

REGIMENTAL HEADQUARTERS
THE SOUTH CAROLINA CORPS OF CADETS
THE CITADEL
CHARLESTON, SC
REGIMENTAL TRAINING SCHEDULE FOR THE WEEK OF 25 – 31 JULY 2025

C1 Athletes

As of 22 May 2025

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
Fri 25 July	0530-0630	Fall Sports Cadre	Breakfast: Formation/March to Mess (Open Mess) *LAUNDRY DROP*	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	0700-0830	C1 Athletes	Report & Room Assignment Non-Sized Issue	Law Barracks	Civilian Clothes	Fall Sports Cadre Cdr
	0900-1150	C1 Athletes	In-Processing: Haircut Post Office/Weigh In Uniform Measurement Uniform Issue [rtn to barracks/drop bags] ID Cards Begin Inventory	MCH Cadet Store One Card Office Law Barracks	Citadel Summer PT w/leathers & black socks	Fall Sports Cadre Cdr
	1200-1250	C1 Athletes	Assembly/March to Lunch 1200: Assembly 1205: March to mess 1210: Mess ["AT EASE" meal]	DFAC Downstairs	Citadel Summer PT w/leathers & black socks	Fall Sports Cadre Cdr
	1300-1350	C1 Athletes	Weapons Draw	Armory		Chief McIntyre Supply Team Fall Sport Cadre
	1400-1530	C1 Athletes	Drill Period #1[change to soft shoe following drill]	Law Barracks	Citadel Summer PT w/leathers & black socks	SgtMaj Yagle 1stSgt Jolly
	1545-1630	C1 Athletes	Counseling Center	Duckett Auditorium	Citadel Summer PT	
	1630-1700	C1 Athletes	Mess Brief	Duckett Aud	Citadel Summer PT	Fall Sports Cadre Cdr
	1715-1800	C1 Athletes	Assembly/Inspection/March to Mess 1705: Mess Call 1710: Assembly 1713: Attention 1714: Retreat/Colors 1715: Move to Mess	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	1800-1900	C1 Athletes	Inventory of Cadet Issue Items [cont'd]	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	1900-2000	C1 Athletes	MRI Brief	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr

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	2000-2200	C1 Athletes	TAC NCO Time	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2200-2300	C1 Athletes	Personal Hygiene	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr

Blister call (@ Medical Clinic) each day immediately after breakfast

Sat 26 July	0530-0630	C1 Athletes	PT #1 0515- 1 st Call 0520: Assembly/move to training 0530: PT	Summerall Field	Citadel Summer PTs	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	Law Barracks	Citadel Summer PTs	
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	Citadel Summer PTs w/Leathers	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	Law Barracks	Citadel Summer PTs w/Leathers	Fall Sports Cadre Cdr
	0830-0915	C1 Athletes	Drill Period #2 (Change to Soft Shoe following Drill)	Law Barracks	Citadel Summer PTs w/Leathers	Fall Sports Cadre Cdr
	0930-1000	C1 Athletes	Commandant's Talk	Duckett Aud	Citadel Summer PT	Fall Sports Cadre Cdr
	1000-1045	C1 Athletes	Room Standards/ Personal Appearance	Duckett Aud	Citadel Summer PT	BN TAC NCO
	1045-1150	C1 Athletes	TAC TIME 1/ Room Standards/ Personal Appearance	Law Barracks	Citadel Summer PT	TAC TEAM
	1200-1250	C1 Athletes	Lunch	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	1300-1400	C1 Athletes	Drill Period #3 (Change to Soft Shoe after Drill)	Law Barracks	Citadel Summer PT w/Leathers	Fall Sports Cadre Cdr
	1430-1515	C1 Athletes	LD 4-2a The Citadel Experience	Duckett Aud	Citadel Summer PT	Fall Sports Cadre Cdr
	1520-1550	C1 Athletes	LD 4-2b Leadership	Duckett Aud	Citadel Summer PT	XO
	1600-1630	C1 Athletes	LD 4-2c Followership	Duckett Aud	Citadel Summer PT	Platoon Leader
	1630-1730	C1 Athletes	HD 4-1	Duckett Aud	Citadel	TAC TEAM

