

## CURRICULUM VITA

**Guy Ilagan, PhD, Associate Professor, LPCS, LPC, NCC**

Zucker Family School of Education - The Citadel

171 Moultrie Street - Charleston, SC 29409 (US)

Phone: 843-693-9269, gilagan@citadel.edu

### EDUCATION:

<b>Clemson University</b>	Ph.D. <i>Educational Leadership</i>
	Dissertation: EXAMINING CLIENT MOTIVATION AND COUNSELING OUTCOME IN A UNIVERSITY MENTAL HEALTH CLINIC
<b>The Citadel</b>	M.Ed. <i>Clinical Counseling</i>
<b>College of Charleston</b>	B.S. <i>Psychology</i>

### FACULTY APPOINTMENTS

August 2018 to present	The Citadel – Zucker Family School of Education Division of Counselor Education (CACREP) <i>Associate Professor</i>
August 2012 to January 2018	The Citadel – Zucker Family School of Education Division of Counselor Education (CACREP) <i>Assistant professor</i>
July 2011 to August 2012	Strayer University - Onsite Programs (Verizon Wireless campuses) <i>Associate Regional Dean, South Area</i> <ul style="list-style-type: none"><li>• Recruited, trained, and supervised nine (9) academic deans for corporate campuses (Verizon Wireless)</li><li>• Maintained academic quality and corporate partner satisfaction</li></ul>
January 2011 To July 2012	Strayer University - Onsite Programs (Verizon Wireless campuses) <i>Associate Program Dean</i> <ul style="list-style-type: none"><li>• Coordinated courses and programs for corporate site professionals</li><li>• Recruited, hired, and provided leadership for seven (7) professors across the southeast.</li></ul>

August 1996                      Trident Technical College – Main Campus. Charleston, SC  
To 2011                              Adjunct Instructor (Abnormal Psychology)

**OTHER POSITIONS AND EMPLOYMENT/**

**CLINICAL MENTAL HEALTH EXPERIENCE:**

November 1994                  Private Counseling Practice, Part-time  
to 2013                              *Counselor, Clinical Supervisor*

- Supervise counselors for state licensure
- Conduct clinical consultation for local mental health professionals
- Provide counseling to couples and individuals

November 2008                  College of Charleston Counseling and Substance Abuse Services  
to Dec 2010                      *Associate Director*

**Provided leadership for:**

- Mental Health Services
- Campus Health Education
- Interventions for campus populations at risk of non-persistence
- Federal wellness program grants (Primary Investigator)

**Supervised (8-10):**

- Mental health counselors
- Health Educators
- Substance Abuse Prevention and Enforcement Coordinator
- Campus/Community Substance Abuse Prevention Coordinator
- Graduate Interns

January 2006 to                  College of Charleston Counseling and Substance Abuse Services  
November 2008                      *Associate Director for Alcohol and Other Drug Concerns*

**Provided leadership for:**

- Utilizing brief counseling models for an array of client concerns
- Harm-reduction strategies to reduce high-risk substance use

**Supervised:**

- Substance Abuse Prevention and Enforcement Coordinator
- Graduate Assistants/Graduate Interns/Practicum students

April 2002 to                      College of Charleston Counseling and Substance Abuse Services  
January 2006                      *Substance Abuse Services Coordinator*

**Supervised:**

- Substance Abuse Prevention and Enforcement Coordinator
- Clinical Counselors
- Counseling Interns and Graduate Assistants
- Undergraduate Peer Health Educators

**Accomplishments:**

- Co-created peer counseling program
- Developed Campus Action Team
- Maintained an active peer education program

September 2001  
to April 2002

College of Charleston - Counseling and Substance Abuse Services  
*Substance Abuse Counselor, Part-Time*

- Provided personal counseling to students
- Served as interim substance abuse services coordinator

**January 2001  
to July 2001**

**Completed an end-to-end hike of the 2186-mile Appalachian Trail**

June 1995 to  
August 2000

Trident Technical College, Student Affairs  
*Counselor*

- Provided personal and career counseling
- Supervised graduate interns
- Coordinated counseling referral system

November 1993  
to May 1995

Carolina Youth Development, Horizon House Clinical Day Program  
*Clinical Counselor*

- Implemented a multi-systemic counseling approach for students and their families

January 1991 to  
November 1993

The Kennedy Center - Berkeley County Commission on AOD Abuse  
*Treatment Counselor*

- Provided individual, family, group, and multiple family therapy
- Coordinated outpatient treatment services for criminal offenders

May 1990 to  
January 1991

Medical University of South Carolina, Institute of Psychiatry  
*Research Assistant for Executive Medical Director*

- Conducted research studies on depression and schizophrenia

May 1989 to

Medical University of South Carolina, Institute of Psychiatry

May 1990      *Therapeutic Assistant*

- Functioned as a treatment team member to assess, plan, and implement care to patients with severe psychiatric disorder

## **AWARDS**

2022      Zucker Family School of Education Excellence in Teaching Award

2019      Sabbatical: Suicide prevention training and resources - Belize

2007      ADDY Award for College of Charleston wellness program marketing materials

2006      Prevention Excellence Award - Outside the Classroom

1990      M.U.S.C. Psychiatry Clinical Excellence Award

## **PROFESSIONAL ORGANIZATIONS**

South Carolina Counseling Association (SCCA), *President*

American School Counselor Association (ASCA)

