

REGIMENTAL HEADQUARTERS
 THE SOUTH CAROLINA CORPS OF CADETS
 THE CITADEL
 CHARLESTON, SC
 REGIMENTAL TRAINING SCHEDULE FOR THE WEEK OF 22 – 29 JULY 2026

C1 Athletes

As of 5 Jun 2026

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
Wed 22 July	0530-0630	Fall Sports Cadre	Breakfast: Formation/March to Mess (Open Mess) *LAUNDRY DROP*	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	0700-0830	C1 Athletes	Report & Room Assignment Non-Sized Issue	PT Barracks	Civilian Clothes	Fall Sports Cadre Cdr
	0900-1150	C1 Athletes	In-Processing: Haircut Post Office/Weigh In Uniform Measurement Uniform Issue [rtn to barracks/drop bags] ID Cards Begin Inventory	MCH Cadet Store One Card Office Law Barracks	Citadel Summer PT w/leathers & black socks	Fall Sports Cadre Cdr
	1200-1250	C1 Athletes	Assembly/March to Lunch 1200: Assembly 1205: March to mess 1210: Mess ["AT EASE" meal]	DFAC Downstairs	Citadel Summer PT w/leathers & black socks	Fall Sports Cadre Cdr
	1300-1350	C1 Athletes	Weapons Draw	Armory		Chief McIntyre Supply Team Fall Sport Cadre
	1400-1530	C1 Athletes	Drill Period #1 [change to soft shoe following drill]	PT Barracks	Citadel Summer PT w/leathers & black socks	SgtMaj Yagle MCPO Musselman
	1545-1630	C1 Athletes	Counseling Center	Duckett Auditorium	Citadel Summer PT	
	1630-1700	C1 Athletes	Mess Brief	Duckett Aud	Citadel Summer PT	Fall Sports Cadre Cdr
	1715-1800	C1 Athletes	Assembly/Inspection/March to Mess 1705: Mess Call 1710: Assembly 1713: Attention 1714: Retreat/Colors 1715: Move to Mess	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	1800-1900	C1 Athletes	Inventory of Cadet Issue Items [cont'd]	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	1900-2000	C1 Athletes	MRI Brief	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
	2000-2200	C1 Athletes	TAC NCO Time	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2200-2300	C1 Athletes	Personal Hygiene	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr

Blister call Training Room each day immediately after breakfast – Supervised by Fall Sport Cadre (no locker room visits)

Thurs 23 July	0530-0630	C1 Athletes	PT #1 0515- 1 st Call 0520: Assembly/move to training 0530: PT	Summerall Field	Citadel Summer PTs	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	PT Barracks	Citadel Summer PTs	
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	Citadel Summer PTs w/Leathers	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	Citadel Summer PTs w/Leathers	Fall Sports Cadre Cdr
	0830-0915	C1 Athletes	Drill Period #2 (Change to Soft Shoe following Drill)	PT Barracks	Citadel Summer PTs w/Leathers	Fall Sports Cadre Cdr
	0930-1005	C1 Athletes	Commandant's/Sgt Maj's Talk	Duckett Aud	Citadel Summer PT	Fall Sports Cadre Cdr
	1005-1050	C1 Athletes	Room Standards/ Personal Appearance	Duckett Aud	Citadel Summer PT	BN TAC NCO
	1050-1150	C1 Athletes	TAC TIME 1/ Room Standards/ Personal Appearance	PT Barracks	Citadel Summer PT	TAC TEAM
	1200-1250	C1 Athletes	Lunch	Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	1300-1400	C1 Athletes	Drill Period #3 (Change to Soft Shoe after Drill)	PT Barracks	Citadel Summer PT w/Leathers	Fall Sports Cadre Cdr
	1430-1515	C1 Athletes	LD 4-2a The Citadel Experience	Duckett Aud	Citadel Summer PT	Fall Sports Cadre Cdr
	1520-1550	C1 Athletes	LD 4-2b Leadership	Duckett Aud	Citadel Summer PT	XO
	1600-1630	C1 Athletes	LD 4-2c Followership	Duckett Aud	Citadel Summer PT	Platoon Leader