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
					Summer PT	
	1730-1800	C1 Athletes	Laundry Intro	Duckett Aud	Citadel Summer PT	Fall Sports Cadre Supply Sgt
	1800-1850	C1 Athletes	Assembly/Inspection/March to Mess 1755: First Call for Mess 1800: Assembly 1803: Attention 1804: Retreat/Colors 1805: March to Mess	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	1900-1950	C1 Athletes	How To Wear DUTY Review	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr Squad Sgt
	2000-2200	C1 Athletes	TAC NCO time Include Weapons Care/Clean Laundry Bag Preparation	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2200-2300	C1 Athletes	Hygiene	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
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Sun 27 July	0530-0630	C1 Athletes	PT #2 0515- 1 st Call 0520: Assembly/ march to field 0530: PT Laundry Drop	Summerall Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	Law Barracks		
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	DUTY	Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	Law Barracks	DUTY	
	0830-0950	C1 Athletes	Chapel Religious Services- Optional <i>*C1 cadets NOT attending Chapel will have a recovery period in the barracks.</i> 0830-0850: Organize Religious groups and march to Chapel 0900: Services Begin	Chapel Law Barracks	Duty	Chaplains Rutland and Jose
	1000-1050	C1 Athletes	Chapel Orientation	Chapel	Duty	Chaplains Rutland and Jose
	1100-1130	C1 Athletes	CPEP	Chapel	DUTY	Coach Erin
	1130-1200	C1 Athletes	Military Organization	Duckett Aud	DUTY	LTC Sharp/designated

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						TAC Team Member
	1215-1300	C1 Athletes	Lunch Move directly to Coward Hall	DFAC Downstairs	DUTY	Fall Sports Cadre Cdr
	1300-1500	C1 Athletes	Drill Period #4 & 5	Law Barracks	DUTY	Fall Sports Cadre Cdr
	1515-1600	C1 Athletes	H 4-1 – Honor 1	Duckett Auditorium	Duty	Fall Sports Cadre Cdr Honor Rep
	1630-1755	C1 Athletes	Customs and Courtesies	Duckett Auditorium	Duty	TAC NCO
Sun 27 July [cont'd]	1755-1845	C1 Athletes	Assembly/Inspection/March to Mess 1755: First Call for Mess 1800: Assembly 1803: Attention 1804: Retreat/Colors 1805: March to Mess	DFAC Downstairs	DUTY	Fall Sports Cadre Cdr
	1900-1920	C1 Athletes	BANNER ON-LINE	Barracks Rooms	Duty	Fall Sports Cadre Cdr
	1930-2000	C1 Athletes	****TEACH ACCESS TO CANVAS****	Barracks Rooms	Duty	Fall Sports Cadre Cdr
	2000-2200	C1 Athletes	TAC NCO time Review How to Wear OCPs Prepare Laundry Bag	Law Barracks	Citadel Summer PT	TAC NCOs
	2200-2300	C1 Athletes	Hygiene	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
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Mon 28 July	0530-0630	C1 Athletes	PT #3 0515- 1 st Call 0520: Assembly/March to field 0530: PT Laundry Drop	Summerall Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	Law Barracks		Fall Sports Cadre Cdr
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	Law Barracks	OCPs	Fall Sports Cadre Cdr/TACs
	0830-1000	C1 Athletes	Drill Period #6	Law Barracks	OCPs u/arms	Fall Sports Cadre Cdr
	1015-1100	C1 Athletes	Honor 2	Duckett Aud	OCPs	TAC TEAM
	1100-1145	C1 Athletes	FCS Class	Duckett Aud	OCPs	TAC TEAM AthCad Cmdr
	1200-1300	C1 Athletes	Lunch with Coaches Move directly to Coward Hall	Coward Hall Upstairs	Duty	Fall Sports Cadre Cdr

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	1315-1415	C1 Athletes	FCS Review – ONLINE	Law Barracks	OCPs	Fall Sports Cadre Cdr
	1430-1530	C1 Athletes	FCS TEST – ONLINE	Law Barracks	OCPs	Fall Sport Cadre Cdr
	1545-1715	C1 Athletes	Drill #7	Law Barracks	OCPs	SgtMaj Yagle 1stSgt Jolly Fall Sprot Cadre
Mon 28 July [cont'd]	1730-1815	C1 Athletes	Assembly/Inspection/March to Mess 1715: First Call for Mess 1720: Assembly 1725: Attention 1727: Retreat/Colors 1728: March to Mess	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr
	1900-2200	C1 Athletes	TAC NCO time Prepare Laundry Bag	Law Barracks	Citadel Summer PT	TAC NCOs
	2200-2300	C1 Athletes	Hygiene	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
Blister call (@ Medical Clinic) each day immediately after breakfast						
Tues 29 July	0530-0630	C1 Athletes	PT #4 0515- 1 st Call 0520: Assembly/March to field 0530: PT Laundry Drop	Summerall Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	Law Barracks		Fall Sports Cadre Cdr
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	Law Barracks	Duty	Fall Sports Cadre Cdr/TACs
	0830-0950	C1 Athletes	Drill Period #8	Law Barracks	Duty u/arms	Fall Sports Cadre Cdr
	1015-1050	C1 Athletes	Citadel Library	Daniel Library	Duty	Library Staff
	1100-1130	C1 Athletes	Ombudsmen	Greater Issues	Duty	Lee Westberry, Shamus Gillen
	1130-1200	C1 Athletes	Cadet Activites	Greater Issues	Duty	SFC Rich
	1215-1300	C1 Athletes	Lunch [Move directly to Coward Hall]	DFAC Downstairs	Duty	Citadel Athletics
	1315-1400	C1 Athletes	Student Success Center Orientation	Thompson Hall, Jenkins Hall Auditorium	Duty	Acd Support Staff