American Counseling Association (ACA)

Palmetto State School Counselor Association (PSSCA)

## **TEACHING OVERVIEW**

### **Courses Taught**

- Social and Emotional learning (part of Micro-Credential in Equity and Access)
- Basic Counseling Skills
- Counseling Theories and Practice
- Assessment of Abnormal Behavior
- Group Counseling Skills
- Student Development Services
- School Counseling Practicum
- School Counseling Internship I and II
- Higher Education Leadership Practicum
- Higher Education Leadership Internship
- Leadership in Higher Education
- Student Development Theories
- Social Psychology
- Introductory Psychology
- Introductory Sociology
- Sociology of Developing Countries
- Philosophy and Religion
- Abnormal Psychology
- Freshman Seminar

## SCHOLARLY AND PROFESSIONAL ACTIVITIES

### PUBLICATIONS

#### BOOKS

**Ilagan, G.**, Ilagan, J., Anderson, C., Bennett, J., Hoyt, K., Holland, D. (2023). A facilitator's guide for basic and intermediate suicide prevention trainings (manuscript in preparation).

#### PEER-REVIEWED PUBLICATIONS

**Ilagan, G.**, Shealy, T., Manzur, M., Jocius, R., Ilagan, J., St. Bernard, O. and Middleton, L. (manuscript in preparation). Burnout and compassion fatigue among social workers, counselors, and educators in Belize.

**Ilagan, G.**, Ilagan, J., Jocius, R., Harmon, L., and Gilmore, G. (under review). The first 10 weeks of the COVID-19 school closures: Concerns and successes reported by school counselors. *Research in the Schools*.

**Ilagan, G.**, Shealy, T., Manzur, M., Jocius, R., Ilagan, J., Gilmore, G., and Mather, C. (In press). Trauma-informed and strength-based counseling strategies for counselors, educators, and social workers in Belize.

**Ilagan, G.**, Ilagan, J., Jocius, R., Simpson, A., Holland, D., and Hoyt, K. (2022). Collaborative suicide prevention trainings in Belize. *Caribbean Journal of Psychology*, 14(1), 71-97.

**Ilagan, G.**, Ilagan, J., Jocius, R., Hornor, T., Shealy, T., Simpson, A., Cavaliere, Pollen, B., and Brooks, J., (2022). Backpacking veterans: Exploring sense of belonging, happiness, and stress-coping. *Journal of Outdoor Recreation, Education, and Leadership*, 14(4), 36-54.

**Ilagan, G.**, Ilagan, J., Jocius, R., Jefferson R., Bennett-Mintz, J., McCormick K., and Farrell, M. (2019). Happiness outcomes among cadet women backpackers. *Journal of Adventure Education and Outdoor Learning*, 9, 285-297.

**Ilagan, G.**, Ilagan, J., Simpson, A., Shealy, T., Mintz, J., and McCormick, K. (2016). Outcomes from an Undergraduate Cadet Women's Backpacking Experience. *Research in Outdoor Education*, 14, 21-40.

**Ilagan, G.**, Vinson, M., Sharp, J. L., Ilagan, J., and Oberman, A. (2015). Exploring Outcomes and Initial Self-report of Client Motivation in a College Counseling Center. *Journal of American College Health*, 63(3), 187-194.

**Ilagan, G.,** Vinson, M., Sharp, J. L., Havice, P., and Ilagan, J. (2014). Trainees versus staff: Exploring counseling outcomes in a college counseling center. *Journal of College Student Psychotherapy*. 28(3), 229-240.

Havice, P.A., Havice, W. L., Cawthon, T. W., and **Ilagan, G.** (2009). *Using desktop videoconferencing to promote collaboration and graduate student success: A virtual advising system*. *The Mentor: An Academic Advising Journal*. 12(1).

## **DISSERTATION**

**Ilagan, G.** (2010). Examining client motivation and counseling outcome in a university mental health clinic. Available from Dissertations and Theses: Full Text. (Publication No. AAT 3389249).

## **PRESENTATIONS AT CONFERENCES AND PROFESSIONAL MEETINGS**

### **PEER-REVIEWED INTERNATIONAL/NATIONAL**

Manzur, M., and St. Bernard, O., and **Ilagan, G.**, (2023). *Six Years of Collaboration in Belize: Successes, Challenges, and Outcomes*. Keynote address at National Board of Certified Counselors (NBCC) 2023 Global Capacity Building Conference (International).

**Ilagan, G.** (2022). *Backpacking veterans: Bolstering sense of belonging, happiness, and stress-coping*. 15th Biennial Coalition for Education in the Outdoors (CEO) Research Symposium (International). Black Mountain, NC.

**Ilagan, G.**, Manzur, M., and St. Bernard, O. (2022). *Bolstering skill development and self-efficacy among counselors in Belize*. 2022 Mental Health Connections: Building a Global Counseling Community. National Board of Certified Counselors (NBCC) Global Capacity Building Conference (International). Virtual.

