

CURRICULUM VITA

Guy Ilagan, PhD, Associate Professor

SC Licensed Professional Counselor Supervisor

National Board Certified Counselor

SC Licensed Professional Counselor

Zucker Family School of Education - The Citadel

171 Moultrie Street - Charleston, SC 29409 (US)

Phone: 843-693-9269, gilagan@citadel.edu, guy.ilagan@gmail.com

EDUCATION:

Clemson University Ph.D. *Educational Leadership*

Dissertation:

EXAMINING CLIENT MOTIVATION AND COUNSELING
OUTCOME IN A UNIVERSITY MENTAL HEALTH CLINIC

The Citadel M.Ed. *Clinical Counseling*

College of Charleston B.S. *Psychology*

FACULTY APPOINTMENTS

August 2012 The Citadel – Zucker Family School of Education
to present Division of Counselor Education (CACREP)
Associate Professor

July 2011 to Strayer University - Onsite Programs (Verizon Wireless campuses)
August 2012 *Associate Regional Dean, South Area*

- Recruited, trained, and supervised nine (9) academic deans for corporate campuses (Verizon Wireless)
- Maintained academic quality and corporate partner satisfaction

January 2011
To July 2012

Strayer University - Onsite Programs (Verizon Wireless campuses)
Associate Program Dean

- Coordinated courses and programs for corporate site professionals
- Recruited, hired, and provided leadership for seven (7) professors

August 1996
To 2011

Trident Technical College – Main Campus. Charleston, SC
Adjunct Instructor

PROFESSIONAL ORGANIZATIONS

American School Counselor Association (ASCA)

American Counseling Association (ACA)

South Carolina College Personnel Association (SCCPA)

South Carolina Counseling Association (SCCA), *Executive Board Member*

Palmetto State School Counselor Association (PSSCA)

OTHER POSITIONS AND EMPLOYMENT/

CLINICAL MENTAL HEALTH EXPERIENCE:

November 1994
to Present

Private Counseling Practice, Part-time
Counselor, Clinical Supervisor

- Provide mental health counseling
- Conduct clinical consultation and corporate training

November 2008
to Dec 2010

College of Charleston Counseling and Substance Abuse Services
Associate Director

Provided leadership for:

- Mental Health Services
- Campus Health Education
- Interventions for campus populations at risk of non-persistence
- Federal wellness program grants (Primary Investigator)

Supervised (8-10):

- Mental health counselors
- Health Educators
- Substance Abuse Prevention and Enforcement Coordinator

- Campus/Community Substance Abuse Prevention Coordinator
- Graduate Interns

January 2006 to
November 2008

College of Charleston Counseling and Substance Abuse Services
Associate Director for Alcohol and Other Drug (Aod) Concerns

Provided leadership for:

- Utilizing brief counseling models for an array of client concerns
- Harm-reduction strategies to reduce high-risk substance use

Supervised:

- Substance Abuse Prevention and Enforcement Coordinator
- Graduate Assistants/Graduate Interns/Practicum students

April 2002 to
January 2006

College of Charleston Counseling and Substance Abuse Services
Substance Abuse Services Coordinator

Supervised:

- Substance Abuse Prevention and Enforcement Coordinator
- Clinical Counselors
- Counseling Interns and Graduate Assistants
- Undergraduate Peer Health Educators

Accomplishments:

- Co-created peer counseling program
- Developed Campus Action Team
- Maintained an active peer education program

September 2001
to April 2002

College of Charleston - Counseling and Substance Abuse Services
Substance Abuse Counselor, Part-Time

- Provided personal counseling to students
- Served as interim substance abuse services coordinator

**January 2001
to July 2001**

Completed an end-to-end hike of the 2186-mile Appalachian Trail

June 1995 to
August 2000

Trident Technical College, Student Affairs
Counselor

- Provided personal and career counseling
- Supervised graduate interns
- Coordinated counseling referral system