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	1630-1730	C1 Athletes	HD 4-1	Duckett Aud	Citadel Summer PT	TAC TEAM
	1730-1800	C1 Athletes	Laundry Intro	Duckett Aud	Citadel Summer PT	Fall Sports Cadre Supply Sgt
	1800-1850	C1 Athletes	Assembly/Inspection/March to Mess 1755: First Call for Mess 1800: Assembly 1803: Attention 1804: Retreat/Colors 1805: March to Mess	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	1900-1950	C1 Athletes	How To Wear DUTY Review	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr Squad Sgt
	2000-2200	C1 Athletes	TAC NCO time Include Weapons Care/Clean Laundry Bag Preparation	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2200-2300	C1 Athletes	Hygiene	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
Blister call Training Room each day immediately after breakfast – Supervised by Fall Sport Cadre (no locker room visits)						
Fri 24 July	0530-0630	C1 Athletes	PT #2 0515- 1 st Call 0520: Assembly/ march to field 0530: PT	Summerall Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	PT Barracks		
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	DUTY	Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	DUTY	
	0830-1030	C1 Athletes	Drill #4	PT Barracks	Duty	SgtMaj Yagle MCPO Musselman Fall Sport Cadre
	1030-1100	C1 Athletes	TAC and Cmdr's time Movement time, remediation	En route	Duty	Fall Sport Cadre and TAC Team
	1100-1130	C1 Athletes	CPRP	GI Room	DUTY	Coach Erin
	1130-1200	C1 Athletes	Military Organization	GI Room	DUTY	2ndBN TAC Team / designated TAC Team Member
	1215-1300	C1 Athletes	Lunch Move directly to Coward Hall	DFAC Downstairs	DUTY	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
	1300-1500	C1 Athletes	Drill Period #5 & 6	PT Barracks	DUTY	Fall Sports Cadre Cdr
	1515-1600	C1 Athletes	H 4-1 – Honor 1	Jenkins Auditorium	Duty	Fall Sports Cadre Cdr Honor Rep
	1630-1755	C1 Athletes	Customs and Courtesies	Jenkins Auditorium	Duty	TAC NCO
Fri 24 July [cont'd]	1755-1845	C1 Athletes	Assembly/Inspection/March to Mess 1755: First Call for Mess 1800: Assembly 1803: Attention 1804: Retreat/Colors 1805: March to Mess	DFAC Downstairs	DUTY	Fall Sports Cadre Cdr
	1900-1920	C1 Athletes	BANNER ON-LINE	Barracks Rooms	Duty	Fall Sports Cadre Cdr
	1930-2000	C1 Athletes	****TEACH ACCESS TO CANVAS****	Barracks Rooms	Duty	Fall Sports Cadre Cdr
	2000-2200	C1 Athletes	TAC NCO time Review How to Wear OCPs Prepare Laundry Bag	PT Barracks	Citadel Summer PT	TAC NCOs
	2200-2300	C1 Athletes	Hygiene	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
Blister call Training Room each day immediately after breakfast – Supervised by Fall Sport Cadre (no locker room visits)						
Sat 25 July	0530-0630	C1 Athletes	PT #3 0515- 1 st Call 0520: Assembly/March to field 0530: PT Laundry Drop	Summerall Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	PT Barracks		Fall Sports Cadre Cdr
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	OCPs	Fall Sports Cadre Cdr/TACs
	0830-1130	C1 Athletes	Drill Period #7 & 8	PT Barracks	OCPs u/arms	Fall Sports Cadre Cdr
	1130-1300	C1 Athletes	Lunch Move directly to Coward Hall	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr
	1300-1400	C1 Athletes	Honor 2	Jenkins Aud	OCPs	TAC TEAM
	1400-1500	C1 Athletes	FCS Review – ONLINE	PT Barracks	OCPs	Fall Sports Cadre Cdr
	1500-1600	C1 Athletes	FCS Class	Jenkins Aud	OCPs	TAC TEAM AthCad Cmdr