**Ilagan, G.**, Aird, C. E., and St. Bernard, O. (2021). *Establishing collaborative suicide prevention trainings in Belize*. 2021 National Board of Certified Counselors (NBCC) Global Capacity Building Conference (International). Virtual.

**Ilagan, G.**, (2021). *Happiness Outcomes Among Cadet Women Backpackers*. The Association for Experiential Education, 49th Annual International Conference. Virtual.

**Ilagan, G.**, Ilagan, J., and McCormick, K. (2017). *Backpacking and coping skills among women at a military college*. 30th Annual International Conference on Outdoor Leadership (ICOL). Jackson Hole, WY.

**Ilagan, G.**, and Ilagan, J. (2016). *Are Counseling Center Interns Effective?*

2016 ACPA - College Student Educators International - Annual Convention.  
Montréal, Québec, Canada.

**Ilagan, G.**, and Ilagan, J. (2014). *Trainees versus staff: Treatment outcomes from a college counseling center*. American College Counseling Association Conference, San Antonio, TX

**Ilagan, G.** (2003). Poster presentation of model prevention marketing campaign  
Department of Justice – Enforcing Underage Drinking Laws National Conference.  
Atlanta, GA

**Ilagan, G.** (2000). *Team building*. National Conference for Student Development in the  
Two-Year College. Charleston, SC

**Ilagan, G.** (1999). *Walking clients through the maze: Key therapeutic skills for career development professionals*. International Career Development Conference.  
San Diego, CA

#### **PEER-REVIEWED STATE/REGIONAL**

**Ilagan, G.**, Noda, C., Barnett, J., (2024). Promoting therapeutic alliance via advanced attending skills. South Carolina Counseling Association (SCCA) 60<sup>th</sup> Annual Conference. Myrtle Beach, SC.

King, A., Napier, A., Ilagan, J., and **Ilagan, G.** (2023). *Let's play outside!* Three-hour post-conference session. South Carolina Counseling Association (SCCA) 59<sup>th</sup> Annual Conference. Hilton Head, SC.

Cox, C. and **Ilagan, G.** (2023). *Trauma-informed care anywhere: Implementing trauma-practices across school and clinical settings*. Three-hour pre-conference session. South Carolina Counseling Association (SCCA) 59<sup>th</sup> Annual Conference. Hilton Head, SC.

**Ilagan, G.**, Badger, C. Dixon, A., and Paylor, J. (2022). *Recognizing and Addressing Racial Bias in School Counseling: Strategies for clinical and school counselors*. Pre-conference session at the 58th Annual South Carolina Counseling Association (SCCA) Conference. Hilton Head, SC.

**Ilagan, G.**, Ilagan, J., Webb, T., Collins, J., Singleton, N., and Brister, V. (2020). *Updates in Suicide Assessment*. 2020 Palmetto State School Counselor Association Conference. Myrtle Beach, SC.

**Ilagan, G.**, Thickens, E., and Berk, A. (2018). *Voices in the wilderness: Empowering undergraduate cadet women through outdoor experience*. South Carolina College

Personnel Association Conference (SCCPA), "We the People, Facing a Climate of Change on Campus". Lowcountry Graduate Center, Charleston, SC

- Ilagan, G.,** Elder, B. and Irick, L. (2016). *A Powerful Primer: Narrative Therapy and Motivational Interviewing*. 2016 Palmetto State School Counselor Association Conference. Myrtle Beach, SC.
- Ilagan, G.,** Brown-Cotton, T., Thomas, T., and Jaeger-Meyer, R. (2016). *A Refreshing Refresher: Narrative Therapy and Motivational Interviewing (I and II)*. South Carolina Counseling Association, 52nd Annual Conference. Hilton Head, SC.
- Ilagan, G.,** and Neff, S. (2014). *Interns versus professional staff: comparing counseling outcomes in a college mental health clinic*. South Carolina Counseling Association, 50th Annual Conference. Hilton Head, SC.
- Ilagan, G.,** Ilagan, J., Bernotski, V., and Parkinson, L. (2014). *Advanced stress-coping skills: An experiential demonstration of three post-modern approaches*. South Carolina Counseling Association, 50th Annual Conference. Hilton Head.
- Ilagan, G.,** and Ilagan, D. (2014). Advanced stress-coping strategies for innovative educators. The fourth annual Charleston Educator Symposium – Charleston County School District (CCSD). Charleston, SC
- Ilagan, G.,** Bernotski, V., and Ilagan, J. (2013). *A new look at bolstering students' stress-coping strategies*. South Carolina College Personnel Association /North Carolina College Personnel Association Conference, "Reinventing the Carolinas". Wake Forest University, NC
- Ilagan, G.,** Ilagan, D., and McKenzie, S. (2013). *Client motivation level as a predictor of counseling outcome in a university setting*. South Carolina Counseling Association, 49<sup>th</sup> Annual Conference. Hilton Head, SC
- Ilagan, G.** (2013). *Managing high demand in university counseling centers: An overview of recent findings, including a controversial possibility*. Georgia College Counseling Association, 20<sup>th</sup> Annual Conference. St. Simons Island, GA.
- Ilagan, G.,** and Ilagan, D. (2012). No teacher left behind – Battling teacher burnout. Second Annual Charleston Educator Symposium – Charleston County School District (CCSD). Charleston, SC

