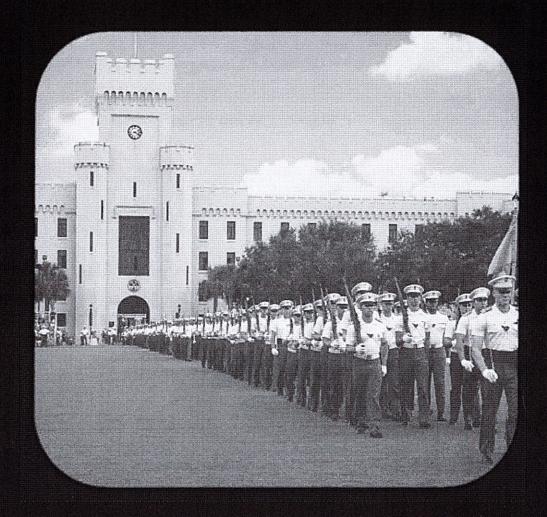
THE CITADEL



(ADAPP)

Alcohol & Drug Abuse Prevention Program

www.citadel.edu/cadic

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A note about target audiences used throughout this document.

Because of The Citadel's unique characteristics as both a military college and an institution offering traditional academic programs, the key campus demographics referenced in this report are defined as follows:

- Cadets: Members of the South Carolina Corps of Cadets (SCCC).
- **Students:** Individuals not in the SCCC, including day students, evening undergraduate and graduate students.
- Employees: Full-time and part-time faculty, staff, contractors, and vendors.

A note about the use of the word "abuse" throughout this document.

The word "abuse" is increasingly being replaced by "misuse" in the prevention field (e.g., alcohol misuse prevention or substance misuse prevention). However, "abuse" is frequently used in this report to maintain consistency with language found in regulatory documents.

ADAPP COMPLIANCE AND CERTIFICATION

As required by the Drug-Free Schools and Communities Act (DFSCA) of 1989, which added section 1213 to the Higher Education Act, and implemented at 34 C.F.R. Part 86, the undersigned institution certifies that it has adopted and implemented an Alcohol and Drug Abuse Prevention Program (ADAPP) for its students and employees that, at a minimum, includes:

- 1. The annual distribution in writing to each employee, and to each student who is taking one or more classes for any kind of academic credit except for continuing education units, regardless of the length of the student's program of study, of:
 - a. Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities.
 - b. A description of the applicable legal sanctions under local, state or federal law for the unlawful possession or distribution of illicit drugs and alcohol.
 - c. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
 - d. A description of any drug or alcohol prevention, counseling, treatment, rehabilitation, or reentry program that are available to students and employees.
 - e. A clear statement that the Institution will impose disciplinary sanctions on students and employees (consistent with local, State and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violation of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.
- 2. A biennial review by the institution of its ADAPP to:
 - a. Determine its effectiveness and implement changes to the program if needed.
 - b. Ensure that its disciplinary sanctions are consistently enforced.

FOR THE COLLEGE

Glenn M. Walters, General, USMC (Retired), President

Date

INTRODUCTION

Under federal law, institutions of higher education must provide policies and programs to address alcohol and drug use on campus and during school-related activities. Three key documents associated with these policies and programs include:

- Drug-Free Schools and Campuses Act (DFSCA) The DFSCA is the federal law, outlined in 34 CFR, Part 86, that requires institutions of higher education receiving ANY federal funding to certify the adoption and implementation of an Alcohol and Drug Abuse Prevention Program (ADAPP), "...to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees, both on the institution's premises and as part of any of its activities," (EDGAR Part 86, Subpart B).
- Alcohol and Drug Abuse Prevention Program (ADAPP) The ADAPP is the written
 document that meets the requirements of the DFSCA, detailing the institution's drug
 and alcohol policy and prevention program. It is distributed annually to students and
 employees and reviewed every two years to assess its compliance with the DFSCA.
- Biennial Review Report (BRR) The process of assessing the ADAPP is called the biennial review, and the report generated from this review is called the Biennial Review Report (BRR). The BRR is the official college report completed every two years to ensure compliance with the DFSCA. It must be kept on record, available for review by the U.S. Department of Education. Broadly, its purpose is twofold: (1) determine the effectiveness of the ADAPP and make any needed changes to it, and (2) ensure that disciplinary sanctions for violating standards of conduct are enforced consistently.

STATEMENT OF PURPOSE

The purpose of this ADAPP is to comply with the DFSCA while simultaneously emphasizing The Citadel's commitment to providing a safe, drug-free environment for cadets, students, and employees.

Below are the key parts of this ADAPP:

- **Biennial Review**: Describes the process of conducting and documenting the biennial review of the ADAPP.
- Annual Distribution: Describes the process of annually notifying cadets, students, and employees of the ADAPP.
- **Standards of Conduct**: Describes the policies that prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol on campus or as part of campus activities.

- **Disciplinary Sanctions:** Describes the institution's internal disciplinary sanctions for violations of alcohol and other drug-related laws and policies. These actions may include probation, suspension, expulsion, or termination of employment.
- Legal Sanctions: Summarizes federal, state, and local laws regarding the unlawful possession, use, or distribution of drugs and alcohol. This includes potential legal consequences such as fines, incarceration, or the loss of federal student aid.
- **Enforcement and Compliance:** Describes the departments or individuals responsible for enforcing the ADAPP.
- Health Risks: Describes the health risks associated with the use of illicit drugs and the
 misuse of alcohol.
- Alcohol and Other Drug Resources: Provides a summary of available prevention, counseling, treatment, and rehabilitation resources both on campus and in the community.