November 1993

Carolina Youth Development, Horizon House Clinical Day Program

- to May 1995 *Clinical Counselor*
- Implemented a multi-systemic counseling approach for students and their families
- January 1991 to November 1993 The Kennedy Center - Berkeley County Commission on AOD Abuse
Treatment Counselor
- Provided individual, family, group, and multiple family therapy
 - Coordinated outpatient treatment services for criminal offenders
- May 1990 to January 1991 Medical University of South Carolina, Institute of Psychiatry
Research Assistant for Executive Medical Director
- Conducted research studies on depression and schizophrenia
- May 1989 to May 1990 Medical University of South Carolina, Institute of Psychiatry
Therapeutic Assistant
- Functioned as a treatment team member to assess, plan, and implement care to patients with severe psychiatric disorder

AWARDS

- 2022 Zucker Family School of Education Excellence in Teaching Award
- 2007 ADDY Award for College of Charleston wellness program marketing materials
- 2006 Prevention Excellence Award - Outside the Classroom
- 1990 M.U.S.C. Psychiatry Clinical Excellence Award

TEACHING OVERVIEW

Courses Taught

- Basic Counseling Skills (Campus and Beaufort County Cohort)
- Counseling Theories and Practice (Campus, online, and Beaufort County Cohort)
- Assessment of Abnormal Behavior (Campus, online, and Beaufort County Cohort)
- Group Counseling Skills (Campus and Beaufort County Cohort)
- Student Development Services (Campus and online)
- School Counseling Practicum (Campus)
- School Counseling Internship (Campus)

- Higher Education Leadership Practicum (Campus)
- Higher Education Leadership Internship (Campus)
- Leadership in Higher Education (Campus and online)
- Student Development Theories (Campus and online)
- Social Psychology (Campus)
- Introductory Psychology (Campus and online)
- Introductory Sociology (online)
- Sociology of Developing Countries
- Philosophy and Religion (Campus and online)
- Abnormal Psychology (Campus and online)
- Freshman Seminar (Campus)

SCHOLARLY AND PROFESSIONAL ACTIVITIES

PUBLICATIONS

BOOKS

Ilagan, G., Ilagan, J., Anderson, C., Bennett, J., Hoyt, K., Holland, D. (2021). A facilitators guide for basic and intermediate suicide prevention trainings (under revision).

PEER-REVIEWED PUBLICATIONS

Ilagan, G., Ilagan, J., Jocius, R., Shealy, T., Gilmore, G., Manzur, M. Mather C. (2022, under review). Trauma-informed and strength-based counseling strategies for counselors, educators, and social workers in Belize.

Ilagan, G., Ilagan, J., Jocius, R., Harmon, L., Gilmore, G. (under revision). The first ten weeks: School counselors' concerns and perceived successes of the spring 2020 COVID-19 school closures..

Ilagan, G., Ilagan, J., Jocius, R., Simpson, A., Holland, D., and Hoyt, K. (2022). Collaborative suicide prevention trainings in Belize. *Caribbean Journal of Psychology*, 14(1), 71-97.

Ilagan, G., Ilagan, J., Jocius, R., Hornor, T., Shealy, T., Simpson, A., Cavaliere, Pollen, B., & Brooks, J., (2022). Backpacking veterans: Exploring sense of belonging, happiness, and stress-coping. *Journal of Outdoor Recreation, Education, and Leadership*, 14(4), 36-54.

Ilagan, G., Ilagan, J., Jocius, R., Jefferson R., Bennett-Mintz, J., McCormick K., and Farrell, M. (2019). Happiness outcomes among cadet women backpackers. *Journal of Adventure Education and Outdoor Learning*, 9, 285-297.

Ilagan, G., Ilagan, J., Simpson, A., Shealy, T., Mintz, J., and McCormick, K. (2016). Outcomes from an Undergraduate Cadet Women's Backpacking Experience. *Research in Outdoor Education*, 14, 21-40.

