

CURRICULUM VITA

Guy Ilagan, PhD, Associate Professor

SC Licensed Professional Counselor Supervisor

SC Licensed Professional Counselor

National Board Certified Counselor

Zucker Family School of Education

The Citadel

171 Moultrie Street

Charleston, SC 29409

United States

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gilagan@citadel.edu

EDUCATION:

Clemson University

Ph.D. *Educational Leadership*

Dissertation:

EXAMINING CLIENT MOTIVATION AND COUNSELING

OUTCOME IN A UNIVERSITY MENTAL HEALTH CLINIC

The Citadel

M.Ed. *Clinical Counseling*

College of Charleston

B.S. *Psychology*

FACULTY APPOINTMENTS

August 2012
to present

The Citadel – Zucker Family School of Education
Division of Counselor Education (CACREP)
Associate Professor

July 2011 to
August 2012

Strayer University - Onsite Programs (Verizon Wireless campuses)
Associate Regional Dean, South Area

- Recruited, trained, and supervised nine (9) academic deans for corporate campuses (Verizon Wireless)
- Maintained academic quality and corporate partner satisfaction

January 2011
To July 2012

Strayer University - Onsite Programs (Verizon Wireless campuses)
Associate Program Dean

- Coordinated courses and programs for corporate site professionals
- Recruited, hired, and provided leadership for seven (7) professors

August 1996
To 2011

Trident Technical College – Main Campus. Charleston, SC
Adjunct Instructor

PROFESSIONAL ORGANIZATIONS

American School Counselor Association (ASCA)

American Counseling Association (ACA)

South Carolina College Personnel Association (SCCPA)

South Carolina Counseling Association (SCCA), *Executive Board Member*

Palmetto State School Counselor Association (PSSCA)

OTHER POSITIONS AND EMPLOYMENT/

CLINICAL MENTAL HEALTH EXPERIENCE:

November 1994 to Present Private Counseling Practice, Part-time
Counselor, Clinical Supervisor

- Provide mental health counseling
- Conduct clinical consultation and corporate training

November 2008 to Dec 2010 College of Charleston Counseling and Substance Abuse Services
Associate Director

Provided leadership for:

- Mental Health Services
- Campus Health Education
- Interventions for campus populations at risk of non-persistence
- Federal wellness program grants (Primary Investigator)

Supervised (8-10):

- Mental health counselors
- Health Educators
- Substance Abuse Prevention and Enforcement Coordinator
- Campus/Community Substance Abuse Prevention Coordinator
- Graduate Interns

January 2006 to November 2008 College of Charleston Counseling and Substance Abuse Services
Associate Director for Alcohol and Other Drug (Aod) Concerns

Provided leadership for:

- Utilizing brief counseling models for an array of client concerns
- Harm-reduction strategies to reduce high-risk substance use

Supervised:

- Substance Abuse Prevention and Enforcement Coordinator
- Graduate Assistants/Graduate Interns/Practicum students

April 2002 to January 2006 College of Charleston Counseling and Substance Abuse Services
Substance Abuse Services Coordinator

Supervised:

- Substance Abuse Prevention and Enforcement Coordinator
- Clinical Counselors
- Counseling Interns and Graduate Assistants
- Undergraduate Peer Health Educators

Accomplishments:

- Co-created peer counseling program
- Developed Campus Action Team
- Maintained an active peer education program

September 2001 to April 2002 College of Charleston - Counseling and Substance Abuse Services
Substance Abuse Counselor, Part-Time

- Provided personal counseling to students
- Served as interim substance abuse services coordinator

January 2001 to July 2001 **Completed an end-to-end hike of the 2186-mile Appalachian Trail**

June 1995 to August 2000 Trident Technical College, Student Affairs
Counselor

- Provided personal and career counseling
- Supervised graduate interns
- Coordinated counseling referral system

November 1993 to May 1995 Carolina Youth Development, Horizon House Clinical Day Program
Clinical Counselor

- Implemented a multi-systemic counseling approach for students and their families

January 1991 to November 1993 The Kennedy Center - Berkeley County Commission on AOD Abuse
Treatment Counselor

- Provided individual, family, group, and multiple family therapy
- Coordinated outpatient treatment services for criminal offenders