BIENNIAL REIVEW OF THE ADAPP

Every two years, The Citadel reviews its ADAPP and generates a written Biennial Review Report (BRR), which includes:

- **Program Effectiveness**: Information describing the ADAPP's effectiveness in complying with the DFSCA, including any recommended changes to the program.
- **Violations**: Information describing the number of drug and alcohol-related violations that (1) occurred on campus or (2) as part of any of the College's activities (per Clery).
- Sanctions: Information describing the number and type of sanctions imposed by the institution for drug and alcohol-related violations.
- **Enforcement**: Information describing how policies, sanctions, and disciplinary measures described in the ADAPP are consistently enforced.
- **Prevention and Treatment**: Information describing participation in, or referrals to, prevention, intervention, counseling, or treatment programs.

The biennial review is coordinated through the Campus Alcohol and Drug Information Center (CADIC). It includes content reviewers from key campus constituencies, including the Commandant's Department, Office of Standards and Discipline, Public Safety, Student Affairs, faculty, the infirmary, barracks/military life, cadets, and students. Ad hoc reviewers include the Chief of Staff and The Citadel's attorney.

Once completed, the final BRR is signed by the College President, as well as the Commandant of Cadets and the Provost/Dean of the College.

Both the ADAPP and BRR are available on the CADIC webpage at www.citadel.edu/cadic. Hard copies can be requested by emailing the CADIC office (cadic@citadel.edu) or the CADIC director (kmodglin@citadel.edu).

ANNUAL NOTIFICATION

The DFSCA requires that all employees, as well as cadets and students enrolled in courses for academic credit, receive annual written notification of the ADAPP.

A recommended 'best practice' is to distribute the ADAPP multiple times a year. At The Citadel, it is distributed at the beginning of each term (September, January, May) and to all students enrolled in The Citadel Success Institute each summer (July).

The ADAPP is emailed to the campus community through the daily email bulletin and sent to the faculty, staff, cadet, and student listservs. Additionally, directors are instructed to print hard copies for any employee who does not have regular computer access.

STANDARDS OF CONDUCT¹

The Citadel's Core Values

At The Citadel, the standards of conduct for all cadets, students, and employees are based on three **CORE VALUES**:

- **Honor:** A lifelong commitment to moral and ethical behavior, exemplified by the principle of "doing the right thing even when no one is watching."
- Duty: The acceptance and completion of assigned tasks without prompting, holding
 oneself and others accountable for their actions, and prioritizing service to others over
 self-interest.
- **Respect:** The recognition and nurturing of the inherent dignity and self-worth of all individuals, as well as of oneself.

Alignment with Citadel Policies

The ADAPP incorporates content from the documents and policies described below. It is intended to align with, not supersede, them.

¹ Adapted from The Citadel's Core Values at: https://www.citadel.edu/vision-initiatives/.

- Alcohol and Other Drugs Policy: Describes the standards of conduct for promoting a safe and healthy campus environment by prohibiting the unlawful possession, use, or distribution of illicit drugs and alcohol.
- Blue Book: Describes the standards of conduct for cadets.
- Annual Security and Fire Safety Report: Describes the annual disclosure of campus crime statistics and safety policies (per Clery).
- College Regulations: Describes the College's governance for decision-making and accountability.
- Drug-Free Workplace Policy: Describes prohibitions on the possession, use, or distribution of illegal drugs and alcohol for full-time and part-time employees (including cadet and student employees), as well as contractors and vendors.
- Memo 3-107: Describes the standards of conduct for students.

Alcohol and Other Drugs Policy

Purpose

The use of harmful and addictive substances poses a threat to The Citadel's mission and educational environment. The Citadel requires employees to work in appropriate mental and physical condition, able to safely perform their duties, and cadets and students to conduct daily activities responsibly, ready to attend classes free from behavior altering substances.

The Citadel seeks to maintain a safe, drug-free environment, and strictly prohibits the unlawful possession, use, or distribution of illicit drugs and alcohol by faculty, staff, cadets, students and visitors, and supports only the legal use of alcohol and prescription drugs. Consumption of alcoholic beverages is a choice, and the college supports an individual's choice to abstain. Everyone is responsible for their conduct and adherence to applicable laws and regulations.

The purpose of The Citadel's Alcohol and Other Drugs (AOD) Policy, as described in this ADAPP and guided by the DFSCA, is to assist members of the campus-community in their understanding of:

- The potentially harmful and addictive effects of alcohol and other drugs.
- Local, state and federal laws and Citadel policy regarding the unlawful manufacture, alteration, deliver, distribution, dispensing, possession, or use illicit drugs and drug paraphernalia.

- The dangers associated with the possession of prescription drugs, as well as the damages resulting from their alteration or unlawful use and distribution.
- The consequences of unlawful use, possession, and distribution of alcohol.
- The benefits of adopting responsible and low-risk alcohol use.
- Citadel programs assisting in preventing or changing substance misuse behavior.

Overview of Regulations

The Citadel expressly prohibits the following by faculty, staff, cadets, students, and visitors on its property or as part of any of its activities:

- The unlawful manufacture, alteration, delivery, distribution, dispensing, possession, sale, or use of controlled substances regulated under South Carolina Code Sections 44-53-190, 44-53-210, 44-53-230, 44-53-250, 44-53-270, or 21 USC Section 812 unless legally prescribed or otherwise allowed by law.
- The possession of any item or piece of drug paraphernalia at any time and in any place, as defined by (but not limited to) items listed in South Carolina Code of Laws Section 44-53-110.
- Possession, purchase, manufacture, solicitation, distribution, sale, or use of any hallucinogenic substance.
- Providing financial assistance or otherwise aiding or abetting the purchase, sale, manufacture, or delivery of any prohibited drug, substance, or item.
- The unlawful purchase, possession, distribution, or use of alcohol in violation of state and local laws.
- The illegal use of alcohol off-campus when acting as a representative of The Citadel, or if such use brings discredit on The Citadel.
- The appearance at work, in class, or at any College function under the influence of alcohol, illicit drugs, or legally prescribed drugs that result in altered behavior.