Ilagan, G., Vinson, M., Sharp, J. L., Ilagan, J., and Oberman, A. (2015). Exploring Outcomes and Initial Self-report of Client Motivation in a College Counseling Center. *Journal of American College Health*, 63(3), 187-194.

Ilagan, G., Vinson, M., Sharp, J. L., Havice, P., and Ilagan, J. (2014). Trainees versus staff: Exploring counseling outcomes in a college counseling center. *Journal of College Student Psychotherapy*. 28(3), 229-240.

Havice, P.A., Havice, W. L., Cawthon, T. W., and **Ilagan, G.** (2009). *Using desktop videoconferencing to promote collaboration and graduate student success: A virtual advising system.* The Mentor: An Academic Advising Journal. 12(1).

DISSERTATION

Ilagan, G. (2010). Examining client motivation and counseling outcome in a university mental health clinic. Available from Dissertations & Theses: Full Text. (Publication No. AAT 3389249).

PRESENTATIONS AT CONFERENCES AND PROFESSIONAL MEETINGS

PEER-REVIEWED INTERNATIONAL/NATIONAL

Ilagan, G., Manzur, M., St. Bernard, O. (2022). *Bolstering skill development and self-efficacy among counselors in Belize.* 2022 Mental Health Connections: Building a Global Counseling Community. National Board of Certified Counselors (NBCC) International Conference. Virtual.

Ilagan, G. (2022). *Backpacking veterans: Bolstering sense of belonging, happiness, and stress-coping.* 15th Biennial Coalition for Education in the Outdoors (CEO) Research Symposium (International). Black Mountain, NC.

Ilagan, G., Aird, C. E., St. Bernard, O. (2021). *Establishing collaborative suicide prevention trainings in Belize.* 2021 National Board of Certified Counselors (NBCC) International Conference. Virtual.

- Ilagan, G.**, (2021). *Happiness Outcomes Among Cadet Women Backpackers*. The Association for Experiential Education, 49th Annual International Conference. Virtual.
- Ilagan, G.**, Ilagan, J., McCormick, K. (2017). *Backpacking and coping skills among women at a military college*. 30th Annual International Conference on Outdoor Leadership (ICOL). Jackson Hole, WY.
- Ilagan, G.**, Ilagan, J. (2016). *Are Counseling Center Interns Effective?* 2016 ACPA - College Student Educators International - Annual Convention. Montréal, Québec, Canada.
- Ilagan, G.**, and Ilagan, J. (2014). *Trainees versus staff: Treatment outcomes from a college counseling center*. American College Counseling Association Conference, San Antonio, TX
- Ilagan, G.** (2003). Poster presentation of model prevention marketing campaign Department of Justice – Enforcing Underage Drinking Laws National Conference. Atlanta, GA
- Ilagan, G.** (2000). *Team building*. National Conference for Student Development in the Two-Year College. Charleston, SC
- Ilagan, G.** (1999). *Walking clients through the maze: Key therapeutic skills for career development professionals*. International Career Development Conference. San Diego, CA

PEER-REVIEWED STATE/REGIONAL

- Ilagan, G.**, Badger, C. Dixon, A., Paylor, J. (2022). *Recognizing and Addressing Racial Bias in School Counseling: Strategies for clinical and school counselors*. Pre-conference session at the 58th Annual South Carolina Counseling Association (SCCA) Conference. Hilton Head, SC.
- Ilagan, G.**, Ilagan, J., Webb, T., Collins, J., Singleton, N., Brister, V. (2020). *Updates in Suicide Assessment*. 2020 Palmetto State School Counselor Association Conference. Myrtle Beach, SC.
- Ilagan, G.**, Thickers, E., and Berk, A. (2018). *Voices in the wilderness: Empowering undergraduate cadet women through outdoor experience*. South Carolina College Personnel Association Conference (SCCPA), "We the People, Facing a Climate of Change on Campus". Lowcountry Graduate Center, Charleston, SC
- Ilagan, G.**, Elder, B. Irick, L. (2016). *A Powerful Primer: Narrative Therapy and Motivational Interviewing*. 2016 Palmetto State School Counselor Association Conference. Myrtle Beach, SC.

