



Benefits of Internships

Why Intern?

Internship (*n.*): extensions of classroom learning with applied experience in a professional field related to a career path of interest. Participating in at least one internship is a necessary part of your educational experience at The Citadel.

Why Intern?

- Builds your resume
- Gain skills and knowledge in a field
- Provides professional work experience
- Expands your network
- Helps guide your career goals
- Secures references and recommendations
- Develops mentorship

Understanding Internships for Course Credit

Each department has its own internship guidelines; however, these are the general requirements (check your department or faculty internship advisor for specifics):

- Can intern for academic credit up to two times (some exceptions apply)
- Most internship courses offer three academic credit hours running in the fall, spring, or summer terms
- Require a minimum of 45 hours, up to a maximum of 300+ contact hours at the site (depending on major)