Mandatory Reporting of Drug and Alcohol Violations

As a condition of continued employment, each employee must report any arrest under a criminal drug or alcohol statute. A report of an arrest must be made within five (5) days after the arrest as mandated by the Drug Free Workplace Act of 1988.

Regulations for Alcoholic Beverages

Overview of Regulations

The Citadel strongly encourages hosting alcohol-free events. When alcohol is served, it will never be the central focus of any gathering. Alcohol may be served in accordance with this Policy as an amenity to a well-planned and structured program, not an indispensable and essential part of the event. Event organizers will comply with the following:

- All servings of beer, seltzer, wine coolers, and wine on campus will conform to the
 definition of one standard drink, containing no more than 0.6 ounces (14 grams) of pure
 alcohol, as defined by the National Institute on Alcohol Abuse and Alcoholism (NIAAA),
 (see pp. 25 below or visit NIAAA for more information).
- Unless explicitly authorized by the College President (or designee), only beer, seltzer, wine coolers, and wine are permitted at campus events, with a maximum alcohol by volume that conforms to the NIAAA definition of one standard drinks. For example:
 - o 12 ounces of beer no greater than 5% ABV
 - o 12 ounces of seltzer no greater than 5% ABV
 - o 12 ounces of wine coolers no greater than 5% ABV
 - o 5 ounces of wine, no greater than 12% ABV.
- When alcoholic beverages are served, food and non-alcoholic beverages must also be served.
- Only alcoholic beverages served at the event may be possessed or consumed, and only within the facility or space designated for the event.
- The amount of alcohol available/served at any event must be proportionate to the expected attendance and duration of the event.
- Promotional material for any Citadel function, party, or event (including those held off campus) must not refer to the quantity of alcoholic beverages available, nor emphasize alcoholic beverages as the primary feature of the event. Promotional material not in compliance may subject the event to restrictions or cancellation.
- Alcoholic beverages are prohibited at any event funded by cadet or student fees, except as noted below (see pp. 10-12).

Employees hosting cadets or students in campus quarters must abide by South Carolina law regarding alcoholic beverages. Employees may serve alcohol to their children in accordance with the S.C. Code Ann. § 61-6-4070.

Regulations at Citadel Sponsored Events

The sale of alcoholic beverages on campus, in any Citadel owned facility, or at Citadel sponsored events is permitted only in approved areas and only by licensed distributors. Only groups holding appropriate state licenses for the sale of alcoholic beverages may sell alcoholic beverages. Those sponsoring events where alcoholic beverages are served are prohibited from charging for the beverages, either directly or indirectly, without proper state license.

Anyone intending to serve alcohol on campus, in any Citadel owned facility, or at Citadel sponsored events must first request permission from the Chief of Staff (or designee) and adhere to the stipulations outlined below. (This requirement does not apply to events at campus residences. Alcohol served at events within campus residences shall not be served to underage cadets or students.)

- Prospective hosts or activity sponsors must submit the Registration for Events with
 Alcohol Form (Annex E from Memorandum 6-404, Use of Citadel Facilities) at least
 fourteen (14) days prior to the event. All requests must be approved by the
 Coordinating Facility Official (Annex A from Memorandum 6-404, Use of Citadel
 Facilities) and the Chief of Staff (or designee). Requestors must review the AOD Policy
 and acknowledge their understanding in writing.
- The host or sponsor must coordinate with Citadel Public Safety to determine security requirements and is responsible for ensuring that security is provided in accordance with those requirements.
- The host or sponsor must take precautionary measures, including, but not limited to, verifying identification of all event participants.
- The host or sponsor must set a positive example and comply with state laws governing the sale, consumption, and distribution of alcohol.
- The host or sponsor must remain on location throughout the event.
- Alcohol may only be served by qualified Training for Intervention Procedures (TIPS) servers and must comply with South Carolina law regarding sale, distribution, and consumption.
- Alcohol must not be served to individuals who appear intoxicated.
- The Citadel strictly prohibits drunkenness, vandalism, and disruptive behavior. Such
 conduct may result in the termination of a facility use contract, denial of future facility
 use privileges, and the imposition of sanctions or criminal charges as described in in this
 ADAPP or permitted by state and local laws. The Citadel reserves the right to refuse

alcohol service to any individual or group, or to discontinue service at an event if deemed necessary for the institution's best interest.

Regulations at Athletic Events

Exceptions are made for serving alcohol at school-sanctioned NCAA athletic events. Only beer, seltzers, wine coolers and wine may be purchased at these events from licensed vendors within the facility (see pp. 9-10 above for regulations on standard drink sizes). All attendees must adhere to state and local laws and regulations when purchasing and consuming alcohol.

Alcohol service at athletic events is managed by contractors hired by The Citadel. These contractors employ TIPS-trained servers and enforce safeguards to prevent excessive drinking. Safeguards include but are not limited to verifying identification before serving alcohol and limiting service to one beverage per person at a time.

Cadets and students may purchase beer, seltzer, wine coolers, or wine at these events from authorized vendors in accordance with state law and any other regulations governing conduct. Additional guidance can be found below (see pp. 12).

Personal alcohol is permitted ONLY on game days during private tailgates associated with athletic contests and only for those authorized to park or gather in designated areas adjacent to Citadel athletic venues. Excessive and underage drinking is prohibited and may result in suspension of parking privileges, removal from Citadel property, and/or criminal charges. Cadets are not authorized to bring alcohol on campus and are not permitted to consume alcohol at tailgates.