May 1990 to January 1991 Medical University of South Carolina, Institute of Psychiatry
Research Assistant for Executive Medical Director

- Conducted research studies on depression and schizophrenia

May 1989 to May 1990 Medical University of South Carolina, Institute of Psychiatry
Therapeutic Assistant

- Functioned as a treatment team member to assess, plan, and implement care to patients with severe psychiatric disorder

AWARDS

- 2007 ADDY Award for College of Charleston wellness program marketing materials
- 2006 Prevention Excellence Award - Outside the Classroom
- 1990 M.U.S.C. Psychiatry Clinical Excellence Award

TEACHING OVERVIEW

Courses Taught

- Basic Counseling Skills (Campus and Beaufort County Cohort)
- Counseling Theories and Practice (Campus, online, and Beaufort County Cohort)
- Assessment of Abnormal Behavior (Campus, online, and Beaufort County Cohort)
- Group Counseling Skills (Campus and Beaufort County Cohort)
- Student Development Services (Campus and online)
- School Counseling Practicum (Campus)
- School Counseling Internship (Campus)
- Higher Education Leadership Practicum (Campus)
- Higher Education Leadership Internship (Campus)
- Leadership in Higher Education (Campus and online)
- Student Development Theories (Campus and online)
- Social Psychology (Campus)
- Introductory Psychology (Campus and online)
- Introductory Sociology (online)
- Sociology of Developing Countries
- Philosophy and Religion (Campus and online)
- Abnormal Psychology (Campus and online)
- Freshman Seminar (Campus)

SCHOLARLY AND PROFESSIONAL ACTIVITIES

PUBLICATIONS

BOOKS

Ilagan, G., Ilagan, J., Anderson, C., Bennett, J., Hoyt, K., Holland, D. (2021). A facilitators guide for basic and intermediate suicide prevention trainings (completed and pursuing publication).

PEER-REVIEWED PUBLICATIONS

Ilagan, G., Ilagan, J., Jocius, R., Simpson, A., Brooks, J. (2022, **in- progress**). Backpacking veterans: Bolstering sense of belonging in college

Ilagan, G., Ilagan, J., Jocius, R., Simpson, A., Holland, D., Hoyt, K. (2021, **under review**). Collaborative suicide prevention trainings in Belize. *Caribbean Journal of Psychology*.

Ilagan, G., Ilagan, J., Jocius, R., Harmon, L. (2021, **under review**). School counselors' concerns and perceived successes of the spring 2020 COVID-19 school closures. *Journal of School Counseling*.

Ilagan, G., Ilagan, J., Jocius, R., Jefferson R., Bennett-Mintz, J., McCormick K., & Farrell, M. (2019). Happiness outcomes among cadet women backpackers. *Journal of Adventure Education and Outdoor Learning*, 9, 285-297.

Ilagan, G., Ilagan, J., Simpson, A., Shealy, T., Mintz, J., McCormick, K. (2016). Outcomes from an Undergraduate Cadet Women's Backpacking Experience. *Research in Outdoor Education*, 14, 21-40

Ilagan, G., Vinson, M., Sharp, J. L., Ilagan, J., and Oberman, A. (2015). Exploring Outcomes and Initial Self-report of Client Motivation in a College Counseling Center. *Journal of American College Health*, 63(3), 187-194.

Ilagan, G., Vinson, M., Sharp, J. L., Havice, P., and Ilagan, J. (2014). Trainees versus staff: Exploring counseling outcomes in a college counseling center. *Journal of College Student Psychotherapy*. 28(3), 229-240.

Havice, P.A., Havice, W. L., Cawthon, T. W., and **Ilagan, G.** (2009). *Using desktop videoconferencing to promote collaboration and graduate student success: A virtual advising system*. *The Mentor: An Academic Advising Journal*. 12(1).

DISSERTATION

Ilagan, G. (2010). Examining client motivation and counseling outcome in a university mental health clinic. Available from Dissertations & Theses: Full Text. (Publication No. AAT 3389249).

PRESENTATIONS AT CONFERENCES AND PROFESSIONAL MEETINGS

PEER-REVIEWED INTERNATIONAL/NATIONAL

Ilagan, G. (2022, **Accepted**) *Backpacking veterans: Bolstering sense of belonging, happiness, and stress-coping*. 15th Biennial Coalition for Education in the Outdoors (CEO) Research Symposium (International). Black Mountain, NC.