*1996 to 2012 Removed for brevity*

**BY INVITATION OR VOLUNTEER**



- Ilgan, G.** (2024). *Mitigating secondary traumatic stress among counselors*. South Carolina Counseling Association (SCCA) 60<sup>th</sup> Annual Conference. Myrtle Beach, SC.
- Ilgan, G.** (2024). *Mitigating secondary traumatic stress among school counselors*. Professional development training for Beaufort County School District school counselors. Bluffton, SC.
- Manzur, M., and **Ilgan, G.** (2023). *Advanced self-care for helpers*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Manzur, M., and **Ilgan, G.** (2023). *Solution-Focused Brief Therapy (S-FBT)*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Manzur, M., and **Ilgan, G.** (2023). *Psychological first aid skills*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Manzur, M., and **Ilgan, G.** (2023). *Trauma awareness and empathy: Recognizing trauma and psychological concern in students' problematic behavior*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Manzur, M., and **Ilgan, G.** (2023). *Best practices in teletherapy*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Manzur, M., and **Ilgan, G.** (2023). *Emotional Intelligence - Primary skills for helpers*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.

- Manzur, M., and **Ilgan, G.** (2023). *Burnout recovery strategies for professional helpers*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Manzur, M., and **Ilgan, G.** (2023). *Trauma interventions for children, and adults*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
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- Manzur, M., and **Ilgan, G.** (2023). *Solution-Focused Brief Therapy (S-FBT)*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
- Manzur, M., and **Ilgan, G.** (2023). *Psychological first aid skills*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
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Manzur, M., St. Bernard, O., and **Ilgan, G.** (2023). *Advanced self-care for helpers*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. San Pedro Junior College, San Pedro, Belize.

Manzur, M., St. Bernard, O., and **Ilgan, G.** (2023). *Solution-Focused Brief Therapy (S-FBT)*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. San Pedro Junior College, San Pedro, Belize.

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Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.

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- Manzur, M., and **Ilgan, G.** (2023). *Best practices in teletherapy*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Manzur, M., and **Ilgan, G.** (2023). *Emotional Intelligence - Primary skills for helpers*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Manzur, M., and **Ilgan, G.** (2023). *Burnout recovery strategies for professional helpers*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Manzur, M., and **Ilgan, G.** (2023). *Trauma interventions for children, and adults*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilgan, G.** (2023). *Racial Bias in Mental Health Care*. South Carolina Occupational Therapists Association (SCOTA) Mental Health Panel, Virtual.
- Ilgan, G.** (2023). *Emotional Intelligence: Primary skills for school counselors*. Professional development training for Beaufort County School District school counselors, virtual.
- Ilgan, G.** (2023). *Happy trails: The mental health effects of outdoor experience*. Keynote address. South Carolina Counseling Association (SCCA) 59<sup>th</sup> Annual Conference. Hilton Head, SC.
- Ilgan, G.** (2023). *Burnout recovery strategies for school counselors*. Beaufort County School District School Counselors - Professional Development Day. Blufton, SC.
- Ilgan, G.** (2022). *Recognizing and addressing trauma in our p-12 schools*. South Carolina Counseling Association (SCCA) – Summer 2022 Virtual Continuing Education Workshop Series.
- Ilgan, G.**, and Manzur, M. (2022). *Advanced self-care for helpers*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling

Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.

- Ilagan, G.,** and Manzur, M. (2022). *Solution-Focused Brief Therapy (S-FBT)*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G.,** and Manzur, M. (2022). *Psychological first aid skills*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G.,** and Manzur, M. (2022). *Trauma awareness and empathy: Recognizing trauma and psychological concern in students' problematic behavior*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G.,** and Manzur, M. (2022). *Best practices in teletherapy*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G.,** and Manzur, M. (2022). *Emotional Intelligence - Primary skills for helpers*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G.,** and Manzur, M. (2022). *Burnout recovery strategies for professional helpers*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G.,** and Manzur, M. (2022). *Trauma interventions for children*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G.,** and Manzur, M. (2022). *Trauma interventions for adolescents and adults*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G.,** and Manzur, M. (2022). *Advanced self-care for helpers*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling

Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.

**Ilagan, G., and Manzur, M. (2022).** *Solution-Focused Brief Therapy (S-FBT)* Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.

**Ilagan, G., and Manzur, M. (2022).** *Psychological first aid skills.* Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.

**Ilagan, G., and Manzur, M. (2022).** Trauma awareness and empathy: Recognizing trauma and psychological concern in students' problematic behavior. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.

**Ilagan, G., and Manzur, M. (2022).** Best practices in teletherapy. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.

**Ilagan, G., and Manzur, M. (2022).** Emotional Intelligence - Primary skills for helpers. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.

**Ilagan, G., and Manzur, M. (2022).** Burnout recovery strategies for professional helpers. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.

**Ilagan, G., and Manzur, M. (2022).** Trauma interventions for children. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.

**Ilagan, G., and Manzur, M. (2022).** Trauma interventions for adolescents and adults. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.

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**Ilagan, G., and Manzur, M. (2022).** Burnout recovery strategies for professional helpers. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.