Regulations for Cadets and Students

Unless explicitly authorized by the College President (or designee), cadets and students are prohibited from consuming or possessing alcoholic beverages on campus, in any Citadel owned facility, or at Citadel sponsored events. They are also prohibited from consuming, possessing, or trafficking in alcoholic beverages in violation of the law or in any manner that could bring discredit to the Citadel.

Only beer, seltzer, wine coolers, and wine may be served to cadets, students, and their guests and must adhere to standard drink size regulations of no more than 0.6 ounces (14 grams) of pure alcohol per serving, as defined by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), (see pp. 25 below or visit NIAAA for more information).

When alcohol is served to cadets, students, or their guests, they must adhere to the **3-Drink Rule:** (1) Upon age verification, they will receive a 3-tab wristband allowing a maximum of three drinks, (2) only one drink may be served and consumed at a time, and (3) tabs may only be removed by an authorized server.

Citadel employees, alumni, and their guests are strongly encouraged to follow the 3-Drink Rule to set a positive example for cadets and students.

Regulations for Drug Testing

Employees: Faculty, Staff, and Contract Workers

The Citadel provides a drug free, healthy, safe, and secure work environment by requiring employees to submit to drug testing as follows:

- A post-accident drug screen may be required when an employee apparently caused or played a part in an on-the-job accident or safety related incident resulting in the following:
 - Lost time from work.
 - o Injury requiring medical attention.
 - Fatality.
 - Damage to property.
 - o Hospitalization.
- The Citadel is a drug-free workplace. A "for cause" drug screen may be required when an employee is suspected of being under the influence of drugs or alcohol. The request may come from the employee's supervisor, approved by Human Resources. The applicable Vice President and the General Counsel should also be informed.
- Individuals asked to submit to a "for cause" or post-accident screen will be removed from the workplace until screen results are available. Refusal to submit a sample is considered a positive result.
- Once results are available, the supervisor will notify the individual or contractor
 organization within twenty-four hours of results and pending actions. Any leave of
 absence must comply with applicable policy and regulations. If an individual is removed
 in a "not for pay status" and screen results are negative, the individual will be paid
 retroactively. If screen results come back positive, the individual will not be paid.
- If the screen is negative, the individual may be reinstated at the discretion of the respective Vice President (or equivalent), with guidance from Human Resources. If the screen is positive, disciplinary action up to and including termination may be warranted.
- An employee who returns to work after testing positive may be subject to random drug screens. Human Resources will notify the employee's supervisor when drug screens are scheduled. The employee may be subject to up to 6 (six) random screens in a 12-month period beginning the date of the initial positive result.

Cadets

The Citadel randomly tests cadets for illicit drugs and substances. Participation in mandatory drug testing is a condition of acceptance and continued enrollment as a cadet.

Cadets selected for random testing report to specified locations at specified times to provide observed specimens. Each cadet is briefed and remains until acceptable samples are provided.

The Citadel will direct cadets for testing when reasonable suspicion of drug use exists. "Reasonable suspicion" is defined as the existence of circumstances, reports, information, or direct observation suggesting a violation of standards of conduct. Reasonable suspicion or probable cause is determined by the Commandant (or designee) or Public Safety, in consultation with the General Counsel.

Refusal to provide an observed specimen upon request, in accordance with policy, is treated as a positive test. In such circumstances cadets who refuse testing are referred to the Commandant's Department for disciplinary action.

The Citadel will treat the following as evidence of possession or use of a prohibited substance:

- Legal or Administrative Finding: Any conviction, admission, plea of nolo contendere, plea pursuant to North Carolina v. Alford, or confession in any legal or administrative proceeding for possession or use of a prohibited drugs, substance, or item prohibited herein.
 - A conviction is not necessary for The Citadel to proceed with an administrative hearing. An administrative hearing will be scheduled promptly and independently of any criminal or civil proceedings to ensure due process.
- **Positive Drug Test Result**: Detection of a prohibited substance through any accepted drug test, including but not limited to blood, urine, or hair follicle tests.
- Department of Defense Ruling: Any final determination by a Department of Defense administrative proceeding that a cadet has possessed or used a prohibited drug, substance, or item.

Regulations in the Barracks

Drugs

The Citadel maintains a strict zero-tolerance policy regarding the unlawful manufacture, alteration, delivery, distribution, dispensing, possession, sale, or use of illegal drugs and drug paraphernalia within the barracks and on campus.

If illegal drugs or drug paraphernalia are found in any room or common area of the barracks, all residents of that room, as well as any other individuals suspected of possession or violating campus policies or applicable laws, are referred to the Commandant's Department for disciplinary action, up to and including expulsion from the College.

Alcohol

The Citadel prohibits the possession, consumption, or trafficking of alcohol in the barracks.

If alcohol is found in any room or common area of the barracks, all residents of that room, as well as any other individuals suspected of possession or violating campus policies or applicable laws, are referred to the Commandant's Department for disciplinary action, up to and including dismissal from the College.

<u>Searches</u>

Authorized Citadel staff have the authority to search a room in the barracks or surrounding area if there is reasonable suspicion of a violation of campus policies or applicable laws. Searches may be conducted with or without the presence of the room's residents. The Citadel reserves the right to involve Public Safety and local law enforcement when appropriate. Any illegal items found during searches will be confiscated, and unauthorized items discovered will not be returned.

DISCIPLINARY SANCTIONS

Overview

The Citadel has implemented clear sanctions and disciplinary actions for violations of its policies, as outlined in this ADAPP. Disciplinary sanctions are documented to inform cadets, students, employees, and visitors of prohibited conduct and are intended to be interpreted broadly rather than exhaustively. Infractions will be addressed administratively in a straightforward manner, ensuring due process for the alleged offender.