Ilagan, G., Aird, C. E., St. Bernard, O. (2021). *Establishing collaborative suicide prevention trainings in Belize*. 2021 National Board of Certified Counselors (NBCC) International Conference. Virtual.

Ilagan, G., (2021). *Happiness Outcomes Among Cadet Women Backpackers*. The Association for Experiential Education, 49th Annual International Conference. Virtual.

Ilagan, G., Ilagan, J., McCormick, K. (2017). *Backpacking and coping skills among women at a military college*. 30th Annual International Conference on Outdoor Leadership (ICOL). Jackson Hole, WY.

Ilagan, G., Ilagan, J. (2016). *Are Counseling Center Interns Effective?* 2016 ACPA - College Student Educators International - Annual Convention. Montréal, Québec, Canada.

Ilagan, G., and Ilagan, J. (2014). *Trainees versus staff: Treatment outcomes from a college counseling center*. American College Counseling Association Conference, San Antonio, TX

Ilagan, G. (2003). Poster presentation of model prevention marketing campaign Department of Justice – Enforcing Underage Drinking Laws National Conference. Atlanta, GA

Ilagan, G. (2000). *Team building*. National Conference for Student Development in the Two-Year College. Charleston, SC

Ilagan, G. (1999). *Walking clients through the maze: Key therapeutic skills for career development professionals*. International Career Development Conference. San Diego, CA

PEER-REVIEWED STATE/REGIONAL

Ilagan, G., Ilagan, J., Webb, T., Collins, J., Singleton, N., Brister, V. (2019). *Updates in Suicide Assessment*. 2020 Palmetto State School Counselor Association Conference. Myrtle Beach, SC.

- Ilagan, G.,** Thickens, E., and Berk, A. (2018). *Voices in the wilderness: Empowering undergraduate cadet women through outdoor experience*. South Carolina College Personnel Association Conference (SCCPA), "We the People, Facing a Climate of Change on Campus". Lowcountry Graduate Center, Charleston, SC
- Ilagan, G.,** Elder, B. Irick, L. (2016). *A Powerful Primer: Narrative Therapy and Motivational Interviewing*. 2016 Palmetto State School Counselor Association Conference. Myrtle Beach, SC.
- Ilagan, G.,** Brown-Cotton, T., Thomas, T., Jaeger-Meyer, R. (2016). *A Refreshing Refresher: Narrative Therapy and Motivational Interviewing (I and II)*. South Carolina Counseling Association, 52nd Annual Conference. Hilton Head, SC.
- Ilagan, G.,** and Neff, S. (2014). *Interns versus professional staff: Comparing counseling outcomes in a college mental health clinic*. South Carolina Counseling Association, 50th Annual Conference. Hilton Head, SC.
- Ilagan, G.,** Ilagan, J., Bernotski, V., and Parkinson, L. (2014). *Advanced stress-coping skills: An experiential demonstration of three post-modern approaches*. South Carolina Counseling Association, 50th Annual Conference. Hilton Head.
- Ilagan, G.,** Bernotski, V., and Ilagan, J. (2013). *A new look at bolstering students' stress-coping strategies*. South Carolina College Personnel Association /North Carolina College Personnel Association Conference, "Reinventing the Carolinas". Wake Forest University, NC
- Ilagan, G.,** Ilagan, D., and McKenzie, S. (2013). *Client motivation level as a predictor of counseling outcome in a university setting*. South Carolina Counseling Association, 49th Annual Conference. Hilton Head, SC
- Ilagan, G.** (2013). *Managing high demand in university counseling centers: An overview of recent findings, including a controversial possibility*. Georgia College Counseling Association, 20th Annual Conference. St. Simons Island, GA.

1996 to 2012 Removed for brevity

BY INVITATION OR VOLUNTEER

- Ilagan, G.,** (2021). *Ethical Codes and Racial Bias*. South Carolina Counseling Association - Counselors Cares series. Virtual.
- Ilagan, G. & Bennett, J.** (2018). *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Muffles College High School, Orange Walk, Belize.

