (3)	ROTC (Advanced)
Spring		LDRS 371 (3) ***	Prof Comm (3)	EXSC 320 (3)	EXSC 403 (3)	Approved Elective (3)	RPED 113 ROTC (Advanced)
Senior							
Fall	LDRS 411	HLED 400 (3)	PHED 406 (Capstone) (3) ***	Approved Elective (3)	Strand English (3)	Strand History (3)	RPED Activity ROTC (Advanced)
Spring		PHED 203 (3)	HLED 302 (3)	HLED 402 (3)	PESEM 404 (3) ***	EXSC 421 (1)	ROTC (Advanced)

Note: The blue cells represent courses in the new GenEd. The beige cells represent graduation requirements. The golden cells are non-departmental requirements, and yellow cells are major requirements. ***=ROTC Fulfillment class.

