



### 11 College Freshman Fears

**Being nervous about college actually means you're already doing many things correctly!**

Being nervous about starting college is probably the most normal thing you can do. Your apprehension is a sign that you are already interested in doing well. Additionally, rest assured that most of your fears will probably go away after your first week, first month, or first year— even if they don't, there's always something you can do to change things. Take a few moments to discuss these issues in class.

1. My roommate will be awful.
2. I don't have any friends; I'll have problems meeting new people.
3. I won't be able to cut it academically.
4. I'm really going to be homesick for my friends/family/boyfriend/girlfriend back home.
5. I'm concerned about my finances.
6. I don't know how I'll balance so many things.
7. I'm nervous about being on my own for the first time.
8. I don't know how to do basic things: laundry, ironing, marching, shining.
9. I'm intimidated by professors but know I may need to go to them for help.
10. I don't think I can handle all of the stress.
11. I have no idea what I want to do after college.
12. Will I be able to make it through the fourth-class system?