**Ilagan, G., and Manzur, M. (2022).** Trauma interventions for children. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.

**Ilagan, G., and Manzur, M. (2022).** Trauma interventions for adolescents and adults. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.

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**Ilagan, G.,** and Manzur, M. (2022). Solution-Focused Brief Therapy (S-FBT). Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.

**Ilagan, G.,** and Manzur, M. (2022). Psychological first aid skills. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.

**Ilagan, G.,** Manzur, M., and Montoya, D. (2022). Trauma awareness and empathy: Recognizing trauma and psychological concern in students' problematic behavior. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.

**Ilagan, G.,** and Manzur, M. (2022). Best practices in teletherapy. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.

**Ilagan, G.,** and Manzur, M. (2022). Emotional Intelligence - Primary skills for helpers. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.

**Ilagan, G.,** Manzur, M., and Montoya, D. (2022), Burnout recovery strategies for professional helpers. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.

**Ilagan, G.,** and Manzur, M. (2022). Trauma interventions for children. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.

**Ilagan, G.,** and Manzur, M. (2022). Trauma interventions for adolescents and adults. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.

- Ilagan, G.** (2022). *Play Outside: Findings from Student Backpacking Research*. Keynote Address at NASPA Region III Conference, Coastal Carolina University. Conway, SC
- Ilagan, G.** (2022). *Racial Bias Against African Americans in School Counseling*. Professional Development Series for Beaufort County School District – Virtual
- Ilagan, G.** (2022). *Motivational Interviewing for School Counselors*. Professional Development Series for Beaufort County School District – Virtual
- Ilagan, G.** (2022). *Solution-Focused Brief Therapy for School Counselors*. Professional Development Series for Beaufort County School District – Virtual
- Ilagan, G.** (2022). *Best Practices in Suicide Prevention*. Professional Development Series for Beaufort County School District – Beaufort, SC.
- Ilagan, G.** (2022). *School Counseling and Data Collection*. Professional Development Series for Beaufort County School District – Beaufort, SC
- Cox, C., Borderlon, A., **Ilagan, G.** (2021). *Counseling In the LGBTQ+ Community*. South Carolina Counseling Association – Virtual CE Workshops.
- Ilagan, G.**, (2021). *Ethical Codes and Racial Bias*. South Carolina Counseling Association – Virtual CE Workshops.
- Ilagan, G.** and Bennett, J. (2018). *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Muffles College High School, Orange Walk, Belize.
- Ilagan, G.** and Bennett, J. (2018). *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Belize Institute of Management, Belize City, Belize.
- Ilagan, G.** and Hoyt, K. (2018). *Suicide Prevention – Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Belize Institute of Management, Belize City, Belize.
- Ilagan, G.** and Ilagan J. (2018). *Suicide Prevention – Basic Workshop* (Two-day workshop for community social service workers including counselors, teachers, police, and social workers). Muffles College High School, Orange Walk, Belize.
- Ilagan, G.** and Ilagan J. (2018). *Suicide Prevention – Basic Workshop* (Two-day workshop for community social service workers including counselors, teachers, police, and social workers). Centro Escolar Mexico Junior College, Corozal, Belize.

- Ilagan, G.** and Ilagan J. (2018). *Suicide Prevention – Basic Workshop* (Two-day workshop for community social service workers including counselors, teachers, police, and social workers). Toledo Institute for Development and Environment, Punta Gorda, Belize.
- Ilagan, G.**, Ilagan J., and Hoyt, K. (2018). *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Sacred Heart College, Dangriga, Belize.
- Ilagan, G.**, Ilagan J., and Hoyt, K. (2018). *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Galen University, San Ignacio, Belize.
- Ilagan, G.**, Ilagan J., and Hoyt, K. (2018). *Suicide Prevention – Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Belize Institute of Management, Belize City, Belize.
- Ilagan, G.**, Ilagan J., and Hoyt, K. (2017). *Suicide Prevention - Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Sacred Heart College, Dangriga, Belize.
- Ilagan, G.**, Ilagan J., Hoyt, K. (2017). *Suicide Prevention -Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Galen University, San Ignacio, Belize.
- Ilagan, G.**, Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2017). *Cadet women’s backpacking trip*. Collaboration with The Citadel’s Intramural, Club and Recreational Athletics (ICRA). Panthertown Valley, NC.
- Ilagan, G.**, Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2015). *Cadet women’s backpacking trip*. Collaboration with The Citadel’s Intramural, Club and Recreational Athletics (ICRA). Foothills Trail, SC/NC.
- Ilagan, G.**, Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women’s backpacking trip*. Collaboration with The Citadel’s Intramural, Club and Recreational Athletics (ICRA). Foothills Trail, SC/NC.
- Ilagan, G.**, Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women’s backpacking workshop series: Food water and cooking*. Collaboration with The Citadel’s Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.
- Ilagan, G.**, Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women’s backpacking workshop series: Safety, comfort and troubleshooting* . Collaboration with The Citadel’s Intramural, Club and

Recreational Athletics (ICRA). The Citadel, SC.