Ilagan, G., Brown-Cotton, T., Thomas, T., Jaeger-Meyer, R. (2016). *A Refreshing Refresher: Narrative Therapy and Motivational Interviewing (I and II)*. South Carolina Counseling Association, 52nd Annual Conference. Hilton Head, SC.

Ilagan, G., and Neff, S. (2014). *Interns versus professional staff: comparing counseling outcomes in a college mental health clinic*. South Carolina Counseling Association, 50th Annual Conference. Hilton Head, SC.

Ilagan, G., Ilagan, J., Bernotski, V., and Parkinson, L. (2014). *Advanced stress-coping skills: An experiential demonstration of three post-modern approaches*. South Carolina Counseling Association, 50th Annual Conference. Hilton Head.

Ilagan, G., Bernotski, V., and Ilagan, J. (2013). *A new look at bolstering students' stress-coping strategies*. South Carolina College Personnel Association /North Carolina College Personnel Association Conference, "Reinventing the Carolinas". Wake Forest University, NC

Ilagan, G., Ilagan, D., and McKenzie, S. (2013). *Client motivation level as a predictor of counseling outcome in a university setting*. South Carolina Counseling Association, 49th Annual Conference. Hilton Head, SC

Ilagan, G. (2013). *Managing high demand in university counseling centers: An overview of recent findings, including a controversial possibility*. Georgia College Counseling Association, 20th Annual Conference. St. Simons Island, GA.

1996 to 2012 Removed for brevity

BY INVITATION OR VOLUNTEER

Ilagan, G. (2022). Recognizing & addressing trauma in our p-12 schools. South Carolina Counseling Association – Summer 2022 Virtual Continuing Education Workshop Series.

Ilagan, G., & Manzur, M. (2022). Advanced self-care for helpers. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.

Ilagan, G., & Manzur, M. (2022). Solution-Focused Brief Therapy (S-FBT). Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.

- Ilagan, G., & Manzur, M. (2022).** Psychological first aid skills. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.
- Ilagan, G., & Manzur, M. (2022).** Trauma awareness and empathy: Recognizing trauma and psychological concern in students' problematic behavior. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., & Manzur, M. (2022).** Best practices in teletherapy. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., & Manzur, M. (2022).** Emotional Intelligence - Primary skills for helpers. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., & Manzur, M. (2022).** Burnout recovery strategies for professional helpers. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., & Manzur, M. (2022).** Trauma interventions for children. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., & Manzur, M. (2022).** Trauma interventions for adolescents and adults. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., & Manzur, M. (2022).** Advanced self-care for helpers. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
- Ilagan, G., & Manzur, M. (2022).** Solution-Focused Brief Therapy (S-FBT). Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.

- Ilagan, G., & Manzur, M. (2022).** Psychological first aid skills. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
- Ilagan, G., & Manzur, M. (2022).** Trauma awareness and empathy: Recognizing trauma and psychological concern in students' problematic behavior. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
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- Ilagan, G., & Manzur, M. (2022).** Emotional Intelligence - Primary skills for helpers. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
- Ilagan, G., & Manzur, M. (2022).** Burnout recovery strategies for professional helpers. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
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- Ilagan, G., & Manzur, M. (2022).** Best practices in teletherapy. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.
- Ilagan, G., & Manzur, M. (2022).** Emotional Intelligence - Primary skills for helpers. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.
- Ilagan, G., & Manzur, M. (2022).** Burnout recovery strategies for professional helpers. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.
- Ilagan, G., & Manzur, M. (2022).** Trauma interventions for children. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.
- Ilagan, G., & Manzur, M. (2022).** Trauma interventions for adolescents and adults. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.
- Ilagan, G., & Manzur, M. (2022).** Advanced self-care for helpers. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G., & Manzur, M. (2022).** Solution-Focused Brief Therapy (S-FBT). Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.