- The Citadel enforces a strict zero-tolerance policy regarding the unlawful manufacture, alteration, delivery, distribution, dispensing, possession, sale, or use of illegal drugs and drug paraphernalia, as well as the illegal use of alcohol on its property or during its activities. Violations of local, state, or federal laws, or the standards of conduct outlined in this ADAPP, may result in disciplinary actions. These include written warnings, expulsion, termination of employment, restricted campus access, and/or referral for prosecution.
- Disciplinary action against a cadet, student, employee, or visitor does not preclude the
 possibility of criminal charges, nor do criminal charges negate the College's ability to
 impose disciplinary action.

- Any prohibited item located on The Citadel campus is regarded as contraband and subject to immediate seizure.
- Any alcohol violations by cadets and students under the age of 21 may result in parental notification as permitted by state and federal law.
- As a condition of continued employment, each employee must report any arrest under a criminal drug or alcohol statute. A report of an arrest must be made within five (5) days after the arrest as mandated by the Drug Free Workplace Act of 1988.
- The College reserves the right to suspend a cadet, student, or employee between the
 time of the initial charges and the applicable hearing. This action may be subject to
 personnel rules and other college regulations and will be invoked only if in the opinion
 of college leadership, the presence of this individual poses a clear and immediate
 danger to themselves and/or the campus community.
- Drug and alcohol misuse is recognized as a potential health, safety, and security concern. Cadets, students, and employees are encouraged to seek available and appropriate services for assistance with any substance use issues they may face. Conscientious efforts to seek help will not jeopardize the academic or job status of a cadet, student, or employee and will not be recorded in any disciplinary file. A list of available campus and community resources can be found below on pp.27-33.

Types of Discharges for Cadets and Students

When a cadet or student is discharged for disciplinary reasons, their academic transcript will reflect one of the following terms: "discharged," "discharged because of disciplinary action for violation of student code of conduct," "permission to resign," "resigned because of disciplinary action for violation of student code of conduct," or "administrative discharge."

The Office of the President uses specific terms internally to announce such discharges, which do not appear on academic transcripts:

- Permission to Resign: Indicates that the cadet or student resigned to avoid a board or hearing that could lead to suspension, dismissal, or expulsion.
- **Suspended**: Indicates the cadet or student has been required to leave the College for the current semester.
- **Dismissed**: Indicates the cadet or student has been required to leave the College for the current semester plus one.
- **Expelled**: Indicates the cadet or student must leave the College permanently and cannot return to any of The Citadel's programs.

Disciplinary Sanctions for Cadets

The Citadel enforces a strict zero-tolerance policy regarding the unlawful manufacture, alteration, delivery, distribution, dispensing, possession, sale, or use of illegal drugs and drug paraphernalia, as well as the illegal use of alcohol on its property or during its activities. Any cadet found in violation of local, state, or federal law, or the standards of conduct outlined in this ADAPP, will be subject to disciplinary action up to and including expulsion from the college.

Because of its unique military environment and format, cadets are held to more rigorous discipline standards than day students and evening undergraduate and graduate students, as outlined below.

OFFENSE	PUNISHMENT	REMEDIATION
Alcohol-related incident on/off Campus	30D/60T	2-3 hours CADIC intervention
Open alcohol container on/off Campus (empty)	20D/40T	2-3 hours CADIC intervention
Possession/use by minor off campus first offense	20D/40T	2-3 hours CADIC intervention
Possession/use by minor off campus second offense	60D/120T and a BT	3-hours CADIC intervention
Possession/use on campus first offense	40D/80T and a BT	2-3 hours CADIC intervention
Possession/use on campus second offense	60D/120T and a BT	3-hours CADIC intervention
Third or more cumulative alcohol offenses during cadet career	Commandant's Board; Dismissal	MyPrime online program or similar
Failure to report an alcohol or tobacco related violation	20D/40T	2-hours CADIC intervention and leadership development
Providing alcohol to a minor	40D/80T and a BT	2-3 hours CADIC intervention
Inappropriate use of prescription drugs by a cadet for whom a physician prescribes the drug	30D/60T	3-hours CADIC intervention
Acts supporting or encouraging prohibited or controlled substance use	30D/60T	3-hours CADIC intervention
Use, sale, possession, or solicitation of prohibited or controlled substances or drug paraphernalia	EXPULSION	3-hours CADIC intervention if held in abeyance
Bartering, trading, giving, soliciting, or receiving prescription drugs to or from another cadet	EXPULSION	3-hours CADIC intervention if held in abeyance
Conduct unbecoming a cadet if charged with a DUI	EXPULSION	MyPrime online program or similar if held in abeyance

ADDITIONAL PENALTIES

- All alcohol and drug related offenses, except empty containers, result in the loss of on campus driving and
 parking privileges for the current semester plus one and forfeiture of parking fees. Empty container
 violations are at the discretion of the Assistant Commandant for Standards and Discipline.
- All alcohol, tobacco, and other drug violations result in a fine of \$175 for substance abuse education and screening.
- Any alcohol or drug violations by cadets under the age of twenty-one will result in parental notification as permitted by state and federal law.

Disciplinary Sanctions for Students

The Citadel enforces a strict zero-tolerance policy regarding the unlawful manufacture, alteration, delivery, distribution, dispensing, possession, sale, or use of illegal drugs and drug paraphernalia, as well as the illegal use of alcohol on its property or during its activities. Any

student found in violation of local, state, or federal law, or the standards of conduct outlined in this ADAPP, will be subject to disciplinary action up to and including expulsion from the college.

Dismissal may be imposed for the following offenses:

- Use, possession, manufacturing, or distribution of alcoholic beverages (except as
 expressly permitted by college rules or regulations) or public intoxication. Alcoholic
 beverages may not be used, possessed, or distributed to any person under the age of
 twenty-one (21) under any circumstances.
- Possession or use of any drug—including those that are legally prescribed—that causes
 a loss of control or inebriation.
- Any student found intoxicated on campus, bringing intoxicating beverages onto campus, or possessing intoxicating beverages.
- Engaging in conduct deemed unbecoming and likely to bring discredit to the College including but not limited to driving under the influence (DUI).