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	1400-1530	C1 Athletes	ROTC Orientation	Jenkins Aud	Duty	ROTC Depts
	1545-1715	C1 Athletes	Drill Period #9	Law Barracks	Duty	SgtMaj Yagle 1stSgt Jolly
	1725-1815	C1 Athletes	Assembly/Inspection/March to Mess 1725: First Call for Mess 1730: Assembly 1733: Attention 1734: Retreat/Colors 1735: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	1830-2000	C1 Athletes	Cadet Accountability, Safety and Security,	Duckett Auditorium	Duty	Fall Sports Cadre Cdr
	2000-2200	C1 Athletes	TAC Time	Law Barracks	Duty	TAC Team, Fall Sport Cadre
	2200-2300	C1 Athletes	Hygiene	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
Blister call (@ Medical Clinic) each day immediately after breakfast						
Wed 30 July	0530-0630	C1 Athletes	PT #5 0515- 1 st Call 0520: Assembly/March to Field 0530: PT Laundry Drop.	Summerall Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	Law Barracks		Fall Sports Cadre Cdr
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 st Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	Law Barracks	Duty	Fall Sports Cadre Cdr/TACs
	0830-1000	C1 Athletes	Drill Period #10	Law Barracks	Duty u/arms	Fall Sports Cadre Cdr
	1015-1145	C1 Athletes	CADIC, Title IX, CARE	Duckett Aud	Duty	Mr. Modglin, Ms. Mercado, Ms. Quinn
	1200-1300	C1 Athletes	Lunch Move directly to Coward Hall	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	1300-1430	C1 Athletes	Drill #11	Law Barracks	Duty	SgtMaj Yagle 1stSgt Jolly
	1445-1530	C1 Athletes	CAS Training	Duckett Aud	Duty	COL Hutson
	1530-1615	C1 Athletes	Discipline	Duckett Aud	Duty	COL Hutson
	1630-1800	C1 Athletes	BB/WB Study and Test	Law Barracks	Duty	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
	1815-1900	C1 Athletes	Assembly/Inspection/March to Mess 1725: First Call for Mess 1730: Assembly 1733: Attention 1734: Retreat/Colors 1735: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	1900-2100	C1 Athletes	Coach's Time Snack	Seignious Vandiver	Citadel Summer PT	Fall Sports Cadre Cdr
	2100-2200	C1 Athletes	Hygiene/ Personal Time Prepare Laundry Bag	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2200	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
Blister call (@ Medical Clinic) each day immediately after breakfast						
Thurs 31 Jul	0530-0630	C1 Athletes	CPFT 0515- 1 st Call 0520: Assembly/March to Willson Fld 0530: PT Laundry Drop	Willson Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	Law Barracks		
	0715-0750	C1 Athletes	Breakfast: Family Style 0720: 1 st Call for Breakfast 0725: Assembly/Inspection 0733: Attention 0734: Colors 0735: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	Law Barracks	Duty	Fall Sports Cadre Cdr
	0830-1045	C1 Athletes	Prepare for C1 Assessment	Law Barracks	Duty	TAC Team Fall Sport Cadre
+++++	1100-1150	C1 Athletes	<i>March directly to Lunch*** (Meals @ Team Mess begin)</i>	DFAC Upstairs	Duty	Coaches
	1200-1530	C1 Athletes	C1 Assessment	Law Barracks	Summer Leave	Squad Leaders
	1545-1615	C1 Athletes	Rifle Turn-in	JH Armory	Citadel Summer PT	Fall Sports Cadre Cdr
	1630-1800	C1 Athletes	Post Assessment Counseling	Law Barracks	Citadel Summer PT	TAC Team Fall Sport Cadre
	1800-1900	C1 Athletes	Dinner March directly to Coward Hall	DFAC Upstairs	Citadel Summer PT	Fall Sports Cadre Cdr
+++++	1900-2000	C1 Athletes	Drop to Coaches COACHES TIME	TBD or DFAC	Citadel Summer PT	Fall Sports Cadre Cdr
	2000-2050	C1 Athletes	Snacks	DFAC Upstairs		Fall Sports Cadre Cdr

4th Class Athletes 25 - 31 July 2025

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
	2100-2200	C1 Athletes	Personal Hygiene	Law Barracks		Fall Sports Cadre Cdr
	2200	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr