Women’s Leadership Series

Workshop 4 - Leading Your Life Strategically: Developing a Life Leadership Plan

Are you crystal clear on what you want professionally and personally? Where do you want to be in 10 years, and what will you do to get there? How will your work be integrated into your life? Establishing vision and goals with intention is fundamental to self-leadership and enables you to bring your vision to life. Come learn firsthand with Sarah Castle, CEO at Castle Coaching & Consulting.

In this workshop you will:
- Clarify what you want in your career, personal life, and health
- Visualize your future and work backward from that possibility
- Generate specific goals for all aspects of your life that align with your vision
- Practice articulating your goals and coaching others on their goals
- Identify actions to turn your goals into reality
- Understand how being clear on what you want, and having vision and goals will expand your leadership

Audience: Female leaders, professionals in a leadership role, individual contributors and those seeking to become more effective leaders

Duration: The program will take place August 2, 2023 from 1:00-5:00 p.m. on The Citadel campus. Light refreshments will be provided as well as all workshop materials.

Cost: $250/session

Executive Leadership Academy Summer 2023 Series

Workshops will be filled with experiential and active learning to help participants develop new skills and strategies for implementation in their own lives and organizations.