Expulsion may be imposed for the following offenses:

• The unlawful manufacture, alteration, delivery, distribution, dispensing, possession, sale, or use of illegal drugs and drug paraphernalia.

Disciplinary Sanctions for Employees

The Citadel enforces a strict zero-tolerance policy regarding the unlawful manufacture, alteration, delivery, distribution, dispensing, possession, sale, or use of illegal drugs and drug paraphernalia, as well as the illegal use of alcohol on its property or during its activities. Any employee found in violation of local, state, or federal law, or the standards of conduct outlined in this ADAPP, will be subject to disciplinary action up to and including termination from employment. The choice of a sanction will vary based on the circumstances and severity of the offense.

Disciplinary actions may include but are not limited to:

- Verbal counseling by a supervisor.
- Documentation of the incident through a written warning.
- Issuance of a Performance Improvement Plan.
- A mandatory referral to the Employee Assistance Program (EAP) or similar program.

- · Suspension, with or without pay.
- Termination of employment.
- Non-renewal of a contract.
- Criminal prosecution, in accordance with local, state, and federal laws.

Disciplinary Sanctions for Visitors

The Citadel enforces a strict zero-tolerance policy regarding the unlawful manufacture, alteration, delivery, distribution, dispensing, possession, sale, or use of illegal drugs and drug paraphernalia, as well as the illegal use of alcohol on its property or during its activities. Any visitor found in violation of local, state, or federal laws, or the standards of conduct outlined in this ADAPP, will be subject to disciplinary action, including arrest, criminal prosecution, removal from campus, and/or prohibition from accessing The Citadel campus or its facilities.

LOCAL, STATE, AND FEDERAL LAWS AND SANCTIONS

City of Charleston

In Charleston, laws regarding controlled substances align with the statewide regulations outlined in the South Carolina Code of Laws (see Appendix B). Additionally, the city adheres to state guidelines concerning the sale, possession, and consumption of alcohol. Violations of drug or alcohol laws result in penalties that vary depending on the offense, severity, and prior convictions. Additional details can be found in Charleston's Code of Ordinances and in Appendix B.

South Carolina State Laws and Sanctions

The charts below provide general information. While the penalties for drug and alcohol offenses listed are largely accurate, they may vary depending on factors such as the quantity involved, intent, and prior convictions.

Chart 1: Sanctions for Violating Controlled Substance Laws in South Carolina					
Offense	Example of Controlled Substance	Penalty Type	Fine (Up to)	Jail Time (Up to)	
First Offense: Possession of Schedule I or II drugs	Heroin, LSD	Misdemeanor	\$5,000	2 years	
Second Offense: Possession of Schedule I or II drugs	Heroin, LSD	Felony	\$5,000	5 years	
Third or Subsequent Offense: Possession of Schedule I or II drugs	Heroin, LSD	Felony	\$10,000	5 years	
First Offense: Possession of Cocaine	Cocaine	Misdemeanor	\$5,000	3 years	

Second Offense: Possession of Cocaine	Cocaine	Felony	\$7,500	5 years
Third or Subsequent Offense: Possession of Cocaine	Cocaine	Felony	\$12,500	10 years
First Offense: Possession of Other Schedule I-V Substances (excluding marijuana and hashish)	Various	Misdemeanor	\$1,000	6 months
Second or Subsequent Offense: Possession of Other Schedule I-V Substances	Various	Misdemeanor	\$2,000	1 year
First Offense: Possession of Marijuana (≤28g) or Hashish (≤10g)	Marijuana, Hashish	Misdemeanor	\$200	30 days
Subsequent Offense: Possession of Marijuana or Hashish	Marijuana, Hashish	Misdemeanor	\$1,000	1 year
Manufacturing or Cultivating Drugs	Cocaine, Meth, Heroin, Marijuana	Felony	\$25,000	25 years (depending on drug type)
Trafficking Schedule I or II Drugs	Heroin, Cocaine, Methamphetamine, LSD	Felony	\$25,000 - \$200,000	25 years – Life
Trafficking Schedule III Drugs	Ketamine, Anabolic Steroids, Some Hydrocodone	Felony	\$25,000	5 – 10 years
Trafficking Schedule IV Drugs	Xanax, Ativan, Valium	Felony	\$25,000	3 – 10 years
Trafficking Schedule V Drugs	Lomotil, Motofen (Low-dose Codeine)	Felony	\$25,000	1 – 5 years
Distribution of Schedule I or II Drugs	Heroin, Cocaine, Methamphetamine	Felony	\$10,000	10 years
Distribution of Schedule III Drugs	Ketamine, Anabolic Steroids	Felony	\$10,000	5 years
Distribution of Schedule IV Drugs	Xanax, Ativan, Valium	Felony	\$10,000	3 – 5 years
Distribution of Schedule V Drugs	Lomotil, Motofen	Felony	\$10,000	1 – 3 years
Possession with Intent to Distribute Schedule I or II	Heroin, Cocaine, Methamphetamine	Felony	\$5,000	5 – 15 years
Possession with Intent to Distribute Schedule III	Ketamine, Anabolic Steroids	Felony	\$5,000	5 – 10 years
Possession with Intent to Distribute Schedule IV	Xanax, Ativan, Valium	Felony	\$5,000	3 – 5 years
Possession with Intent to Distribute Schedule V	Lomotil, Motofen	Felony	\$5,000	1 – 3 years
Possession of Schedule I or II Drugs	Heroin, LSD, Cocaine, Meth	Felony	\$5,000	2 – 25 years
Possession of Schedule III Drugs	Ketamine, Anabolic Steroids	Misdemeanor	\$1,000	6 months
Possession of Schedule IV Drugs	Xanax, Ativan, Valium	Misdemeanor	\$1,000	6 months
Possession of Schedule V Drugs	Lomotil, Motofen	Misdemeanor	\$1,000	6 months