- Ilagan, G.,** Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Safety, comfort and troubleshooting.* Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.
- Ilagan, G.,** Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Locations and logistics.* Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.
- Ilagan, G.,** Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Overview and final preparations.* Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.
- Ilagan, G.** (2011). *Stress-coping strategies for leaders.* Corporate training for Verizon Wireless supervisors. Verizon Wireless Call Center --Charleston, SC
- Ilagan, G.** (2011). *Brief motivational strategies for college students*  
Pastoral Care and Counseling Symposium - Charleston, SC
- Ilagan, G.** (2011). *Brief motivational strategies: Helping clients address tough habits.*  
Helping Professionals Network – Charleston, SC
- Ilagan, G.** (2011). *Pursuing work and life balance.* Corporate training for the Director and Associate Directors. Verizon Wireless Call Center --Charleston, SC
- Ilagan, G.** (2011). *Mental rehearsal for optimal performance.*  
Presented to a women's sports team. Charleston, SC
- Ilagan, G.** (2010). *Staying on track with your clients' change-readiness*  
Workshop for Tri-County Counseling Association, North Charleston, SC
- Ilagan, G.** (2010). *Teambuilding, stress coping, and transforming your job*  
Staff Retreat for Student Support Services - Trident Technical College  
Embassy Suites, North Charleston, SC
- Ilagan, G.** (2010). *Outdoor experiential team building retreat for women's sports team.*  
Three-day guided backpacking trek. Foothills Trail, SC
- Ilagan, G.** (2010). *Advanced outdoor leadership retreat for women's sports team*  
Three-day camping trip with guided canyoneering trek. Bonas Defeat Gorge, NC
- Ilagan, G.** (2010). *Introductory training in motivational interviewing*

Workshop for Athletic Training Students, Charleston SC

*1996 to 2009 Removed for brevity*

**GRANTS**

- 2023 Faculty Summer Provost Research Grant (SuPR). Project: Clinical and self-care skills training: Burnout mitigation among counselors and educators in Belize.
- 2022 Faculty Summer Provost Research Grant (SuPR). Project: Bolstering Students' Mental Health via Suicide Prevention Workshops in Belize.
- 2021 Mini-grant research funding from Dean of Zucker Family School of Education. Project: Backpacking Veterans: Bolstering Sense of Belonging, Happiness, and Stress-coping.
- 2018 The Consortium for Belize Educational Cooperation (COBEC). Funding awarded for Suicide Prevention Trainings in Belize.
- 2017 The Consortium for Belize Educational Cooperation (COBEC). Funding awarded for Suicide Prevention Trainings in Belize.
- 2008 – 2011 Office of Juvenile Justice and Delinquency Prevention  
Enforcing Underage Drinking Laws Discretionary Program:  
University/College Initiative
- 2004/2005 Enforcing Underage Drinking Laws grant  
Project: *Better Things to Do*
- 2003/2004 Enforcing Underage Drinking Laws grant  
“SC Model Program”  
Project: *Better Things to Do*
- 2002/2003 Enforcing Underage Drinking Laws grant  
Project: *Better Things to Do*

**WORKSHOPS AND PROFESSIONAL DEVELOPMENT ACTIVITIES ATTENDED**

- 2/25/2023 Culture-Centered Counseling – Gullah Heritage in the Lowcountry. 2023 South Carolina Counseling Association (SCCA) Conference. A lecture given by Dr. Emory S. Campbell, President of Gullah Heritage Consulting Services.

- 1/3/2023 Hazard Communication: Right to Understand (GHS) (Full Course), Vector Solutions, Citadel Human Resources.
- 1/3/2023 FERPA: Confidentiality of Records (Full Course), Vector Solutions, Citadel Human Resources.
- 1/3/2023 Discrimination Awareness in the Workplace (Full Course), Vector Solutions, Citadel Human Resources.
- 1/3/2023 Camps on Campus: Keeping Minors Safe (Full Course), Vector Solutions, Citadel Human Resources.
- 2/18/2022 The Journey to Artistry and Solace: Finding your Muse. 2023 South Carolina Counseling Association (SCCA) Conference. A lecture given by Dr. Kent Butler, President of the American Counseling Association (ACA).
- 2/10/2022 Indigenous Storytelling, Cherokee Traditional Ecological Knowledge, and Place-based Education. Conference: Coalition for Education in the Outdoors. 15<sup>th</sup> Biennial Research Symposium. A lecture by Rosemary A. Kinch, Andrew J. Bobilya, Brad Daniel, and Sara Duncan.
- 1/4/2022 Security Awareness Training, Vector Solutions, Citadel Human Resources.
- 11/4/2020 Best Practices in Assessments, Center for Excellence and Innovation in Teaching, Learning and Distance Education, Charleston, SC, United States.
- 11/4/2020 Best Practices in Teaching Online, Center for Excellence and Innovation in Teaching, Learning and Distance Education, Charleston, SC, United States.
- 9/1/2020 Addressing Controversial Issues, National Coalition Building Institute (NCBI)The, Charleston, SC, United States.
- 6/14/2020 Live Streaming (Canvas/Zoom/SWIVL) Training, Center for Excellence and Innovation in Teaching, Learning and Distance Education, Charleston, SC, United States.
- 7/19/2018 *Racial Equity Institute*. Lowcountry Graduate Center. Charleston, SC.
- 1/23/2014 *National Coalition Building Institute (NCBI) Train the Trainer*. The Citadel, SC
- 1/22/2013 *Online teaching faculty academy (two months course)*  
The Citadel, SC
- 10/1/2012 *Stewards of Children Training* (Darkness to light).  
The Citadel, SC

