

CSI Packing List

A. What to Bring

1) Clothing

- Civilian Clothing Items
- Khaki shorts for the entire session **conservative in style – length and fit, shorts must meet the “fingertip rule”**
- Undergarments
- Pajamas appropriate for evening fire drills
- 2 pairs of running shoes
- **8 White** ankle socks with **no markings**
- Shower shoes
- Hat
- Belt
- Rain jacket
- If you plan to bring your black low-quarters to break in during CSI, you must also bring black, calf-length socks to wear with them (Optional, but **highly recommended**)

2) Clothing for Physical Fitness Training

- Citadel PTs will be purchased from the cadet store on the first day
- 3 dri fit shirts, 3 running shorts in black or navy, conservative in style (bringing more is highly suggested but not required)
- Bathing suit- solid black or navy blue, conservative in style

3) Linens

- 2 Cotton towels, 2 washcloths, and 1 beach appropriate towel
- 1 standard-size pillow with white pillowcase
- Fitted sheet and flat sheet for a twin bed
- 1-2 twin-sized blankets, or thin bedspread
- Plastic mattress pad optional

4) Room Items

- Laundry detergent & quarters for laundromat
- Paper towels
- Clorox wipes
- Air Freshener (optional)
- Ziploc bags
- **Above items can be purchased at the cadet store**
- Combination lock (a lockbox is provided for each student)
- Oscillating or other small fan (can be shipped to student after they arrive)
- Cell phone
- Chargers for electronics

- Headphones

5) Personal Items

- Money/some form of payment for The Cadet Store and The Book Store
- Plastic water bottle—You may want to add your name on the side with a permanent marker
- Black or navy backpack
 - Toiletries: soap, shampoo, conditioner, deodorant - additional toiletries based on personal needs (please note: **male students must bring a razor and shaving cream**, as being clean-shaven daily is a dress code requirement)
 - Insect repellent
 - Sunscreen
 - **Above items can be purchased at the cadet store**
- Small first aid kit or items for treating minor injuries
- Shower caddy for toiletries
- Laundry basket or bag
- Bath robe for showers, conservative in style and color (optional)

6) Academic Items

- Spiral notebook
- Pencils and pens
- Folders with pockets
- Highlighters
- 3x5 index cards
 - Above academic items can be purchased at The Citadel Bookstore
- Graphing calculator if taking a math course
- Laptop
- Laptop bag is **HIGHLY suggested** – all cadets carry laptop bags, we suggest you bring one for CSI, backpacks are permitted but will not be permitted during the school year

B. What NOT to Bring

- Posters, or other wall hangings or decorations
- Thick blankets
- Food items that are perishable, unpackaged, or un-sealable (open items must be sealed in plastic baggies or other sealed storage containers)
- Television
- Refrigerator, or any other kitchen appliances
- Electronic games or consoles
- Extension cords or multi-plug outlets without surge protector
- External speakers
- Any clothing or jewelry not allowed under the dress code
- Alcohol, tobacco products, illegal substances, or paraphernalia

Recommendations from past CSI students:

1) Invest in 2 pairs of black low-quarters and break them in during CSI. Many students experience blisters when wearing new low-quarters and breaking them in early will decrease or eliminate blisters during challenge week. This is not a requirement and will not negatively affect the students' performance at CSI.

Bates: Bates are used across the DOD as a uniform shoe because they are comfortable with a flexible, durable sole. Many cadets argue that they do not polish as quickly as other brands, however an acceptable polish can be achieved with a little extra effort. Bates are often readily available in many different sizes for men and women.

Black low-quarter styles/ regulations: All black low-quarters must have a plain toe. NO CLOROFRAM. Bates often only come with a plain toe.

2) Bring extra socks and underwear. Students often find themselves without a dry and clean set later in the week because students at CSI often use more pairs than normal. Charleston is HOT and HUMID and everyone sweats. Students will get sweaty during PT every morning and often throughout the day. There are coin laundry machines on campus, but your days are jam packed with important events like classes and meetings. Extra socks, underwear, dri fit work out clothing (description as listed above), and other garments will insure you are comfortable, dry and clean and allow you to wear several sets during each day.

3) Males: Current male cadets often choose to wear compression. Compression shorts must be plain and black in color with no markings.

Females: Bring extra pairs of all undergarments. You will be most comfortable in sports bras.

4) Bring a conservative number of healthy snacks. Some students prefer to have a snack before bed or before PT every morning. It is recommended that they arrive with a box of granola bars or similar snack.

5) Hydrate extensively before arrival. This is especially applicable to out of state students because Charleston gets very hot and humid during the summer months. Hydrate well before arrival. Many students, including cadets, purchase large water bottles like Nalgene and drink several bottles worth a day. Proper hydration will be heavily stressed to the students at CSI.

6) Bring a solid black laptop bag, this is what all cadets carry during the school year, no one is permitted backpacks, per military regulations. We do not wish you to purchase a new bag just for CSI, all cadets are provided the approve cadet bag at matriculation. To get used to this school style we suggest CSI students bring a laptop bag. If you do not have one and have only a back pack that is ok.