Chart 2: Sanctions for Violating Alcohol Laws in South Carolina					
Offense	Penalty	Monetary Fines	Jail Time	Other Sanctions	
Public Consumption	Illegal in public places	Up to \$100	Up to 30 days	Repeat offenders face increased fines and jail time	

Open Container in Vehicle	Open container in a moving vehicle	Up to \$100	Up to 30 days	Repeat offenders face increased fines and jail time
Driving Under the Influence (DUI)	BAC of 0.08% or higher	First Offense: \$400	First-Offense: 48 hrs. to 30 days	License suspension: 6 months, ADSAP ² program, Ignition Interlock if BAC > 0.15%
Implied Consent (Refusal of BAC Test)	Refusal of breathalyzer or chemical test	None	None	License suspension: 6 months (first refusal), 9 months (subsequent refusal)
Second-Offense DUI	Driving with a BAC of 0.08% or higher	\$2,100 to \$5,100	5 days to 1 year	License suspension: 1 year, Ignition Interlock for 2 years, ADSAP
Third-Offense DUI	Driving with a BAC of 0.08% or higher	\$3,800 to \$6,300	60 days to 3 years	License suspension: 2 years or more, Ignition Interlock for 3 years, ADSAP
Underage Possession/Use of Alcohol	Illegal possession or consumption by individuals under 21	Up to \$200	Up to 30 days	Community service, driver's license suspension
Furnishing Alcohol to Minors	Providing alcohol to minors	Up to \$1100	Up to 30 days	Loss of liquor license for establishments selling to minors
Zero-Tolerance Law for Minors	Under 21 with BAC of 0.02% or higher	None	None	License suspension: 3 to 6 months

Federal Laws and Sanctions

The charts below were adapted from the DEA's chart on federal drug trafficking laws and sanctions, which is available by visiting, **DEA Drug Chart**.

	Chart 3: Sanctions	for Violating Fede	eral Drug Trafficki	ng Laws	
DRUG/SCHEDULE	QUANTITY	PENALTIES	QUANTITY	PENALTIES	
Cocaine (Schedule II)	500–4999 grams mixture	First Offense: Not less than 5 yrs,	5 kgs or more mixture	First Offense: Not less than 10 yrs,	
Cocaine Base (Schedule II)	28–279 grams mixture	rams mixture and not more than 40 yrs. If death or		and not more than life. If death or	
Fentanyl (Schedule II)	40–399 grams mixture	serious injury, not less than 20 or more than life. Fine of not more than \$5 million if an individual, \$25 million if not an individual. Second Offense:	400 grams or more mixture	serious injury, not less than 20 or more than life. Fine	
Fentanyl Analogue (Schedule I)	10–99 grams mixture		100 grams or more mixture	of not more than \$10 million if an	
Heroin (Schedule I)	100–999 grams mixture		The second secon	1 kg or more mixture	individual, \$50 million if not an
LSD (Schedule I)	1–9 grams mixture		10 grams or more mixture	individual. Second Offense:	
Methamphetamine (Schedule II)	5–49 grams pure or 50–499 grams mixture	Not less than 10 yrs, and not more than life. If death	50 grams or more pure or 500 grams or more mixture	Not less than 20 yrs, and not more than life. If death or	

² Information on South Carolina's "Alcohol and Drug Safety Action Program" (ADSAP) is available at https://www.daodas.sc.gov/services/treatment/dui-services/

PCP (Schedule II)	10–99 grams pure or 100–999 grams mixture	or serious injury, life imprisonment. Fine of not more than \$8 million if an individual, \$50 million if not an individual.	100 gm or more pure or 1 kg or more mixture	serious injury, life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.
				2 or More Prior Offenses: Life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.
Other Schedule I & II drugs (and any drug containing GHP)	Any amount	First Offense: Not more than 20 yrs. If death or serious injury, not less than 20 yrs, or more than life. Fine \$1 million if an individual, \$5 million if not an individual.		
		Second Offense: Not more than 30 yrs. If death or serious bodily injury, life in prison		
Flunitrazepam (Schedule IV)	1 gram	Imprisonment. Fine \$ individual.	52 million if an individual	, \$10 million if not an
Other Schedule III drugs	Any amount		ore than 10 years. If deat . Fine not more than \$50 individual.	
	0	The second secon	more than 20 yrs. If dea . Fine not more than \$1 dividual.	
All other Schedule IV drugs	Any amount	First Offense: Not more than 5 yrs. Fine not more than \$250,000 if an individual, \$1 million if not an individual.		
Flunitrazepam (Schedule IV)	Other than 1 gram or more	Second Offense: Not more than 10 yrs. Fine not more than \$500,000 if an individual, \$2 million if other than an individual.		
All Schedule V drugs	Any amount		ore than 1 yr. Fine not mo 30 if not an individual.	ore than \$100,000 if
			more than 4 yrs. Fine no 000 if not an individual.	t more than \$200,000

Chart 4: Sanctions for Violating Federal Marijuana Laws					
DRUG	QUANTITY	1st OFFENSE	2nd OFFENSE *		
Marijuana (Schedule I)	1,000 kg or more marijuana mixture; or 1,000 or more marijuana plants	Not less than 10 yrs. or more than life. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than life. Fine not more than \$10 million if an individual, \$50 million if other than an individual.	Not less than 20 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 million if an individual, \$75 million if other than an individual.		