	1600-1730	C1 Athletes	TAC and Cmdr's Time	PT Barracks	OCPs	Fall Sport Cadre Cdr
	1730-1830	C1 Athletes	Assembly/Inspection/March to Mess	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
Sat 25 July [cont'd]			1715: First Call for Mess 1720: Assembly 1725: Attention 1727: Retreat/Colors 1728: March to Mess			
	1900-2200	C1 Athletes	TAC NCO time Prepare Laundry Bag	PT Barracks	Citadel Summer PT	TAC NCOs
	2200-2300	C1 Athletes	Hygiene	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
Blister call Training Room each day immediately after breakfast – Supervised by Fall Sport Cadre (no locker room visits)						
Sun 26 July	0600-0710	C1 Athletes	Personal Hygiene	PT Barracks		Fall Sports Cadre Cdr
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	Duty	Fall Sports Cadre Cdr/TACs
	0830-0950	C1 Athletes	Chapel Religious Services- Optional <i>*C1 cadets NOT attending Chapel will have a recovery period in the barracks.</i> 0830-0850: Organize Religious groups and march to Chapel 0900: Services Begin	Buyer PT Barracks	Duty	Chaplains Meadows, Rutland and Jose
	1000-1100	C1 Athletes	Chapel Orientation	Buyer	Duty	Chaplains Meadows, Rutland and Jose
	1100-1200	C1 Athletes	TAC & Cmdr's Time	PT Barracks	Duty	TAC Team Fall Sports Cadre Cdr
	1200-1300	C1 Athletes	Lunch [Move directly to Coward Hall]	DFAC Downstairs	Duty	Fall Sport Cadre
	1300-1430	C1 Athletes	Campus Tour	Campus	Duty	Academic Leaders Fall Sport Cadre
	1430-1500	C1 Athletes	FCS Review	PT Barracks	OCPs	Fall Sports Cadre Cdr
	1500-1700	C1 Athletes	FCS TEST – ONLINE	PT Barracks	OCPs	Fall Sport Cadre Cdr
	1700-1800	C1 Athletes	Assembly/Inspection/March to Mess 1725: First Call for Mess 1730: Assembly 1733: Attention 1734: Retreat/Colors	DFAC Downstairs	Duty	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
			1735: March to Mess			
	1800-2100	C1 Athletes	TAC Time	PT Barracks	Duty	TAC Team, Fall Sport Cadre
	2100-2200	C1 Athletes	Hygiene	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2200	C1 Athletes	Lights Out	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
Blister call (@ Medical Clinic) each day immediately after breakfast Four Female C1 Athletes to Sports Physicals following Breakfast						
Mon 27 July	0530-0630	C1 Athletes	PT #4 0515- 1 st Call 0520: Assembly/March to field 0530: PT Laundry Drop	Summerall Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	PT Barracks		Fall Sports Cadre Cdr
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	Duty	Fall Sports Cadre Cdr/TACs
	0830-0950	C1 Athletes	Drill Period #9	PT Barracks	Duty	SgtMaj Yagle MCPO Musselman
	1000-1100	C1 Athletes	Library Services	Daniel Library	Duty	Library Staff
	1100-1130	C1 Athletes	Ombudsperson	Greater Issues	Duty	Shamus Gillen Lee Westberry
	1130-1200	C1 Athletes	Cadet Activities	Greater Issues	Duty	SFC Rich
	1200-1300	C1 Athletes	Lunch with Coaches Move directly to Coward Hall	Coward Hall Upstairs	Duty	Fall Sports Cadre Cdr
	1300-1400	C1 Athletes	Student Success Center Orientation	Thompson Hall, Jenkins Hall Auditorium	Duty	Acad Support Staff
	1400-1530	C1 Athletes	ROTC Orientation	Jenkins Aud	Duty	ROTC Depts
		C1 Athletes	Drill Period #9	PT Barracks	Duty	SgtMaj Yagle MCPO Musselman
	1530-1730	C1 Athletes	Cadet Accountability, Safety and Security,	Duckett Auditorium	Duty	Fall Sports Cadre Cdr