- Ilagan, G. & Bennett, J. (2018).** *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Belize Institute of Management, Belize City, Belize.
- Ilagan, G. & Hoyt, K. (2018).** *Suicide Prevention – Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Belize Institute of Management, Belize City, Belize.
- Ilagan, G. & Ilagan J. (2018).** *Suicide Prevention – Basic Workshop* (Two-day workshop for community social service workers including, counselors, teachers, police, and social workers). Muffles College High School, Orange Walk, Belize.
- Ilagan, G. & Ilagan J. (2018).** *Suicide Prevention – Basic Workshop* (Two-day workshop for community social service workers including counselors, teachers, police, and social workers). Centro Escolar Mexico Junior College, Corozal, Belize.
- Ilagan, G. & Ilagan J. (2018).** *Suicide Prevention – Basic Workshop* (Two-day workshop for community social service workers including counselors, teachers, police, and social workers). Toledo Institute for Development and Environment, Punta Gorda, Belize.
- Ilagan, G., Ilagan J., & Hoyt, K. (2018).** *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Sacred Heart College, Dangriga, Belize.
- Ilagan, G., Ilagan J., & Hoyt, K. (2018).** *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Galen University, San Ignacio, Belize.
- Ilagan, G., Ilagan J., & Hoyt, K. (2018).** *Suicide Prevention – Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Belize Institute of Management, Belize City, Belize.
- Ilagan, G., Ilagan J., & Hoyt, K. (2017).** *Suicide Prevention - Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Sacred Heart College, Dangriga, Belize.
- Ilagan, G., Ilagan J., Hoyt, K. (2017).** *Suicide Prevention -Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Galen University, San Ignacio, Belize.
- Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2017).** *Cadet women’s backpacking trip.* Collaboration with The Citadel’s Intramural,

Club and Recreational Athletics (ICRA). Panthertown Valley, NC.

Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2015). *Cadet women's backpacking trip*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). Foothills Trail, SC/NC.

Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking trip*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). Foothills Trail, SC/NC.

Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Food water and cooking*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.

Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Safety, comfort and troubleshooting*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.

Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Safety, comfort and troubleshooting*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.

Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Locations and logistics*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.

Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Overview and final preparations*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.

Ilagan, G., and Ilagan, D. (2014). Advanced stress-coping strategies for innovative educators. The fourth annual Charleston County School District (CCSD) Charleston Educator Symposium. Charleston, SC

Ilagan, G. (2011). *Stress-coping strategies for leaders*. Corporate training for Verizon Wireless supervisors. Verizon Wireless Call Center --Charleston, SC

Ilagan, G. (2011). *Brief motivational strategies for college students* Pastoral Care and Counseling Symposium - Charleston, SC

- Ilagan, G.** (2011). *Brief motivational strategies: Helping clients address tough habits.* Helping Professionals Network – Charleston, SC
- Ilagan, G.** (2011). *Pursuing work and life balance.* Corporate training for the Director and Associate Directors. Verizon Wireless Call Center --Charleston, SC
- Ilagan, G.** (2011). *Mental rehearsal for optimal performance.* Presented to a women’s sports team. Charleston, SC
- Ilagan, G.** (2010). *Staying on track with your clients’ change-readiness.* Workshop for Tri-County Counseling Association, North Charleston, SC
- Ilagan, G.** (2010). *Teambuilding, stress coping, and transforming your job.* Staff Retreat for Student Support Services - Trident Technical College Embassy Suites, North Charleston, SC
- Ilagan, G.** (2010). *Outdoor experiential team building retreat for women’s sports team.* Three-day guided backpacking trek. Foothills Trail, SC
- Ilagan, G.** (2010). *Advanced outdoor leadership retreat for women’s sports team.* Three-day camping trip with guided canyoneering trek. Bonas Defeat Gorge, NC
- Ilagan, G.** (2010). *Introductory training in motivational interviewing.* Workshop for Athletic Training Students, Charleston SC
- 1996 to 2009 Removed for brevity

GRANTS

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|-------------|---|
| 2018 | The Consortium for Belize Educational Cooperation (COBEC). Funding awarded for Suicide Prevention Trainings in Belize. |
| 2017 | The Consortium for Belize Educational Cooperation (COBEC). Funding awarded for Suicide Prevention Trainings in Belize. |
| 2008 – 2011 | Office of Juvenile Justice and Delinquency Prevention
Enforcing Underage Drinking Laws Discretionary Program:
University/College Initiative |
| 2004/2005 | Enforcing Underage Drinking Laws grant
Project: <i>Better Things to Do</i> |
| 2003/2004 | Enforcing Underage Drinking Laws grant
“SC Model Program”
Project: <i>Better Things to Do</i> |