- Ilagan, G., & Manzur, M. (2022).** Psychological first aid skills. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G., Manzur, M., & Montoya, D. (2022).** Trauma awareness and empathy: Recognizing trauma and psychological concern in students' problematic behavior. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G., & Manzur, M. (2022).** Best practices in teletherapy. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G., & Manzur, M. (2022).** Emotional Intelligence - Primary skills for helpers. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G., Manzur, M., & Montoya, D. (2022),** Burnout recovery strategies for professional helpers. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G., & Manzur, M. (2022).** Trauma interventions for children. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G., & Manzur, M. (2022).** Trauma interventions for adolescents and adults. Galen University Summer 2022 Conference on Trauma-Informed And Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G. (2022).** Play Outside: Findings from Student Backpacking Research. Keynote Address at NASPA Region III Conference, Coastal Carolina University. Conway, SC
- Ilagan, G. (2022).** *Racial Bias Against African Americans in School Counseling.* Professional Development Series for Beaufort County School District – Virtual
- Ilagan, G. (2022).** *Motivational Interviewing for School Counselors.* Professional Development Series for Beaufort County School District – Virtual

- Ilagan, G.** (2022). *Solution-Focused Brief Therapy for School Counselors*. Professional Development Series for Beaufort County School District – Virtual
- Ilagan, G.** (2022). *Best Practices in Suicide Prevention*. Professional Development Series for Beaufort County School District – Beaufort, SC.
- Ilagan, G.** (2022). *School Counseling and Data Collection*. Professional Development Series for Beaufort County School District – Beaufort, SC
- Cox, C., Borderlon, A., **Ilagan, G.** (2021). *Counseling In the LGBTQ+ Community*. South Carolina Counseling Association – Virtual CE Workshops.
- Ilagan, G.**, (2021). *Ethical Codes and Racial Bias*. South Carolina Counseling Association – Virtual CE Workshops.
- Ilagan, G.** & Bennett, J. (2018). *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Muffles College High School, Orange Walk, Belize.
- Ilagan, G.** & Bennett, J. (2018). *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Belize Institute of Management, Belize City, Belize.
- Ilagan, G.** & Hoyt, K. (2018). *Suicide Prevention – Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Belize Institute of Management, Belize City, Belize.
- Ilagan, G.** & Ilagan J. (2018). *Suicide Prevention – Basic Workshop* (Two-day workshop for community social service workers including, counselors, teachers, police, and social workers). Muffles College High School, Orange Walk, Belize.
- Ilagan, G.** & Ilagan J. (2018). *Suicide Prevention – Basic Workshop* (Two-day workshop for community social service workers including counselors, teachers, police, and social workers). Centro Escolar Mexico Junior College, Corozal, Belize.
- Ilagan, G.** & Ilagan J. (2018). *Suicide Prevention – Basic Workshop* (Two-day workshop for community social service workers including counselors, teachers, police, and social workers). Toledo Institute for Development and Environment, Punta Gorda, Belize.
- Ilagan, G.**, Ilagan J., & Hoyt, K. (2018). *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Sacred Heart College, Dangriga, Belize.

