

Daily Schedule

- **Morning**

All students will report for PT (excluding Wednesdays) at 5:30 AM. Students must be dressed, groomed, and fully prepared to go to breakfast at 7:15 AM. The academic day begins at 8:00 AM.

- **Afternoon**

Lunch is from 12:00–12:45 PM. The students' afternoon schedule consists of approximately 1 hour and 30 minutes of LDRS 101 and then 1 hour and 30 minutes free time. After free time, then students participate in either study hall or intra Murals on alternative days. No Friday classes after lunch.

- **Evening**

Students eat supper at 6:45 P.M., after which students have approximately 30-45 minutes for personal hygiene and free time. Evening Study Period takes place from 7:30 to 10:00 PM when all students must study, complete homework, and/or participate in tutoring or study groups. Bed checks take place at 10:00 PM. After bed checks, students do not leave their rooms except in cases of illness or emergency. Between bed checks at 10:00 PM and lights out at 11:00 P.M., students may enjoy in-room free time, study time, or time to sleep.

- **Friday**

After lunch, students are given time to prepare for their week with a weekly safety briefing. After these activities, students have free time until movie night, which begins at 6:30 PM every Friday. The movie night is free, and the students are offered an assorted list of movies to vote on which will be shown (with CSI staff approval, veto power, and supervision). They are offered assorted treats, popcorn, and soda/Gatorade/water. This is an on-campus supervised activity that is free for all CSI participants. It is required on some of the Friday nights when we have required Saturday morning activities. It is optional on some Fridays.

- **Weekend**

On Saturday, students eat brunch from 11:00 AM – 1:00 PM and on some weekends participate in activities and/or excursions. Boxed breakfast will be provided on days we have early morning activities. Dinner on Saturday & Sunday is at 5:00 PM-6:00 PM.

On Sunday, students can pursue recreational activities at The Citadel and in Charleston. The Citadel has tennis courts, an outdoor running track, and a gym with limited summer hours. Hampton Park has outdoor fields and jogging trails. Brunch and supper will be provided in the mess hall.