2002/2003 Enforcing Underage Drinking Laws grant
Project: *Better Things to Do*

SPECIALIZED TRAININGS RECEIVED

7/19/2018 *Racial Equity Institute*. Lowcountry Graduate Center. Charleston, SC

1/23/2014 *National Coalition Building Institute (NCBI) Train the Trainer*.
The Citadel, SC

1/22/2013 *Online teaching faculty academy (two months course)*.
The Citadel, SC

10/1/2012 *Stewards of Children Training (Darkness to light)*.
The Citadel, SC

5/4-5/2010 *Advanced Level Motivational Interviewing Training*.
Richmond, VA

1991 to 2009 Removed for brevity

LICENSURE & CERTIFICATIONS

- 1997 to Present SC Licensed Professional Counselor Supervisor #2645
- 1994 to Present National Board Certified Counselor #37539
- 1993 to Present SC Licensed Professional Counselor #2090

SERVICE TO THE COLLEGE, SCHOOLS, AND DEPARTMENT

SERVICE TO COLLEGE

Standing college-wide Committees

- Faculty Governance (current)
- Facilities and Services (current)
- Diversity, Equity, and Inclusion Council
- Graduate Council
- Global Initiatives Committee (Chair)
- Faculty Athletic Advising Committee

College-wide task force

- The President's Task Force for Race, Diversity, and Inclusion

Other service to the College

- National Coalition Building Institute – Co-facilitated 16 full-day diversity (prejudice reduction) workshops
- Facilitator & backpacking Guide for Intramural, Club and Recreational Athletics (ICRA). Co-developed and co-facilitated three backpacking tips for cadet women (research).

SERVICE TO SCHOOL AND/OR DEPARTMENT

Departmental/School standing committees/Programs

- Chair- Education Tenure and Promotion Committee

B - Departmental ad hoc committees or task forces

C - Other School or Departmental service

SERVICE TO STUDENTS

Summary of student advising responsibilities

- Advise campus and Beaufort County cohort graduate students on their Counselor Education coursework, career preparation, and skill development.
- Advise students on processes to become licensed as professional counselors.

Faculty Advisor roles for clubs, companies, or other student groups

- Advisor for Chi Sigma Alpha - Student Affairs Honor Society

Other service to students

- National Coalition Building Institute (NCBi)– Co-facilitated 16 full-day diversity (prejudice reduction) workshops
- Developed and facilitated backpacking trip for student veterans (research)

SERVICE TO THE COMMUNITY OR PUBLIC

Developed and co-facilitated eleven (11) Suicide Prevention - Basic and Intermediate (two-day) workshop for community youth workers including counselors, teachers, police, and social workers.

Intermediate Suicide Prevention (two-day workshops)

- 2018 - College High School, Orange Walk, Belize.
- 2018 - Belize Institute of Management, Belize City, Belize.
- 2018 - Galen University, San Ignacio, Belize.
- 2018 - Sacred Heart College, Dangriga, Belize.

Basic Suicide Prevention (two-day workshops)

- 2018 - Galen University, San Ignacio, Belize
- 2018 - Sacred Heart College, Dangriga, Belize
- 2018 - Belize Institute of Management, Belize City, Belize
- 2018 - Toledo Institute for Development and Environment, Punta Gorda, Belize
- 2018 - Centro Escolar Mexico Junior College, Corozal, Belize
- 2017 - Muffles College High School, Orange Walk, Belize
- 2017 - Belize Institute of Management, Belize City, Belize.

SERVICE TO THE DISCIPLINE

Offices in local, state regional, or national organizations

- Executive Board Member for South Carolina Counseling Association

Committee work in local, state regional, or national organizations

- Advocacy Committee - South Carolina Counseling Association

Service in editorial reviewing for conferences or publications

- Reviewer – National Board of Certified Counselors Minority Fellowships
- Reviewer – Journal of Adventure Education & Outdoor Learning

Service on Editorial Boards

- Editorial Board – Journal of College Student Psychotherapy