- Ilagan, G., Ilagan J., & Hoyt, K. (2018).** *Suicide Prevention - Intermediate* (Two day workshop for community youth workers including counselors, teachers, police, and social workers). Galen University, San Ignacio, Belize.
- Ilagan, G., Ilagan J., & Hoyt, K. (2018).** *Suicide Prevention – Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Belize Institute of Management, Belize City, Belize.
- Ilagan, G., Ilagan J., & Hoyt, K. (2017).** *Suicide Prevention - Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Sacred Heart College, Dangriga, Belize.
- Ilagan, G., Ilagan J., Hoyt, K. (2017).** *Suicide Prevention -Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Galen University, San Ignacio, Belize.
- Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2017).** *Cadet women’s backpacking trip.* Collaboration with The Citadel’s Intramural, Club and Recreational Athletics (ICRA). Panthertown Valley, NC.
- Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2015).** *Cadet women’s backpacking trip.* Collaboration with The Citadel’s Intramural, Club and Recreational Athletics (ICRA). Foothills Trail, SC/NC.
- Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014).** *Cadet women’s backpacking trip.* Collaboration with The Citadel’s Intramural, Club and Recreational Athletics (ICRA). Foothills Trail, SC/NC.
- Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014).** *Cadet women’s backpacking workshop series: Food water and cooking.* Collaboration with The Citadel’s Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.
- Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014).** *Cadet women’s backpacking workshop series: Safety, comfort and troubleshooting .* Collaboration with The Citadel’s Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.
- Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014).** *Cadet women’s backpacking workshop series: Safety, comfort and troubleshooting.* Collaboration with The Citadel’s Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.
- Ilagan, G., Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014).** *Cadet women’s backpacking workshop series: Locations and logistics.* Collaboration with The Citadel’s Intramural, Club and Recreational Athletics

(ICRA). The Citadel, SC.

- Ilagan, G.,** Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Overview and final preparations.* Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.
- Ilagan, G.,** and Ilagan, D. (2014). Advanced stress-coping strategies for innovative educators. The fourth annual Charleston County School District (CCSD) Charleston Educator Symposium. Charleston, SC
- Ilagan, G.** (2011). *Stress-coping strategies for leaders.* Corporate training for Verizon Wireless supervisors. Verizon Wireless Call Center --Charleston, SC
- Ilagan, G.** (2011). *Brief motivational strategies for college students* Pastoral Care and Counseling Symposium - Charleston, SC
- Ilagan, G.** (2011). *Brief motivational strategies: Helping clients address tough habits.* Helping Professionals Network – Charleston, SC
- Ilagan, G.** (2011). *Pursuing work and life balance.* Corporate training for the Director and Associate Directors. Verizon Wireless Call Center --Charleston, SC
- Ilagan, G.** (2011). *Mental rehearsal for optimal performance.* Presented to a women's sports team. Charleston, SC
- Ilagan, G.** (2010). *Staying on track with your clients' change-readiness* Workshop for Tri-County Counseling Association, North Charleston, SC
- Ilagan, G.** (2010). *Teambuilding, stress coping, and transforming your job* Staff Retreat for Student Support Services - Trident Technical College Embassy Suites, North Charleston, SC
- Ilagan, G.** (2010). *Outdoor experiential team building retreat for women's sports team.* Three-day guided backpacking trek. Foothills Trail, SC
- Ilagan, G.** (2010). *Advanced outdoor leadership retreat for women's sports team* Three-day camping trip with guided canyoneering trek. Bonas Defeat Gorge, NC
- Ilagan, G.** (2010). *Introductory training in motivational interviewing* Workshop for Athletic Training Students, Charleston SC

1996 to 2009 Removed for brevity

GRANTS

- 2022 Faculty Summer Provost Research Grant (SuPR). Project: Bolstering Students' Mental Health via Suicide Prevention Workshops in Belize.
- 2021 Mini-grant research funding from Dean of Zucker Family School of Education. Project: Backpacking Veterans: Bolstering Sense of Belonging, Happiness, and Stress-coping.
- 2018 The Consortium for Belize Educational Cooperation (COBEC). Funding awarded for Suicide Prevention Trainings in Belize.
- 2017 The Consortium for Belize Educational Cooperation (COBEC). Funding awarded for Suicide Prevention Trainings in Belize.
- 2008 – 2011 Office of Juvenile Justice and Delinquency Prevention
Enforcing Underage Drinking Laws Discretionary Program:
University/College Initiative
- 2004/2005 Enforcing Underage Drinking Laws grant
Project: *Better Things to Do*
- 2003/2004 Enforcing Underage Drinking Laws grant
“SC Model Program”
Project: *Better Things to Do*
- 2002/2003 Enforcing Underage Drinking Laws grant
Project: *Better Things to Do*