5/4-5/2010 *Advanced Level Motivational Interviewing Training*  
Richmond, VA

1991 to 2009 *Removed for brevity*

## **LICENSURE and CERTIFICATIONS**

- 1997 to Present SC Licensed Professional Counselor Supervisor #2645
- 1994 to Present National Board Certified Counselor #37539
- 1993 to Present SC Licensed Professional Counselor #2090

## **SERVICE TO THE COLLEGE, SCHOOLS, AND DEPARTMENT**

### **SERVICE TO COLLEGE**

#### **Standing college-wide Committees**

- Faculty Governance (2021 - present)
- Diversity, Equity, and Inclusion Council (2018-2021)
- Faculty Athletic Advising Committee (2014 - 2019)
- Global Initiatives Committee (Chair for 2 years) (2014 - 2018)
- Graduate Council (2014 - 2016)

#### **College-wide task force**

- The President's Task Force for Race, Diversity, and Inclusion (2021 – 2022)

#### **Other service to the College**

- CEITL&DE Faculty Fellow Mentors (2023 – present)
- National Coalition Building Institute – Co-facilitated 16 full-day diversity (prejudice reduction) workshops (2013 – 2020)
- Facilitator and backpacking Guide for veteran students. Co-developed and co-facilitated 2 backpacking trips and training materials for veteran students (2021 – 2022).
- Facilitator and backpacking Guide for Intramural, Club and Recreational Athletics (ICRA). Co-developed and co-facilitated three backpacking trips and multiple workshops for cadet women (2014 – 2021)
- Guest speaker, PMGT 671 - Project Manager Leadership Development (2021-2023).

## **SERVICE TO SCHOOL AND/OR DEPARTMENT**

Departmental/School standing committees/Programs



- Coordinate National Counselor Examination (NCE)(2013 – present)
- Advisor for Tricounty Cohort (2022 – present)
- Chair - Education Tenure and Promotion Committee (ETPC) (2020 - 2022)
- Continuous Improvement Committee (2021- 2023)
- CACREP re-accreditation team member (2012 – present)
- Active collaborator for success of Beaufort cohorts (2020 – 2023)

## SERVICE TO STUDENTS

- Faculty advisor for Chi Sigma Alpha - Student Affairs Honor Society (2012 – 2020)
- **Research manuscripts with students (students indicated with asterisk)**
  - **Ilagan, G.**, Ilagan, J., Jocius, R., Shealy, T., Gilmore, G., \*Manzur, and M. \*Mather C. (2023). Trauma-informed and strength-based counseling strategies for counselors, educators, and social workers in Belize.
  - **Ilagan, G.**, Ilagan, J., Jocius, R., Hornor, T., \*Shealy, T., Simpson, A., Cavaliere, \*Pollen, B., and \*Brooks, J., (2022). Backpacking veterans: Exploring sense of belonging, happiness, and stress-coping. *Journal of Outdoor Recreation, Education, and Leadership*, 14(4), 36-54.
  - **Ilagan, G.**, Ilagan, J., Jocius, R., Jefferson R., Bennett-Mintz, J., McCormick K., and \*Farrell, M. (2019). Happiness outcomes among cadet women backpackers. *Journal of Adventure Education and Outdoor Learning*, 9, 285-297.
- **Co-presenting with students at conferences**
  - King, A., Napier, A., Ilagan, J., and **Ilagan, G.** (2023). *Let's play outside!* Three-hour post-conference session. South Carolina Counseling Association (SCCA) 59<sup>th</sup> Annual Conference. Hilton Head, SC.
  - **Ilagan, G.**, Badger, C. Dixon, A., and Paylor, J. (2022). *Recognizing and Addressing Racial Bias in School Counseling: Strategies for clinical and school counselors.* Pre-conference session at the 58th Annual South Carolina Counseling Association (SCCA) Conference. Hilton Head, SC.
  - **Ilagan, G.**, Ilagan, J., Webb, T., Collins, J., Singleton, N., and Brister, V. (2020). *Updates in Suicide Assessment.* 2020 Palmetto State School Counselor Association Conference. Myrtle Beach, SC.
  - **Ilagan, G.**, Thickens, E., and Berk, A. (2018). *Voices in the wilderness: Empowering undergraduate cadet women through outdoor experience.* South Carolina College Personnel Association Conference (SCCPA), "We

the People, Facing a Climate of Change on Campus". Lowcountry Graduate Center, Charleston, SC