	1730-1830	C1 Athletes	Assembly/Inspection/March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
			1725: First Call for Mess 1730: Assembly 1733: Attention 1734: Retreat/Colors 1735: March to Mess			
	1830-2100	C1 Athletes	TAC & Cmdrs Time	PT Barracks	Duty	TAC Team, Fall Sport Cadre
	2100-2200	C1 Athletes	Hygiene	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2200	C1 Athletes	Lights Out	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
			Blister call (@ Sports Medicine each day immediately after breakfast			
			Four Female C1 Athletes to Sports Physicals following Breakfast			
Tues 28 July	0530-0630	C1 Athletes	PT #5 0515- 1 st Call 0520: Assembly/March to Field 0530: PT Laundry Drop.	Summerall Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	Duty	Fall Sports Cadre Cdr/TACs
	0830-0950	C1 Athletes	Drill Period #10	PT Barracks	Duty	SgtMaj Yagle MCPO Musselman
	1000-1200	C1 Athletes	CADIC, Title IX, CARE,	GI Room	Duty	Mr. Modglin Ms. Quinn Ms. Mercado
	1200-1300	C1 Athletes	Lunch Move directly to Coward Hall	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	1300-1430	C1 Athletes	Drill #11	PT Barracks	Duty	SgtMaj Yagle 1stSgt Jolly
	1445-1530	C1 Athletes	CAS Training	Jenkins Aud	Duty	COL Hutson
	1530-1615	C1 Athletes	Discipline	Jenkins Aud	Duty	COL Hutson
	1630-1800	C1 Athletes	BB/WB Study and Test	PT Barracks	Duty	Fall Sports Cadre Cdr
	1815-1900	C1 Athletes	Assembly/Inspection/March to Mess 1725: First Call for Mess 1730: Assembly 1733: Attention 1734: Retreat/Colors 1735: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
	1900-2100	C1 Athletes	Coach's Time Snack	Seignious Vandiver	Citadel Summer PT	Fall Sports Cadre Cdr
	2100	C1 Athletes	Return to Barracks	PT Barracks		Fall Sports Cadre Cdr
	2200-2300	C1 Athletes	Hygiene/ Personal Time Prepare Laundry Bag	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
Blister call (@ Medical Clinic) each day immediately after breakfast As required - Female C1 Athletes to Sports Physicals following Breakfast						
Wed 29 Jul	0530-0630	C1 Athletes	CPFT 0515- 1 st Call 0520: Assembly/March to Willson Fld 0530: PT Laundry Drop	Willson Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	PT Barracks		
	0715-0750	C1 Athletes	Breakfast: Family Style 0720: 1 st Call for Breakfast 0725: Assembly/Inspection 0733: Attention 0734: Colors 0735: March to Mess	DFAC Downstairs	OCP	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	PT Barracks	OCP	Fall Sports Cadre Cdr
	0830-1045	C1 Athletes	Prepare for C1 Assessment	PT Barracks	OCP	TAC Team Fall Sport Cadre
+++++	1100-1150	C1 Athletes	March directly to Lunch*** (Meals @ Team Mess begin)	DFAC Upstairs	OCP	Coaches
	1200-1530	C1 Athletes	C1 Assessment	PT Barracks	Summer Leave	Squad Leaders
	1545-1615	C1 Athletes	Rifle Turn-in	JH Armory	Citadel Summer PT	Fall Sports Cadre Cdr
	1630-1800	C1 Athletes	Post Assessment Counseling	PT Barracks	Citadel Summer PT	TAC Team Fall Sport Cadre
	1800-1900	C1 Athletes	Dinner March directly to Coward Hall	DFAC Upstairs	Citadel Summer PT	Fall Sports Cadre Cdr
+++++	1900-2000	C1 Athletes	Drop to Coaches COACHES TIME	TBD or DFAC	Citadel Summer PT	Fall Sports Cadre Cdr
	2000-2050	C1 Athletes	Snacks	DFAC Upstairs	Citadel Summer PT	Athletic Dept
	2100-2200	C1 Athletes	Personal Hygiene	PT Barracks		Fall Sports Cadre Cdr
	2200	C1 Athletes	Lights Out	PT Barracks	Citadel Summer PT	Fall Sports Cadre Cdr