SPECIALIZED TRAININGS RECEIVED

- 7/19/2018 *Racial Equity Institute*. Lowcountry Graduate Center. Charleston, SC
- 1/23/2014 *National Coalition Building Institute (NCBI) Train the Trainer*.
The Citadel, SC
- 1/22/2013 *Online teaching faculty academy (two months course)*
The Citadel, SC
- 10/1/2012 *Stewards of Children Training (Darkness to light)*.
The Citadel, SC
- 5/4-5/2010 *Advanced Level Motivational Interviewing Training*
Richmond, VA
- 1991 to 2009 *Removed for brevity*

LICENSURE & CERTIFICATIONS

- 1997 to Present SC Licensed Professional Counselor Supervisor #2645
- 1994 to Present National Board Certified Counselor #37539
- 1993 to Present SC Licensed Professional Counselor #2090

SERVICE TO THE COLLEGE, SCHOOLS, AND DEPARTMENT

SERVICE TO COLLEGE

Standing college-wide Committees

- Faculty Governance (current)
- Facilities and Services (current)
- Diversity, Equity, and Inclusion Council
- Graduate Council
- Global Initiatives Committee (Chair)
- Faculty Athletic Advising Committee

College-wide task force

- The President's Task Force for Race, Diversity, and Inclusion

Other service to the College

- National Coalition Building Institute – Co-facilitated 16 full-day diversity (prejudice reduction) workshops
- Facilitator & backpacking Guide for Intramural, Club and Recreational Athletics (ICRA). Co-developed and co-facilitated three backpacking tips and multiple workshops for cadet women.

SERVICE TO SCHOOL AND/OR DEPARTMENT

Departmental/School standing committees/Programs

- Chair - Education Tenure and Promotion Committee

SERVICE TO STUDENTS

Summary of student advising responsibilities

- Advise campus and Beaufort County cohort graduate students on their Counselor Education coursework, career preparation, and skill development.

- Advise students on processes to become licensed as professional counselors.

Faculty Advisor roles for clubs, companies, or other student groups

- Advisor for Chi Sigma Alpha - Student Affairs Honor Society

Other service to students

- National Coalition Building Institute – Co-facilitated 16 full-day diversity (prejudice reduction) workshops
- Developed and facilitated backpacking trip for student veterans (research)

SERVICE TO THE COMMUNITY OR PUBLIC

Developed and co-facilitated eleven (11) Suicide Prevention - Basic and Intermediate (two-day) workshop for community youth workers including counselors, teachers, police, and social workers.

Intermediate Suicide Prevention (two-day workshops)

- 2018 - College High School, Orange Walk, Belize.
- 2018 - Belize Institute of Management, Belize City, Belize.
- 2018 - Galen University, San Ignacio, Belize.
- 2018 - Sacred Heart College, Dangriga, Belize.

Basic Suicide Prevention (two-day workshops)

- 2018 - Galen University, San Ignacio, Belize
- 2018 - Sacred Heart College, Dangriga, Belize
- 2018 - Belize Institute of Management, Belize City, Belize
- 2018 - Toledo Institute for Development and Environment, Punta Gorda, Belize
- 2018 - Centro Escolar Mexico Junior College, Corozal, Belize
- 2017 - Muffles College High School, Orange Walk, Belize
- 2017 - Belize Institute of Management, Belize City, Belize.

SERVICE TO THE DISCIPLINE

Offices in local, state regional, or national organizations

- 2022 President-Elect South Carolina Counseling Association
- 2021-2022 Executive Board Member for South Carolina Counseling Association

Committee work in local, state regional, or national organizations

- Advocacy Committee - South Carolina Counseling Association

Service in editorial reviewing for conferences or publications

- Reviewer – National Board of Certified Counselors Minority Fellowships
- Reviewer – Journal of Adventure Education & Outdoor Learning

Service on Editorial Boards

- Editorial Board – Journal of College Student Psychotherapy