- **Ilagan, G.**, Elder, B. and Irick, L. (2016). *A Powerful Primer: Narrative Therapy and Motivational Interviewing*. 2016 Palmetto State School Counselor Association Conference. Myrtle Beach, SC.
- **Ilagan, G.**, Brown-Cotton, T., Thomas, T., and Jaeger-Meyer, R. (2016). *A Refreshing Refresher: Narrative Therapy and Motivational Interviewing (I and II)*. South Carolina Counseling Association, 52nd Annual Conference. Hilton Head, SC.
- **Ilagan, G.**, and Neff, S. (2014). *Interns versus professional staff: comparing counseling outcomes in a college mental health clinic*. South Carolina Counseling Association, 50th Annual Conference. Hilton Head, SC.
- **Ilagan, G.**, Ilagan, J., Bernotski, V., and Parkinson, L. (2014). *Advanced stress-coping skills: An experiential demonstration of three post-modern approaches*. South Carolina Counseling Association, 50th Annual Conference. Hilton Head.
- **Ilagan, G.**, Bernotski, V., and Ilagan, J. (2013). *A new look at bolstering students' stress-coping strategies*. South Carolina College Personnel Association /North Carolina College Personnel Association Conference, "Reinventing the Carolinas". Wake Forest University, NC
- **Ilagan, G.**, Ilagan, D., and McKenzie, S. (2013). *Client motivation level as a predictor of counseling outcome in a university setting*. South Carolina Counseling Association, 49<sup>th</sup> Annual Conference. Hilton Head, SC

### **Summary of student advising responsibilities**

- Co-advised campus and Beaufort County cohort graduate students on their Counselor Education coursework, career preparation, and skill development (2021 -2023)
- Advise students on processes to become licensed as professional counselors (2012 – present).
- Utilize social media to promote advising periods and registration deadlines (2020 – present)
- Co-advisor for Chi Sigma Alpha - Student Affairs Honor Society (2020 – present)

### **SERVICE TO THE COMMUNITY OR PUBLIC**

**International** - Developed and co-facilitated five two-day conferences that included 8 workshops each (40 workshops total) on Trauma-informed and strength-based strategies for 129

teachers, school counselors, and social workers from all six districts of Belize (Summer 2023). The locations are listed below.

**Trauma-informed and strength-based strategies for teachers (40 workshops)**

- Muffles College High School, Orange Walk (8 workshops) (2023)
- Belize Institute of Management, Belize City, Belize (8 workshops) (2023)
- San Pedro Junior College, San Pedro, Belize (8 workshops)(2023)
- Sacred Heart College, Dangriga, Belize (8 workshops) (2023)
- Galen University, San Ignacio, Belize (8 workshops) (2023)

**International** - Developed and co-facilitated four two-day conferences that included 9 workshops each (36 workshops total) on Trauma-informed and strength-based strategies for 138 teachers, school counselors, and social workers from all six districts of Belize (Summer 2022). The locations are listed below.

**Trauma-informed and strength-based strategies for teachers (36 workshops)**

- Sacred Heart College, Dangriga, Belize (9 workshops) (2022)
- Muffles College High School, Orange Walk (9 workshops) (2022)
- Belize Institute of Management, Belize City, Belize (9 workshops) (2022)
- Galen University, San Ignacio, Belize (9 workshops) (2022)

**International** - Developed and co-facilitated eleven (11) Suicide Prevention - Basic and Intermediate (two-day) workshop for 247 community youth workers including counselors, teachers, police, and social workers in Belize (Summer 2017 and 2018).

**Intermediate Suicide Prevention (two-day workshops)**

- College High School, Orange Walk, Belize (2018)
- Belize Institute of Management, Belize City, Belize (2018)
- Galen University, San Ignacio, Belize (2018)
- Sacred Heart College, Dangriga, Belize (2018)

**Basic Suicide Prevention (two-day workshops)**

- Galen University, San Ignacio, Belize (2018)
- Sacred Heart College, Dangriga, Belize (2018)
- Belize Institute of Management, Belize City, Belize (2018)
- Toledo Institute for Development and Environment, Punta Gorda, Belize (2018)
- Centro Escolar Mexico Junior College, Corozal, Belize (2018)

- Muffles College High School, Orange Walk, Belize (2017)
- Belize Institute of Management, Belize City, Belize (2017)

**Local/regional service – Provide ongoing professional development trainings for Beaufort County School District (BCSD) school counselors.**

- Emotional Intelligence: Primary skills or school counselors (2023)
- Burnout recovery strategies for school counselors (2023)
- Racial Bias Against African Americans in School Counseling (2022)
- Motivational Interviewing for School Counselors (2022)
- Solution-Focused Brief Therapy for School Counselors (2022)
- Best Practices in Suicide Prevention (2022)
- School Counseling and Data Collection (2022)

**SERVICE TO THE DISCIPLINE**

**Offices in local, state regional, or national organizations**

- South Carolina Counseling Association, President (2023 – 2024)
- South Carolina Counseling Association, President-Elect (2022 – 2023)
- South Carolina Counseling Association, Executive Board Member (2021 - 2022)

**Committee work in local, state regional, or national organizations**

- South Carolina Counseling Association (SCCA), Advocacy Committee - (2021- present)
- American Counseling Association (ACA) Southern Region Leadership Committee (2023)

**Service in editorial reviewing for conferences or publications**

- Reviewer – Caribbean Journal of Psychiatry (2023)
- Reviewer – Journal of Adventure Education & Outdoor Learning (2020)
- Reviewer – National Board of Certified Counselors Minority Fellowships (2013)

**Service on Editorial Boards**

- Editorial Board – Journal of College Student Psychotherapy (2014 - 2016)