Marijuana (Schedule I)	100 kg to 999 kg marijuana mixture; or > 100 marijuana plants	Not less than 5 yrs. or more than 40 yrs. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than \$5 million if an individual, \$25 million if other than an individual.	Not less than 10 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 million if an individual, \$75 million if other than an individual.
Marijuana (Schedule I)	More than 10 kgs of hashish; 50 to 99 kg marijuana mixture More than 1 kg of hashish oil; 50 to 99 marijuana plants	Not less than 20 yrs. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine \$1 million if an individual, \$5 million if other than an individual.	Not less than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if other than an individual.
Marijuana (Schedule I)	Less than 50 kilograms marijuana (but does not include 50 or more marijuana plants regardless of weight) marijuana plants;	Not less than 5 yrs. Fine not more than \$250,000, \$1 million if other than an individual	Not less than 10 yrs. Fine \$500,000 if an individual, \$2 million if other than individual
Hashish (Schedule I)	10 kg or less	Information not provided in DEA chart.	Information not provided in DEA chart.
Hashish Oil (Schedule I)	1 kg or less	Information not provided in DEA chart.	Information not provided in DEA chart.

^{*} The minimum sentence for a violation after two or more prior convictions for a felony drug offense have become final is a mandatory term of life imprisonment without release and a fine up to \$20 million for an individual and up to \$75 million if other than an individual.

Additional Fines, Penalties, and Sanctions

Forfeiture of Property

Under federal law, individuals convicted of drug-related crimes may have their personal property seized. This can include vehicles, money, and real estate used in connection with the illegal activity (21 U.S.C. § 853).

Federal Financial Aid Penalties for Drug Violations (20 U.S.C. § 1091(r))

Students convicted of drug offenses while receiving federal financial aid are subject to additional sanctions as follows:

- **First offense:** Ineligibility for federal student aid (including loans, grants, or work-study) for 1 year.
- Second offense: 2 years of ineligibility.
- Third offense: Indefinite ineligibility unless rehabilitative steps are taken.

ENFORCEMENT AND COMPLIANCE

Overview

Compliance with the ADAPP is essential for adhering to the DFSCA and maintaining a safe, supportive environment at The Citadel. By enforcing ADAPP standards, The Citadel demonstrates its commitment to the health and well-being of cadets, students, and employees.

The Citadel has standardized its processes for addressing standards of conduct violations. For example, violations can be reported in the following ways:

- Incident Reports: Cadets, students, and employees can report suspected violations of conduct through their appropriate chain of command.
- **Self-Reports:** Cadets, students, and employees can self-report their own misuse to access counseling and support. Self-reports are confidential and only reportable when required by law or policy.
- Anonymous Reporting: A confidential hotline, EthicsPoint, is available for anonymous reporting of conduct violations or concerns about inconsistent policy enforcement.
 Managed by a trusted third-party, EthicsPoint ensures anonymity and protects against retaliation. It can be accessed:
 - o Online: Make a report at www.citadel.ethicspoint.com
 - o Call: 1-855-280-8357 (toll free)

Responsibilities

The Department of Public Safety, Human Resources, the Provost, the Commandant of Cadets, cadet leadership, and many others collaborate to hold all campus community members accountable. This commitment protects the College's integrity and enhances the educational experience, allowing cadets and students to focus on academics in a drug and alcohol-free environment.

The responsibilities outlined below are not exhaustive and do not imply sole ownership of compliance and enforcement. There is considerable overlap in these areas, and all members of the campus community play a crucial role in ensuring adherence to the policies and regulations outlined in this ADAPP. The Citadel operates under the general guideline of "see something, say something."

Campus Police: The Department of Public Safety enforces local, state, and federal laws
on campus. This includes addressing criminal activities, conducting investigations, and
ensuring compliance with all legal statutes within the campus community.

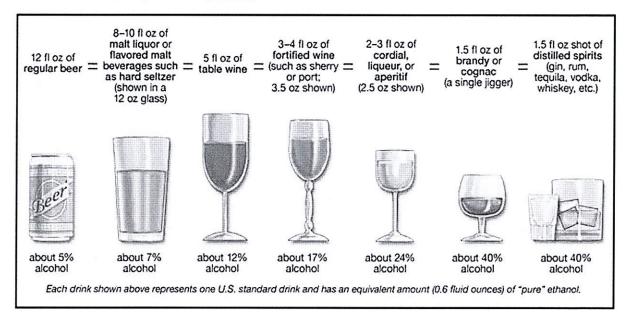
- Human Resources: Human Resources enforces policies related to employee conduct.
- Provost: The provost enforces policies concerning students.
- **Commandant of Cadets:** The Commandant of Cadets enforces policies specific to the South Carolina Corps of Cadets (SCCC).

HEALTH RISKS

Standard Drinks

According to the National Institute on Alcohol Abuse and Alcoholism (NIAAA), "..a 'standard drink' is defined as any beverage containing 0.6 fluid ounces or 14 grams of pure alcohol," (NIAAA).

The amount of alcohol in a drink is measured as a percentage known as alcohol by volume (ABV). Although the drinks pictured in the image below are different serving sizes, each contains approximately the same amount of pure alcohol (.6 fluid ounces) and counts as *one standard drink* (image source: NIAAA).



Drug Schedules

The Controlled Substances Act (CSA) categorizes regulated substances into five schedules based on their medical use, potential for abuse, and safety. The chart below summarizes the key parts of the CSA drug schedule (adapted from the <u>Congressional Research Service (CRS) Report</u>, 2023).

Chart 5: Drug Schedules						
Schedule	Abuse Potential	Medical Use	Safety	Examples		
Schedule I	High	Not currently accepted	Lack of accepted safety for use of the substance	Ecstasy, Heroin, LSD, Marijuana, Methaqualone, Peyote		
Schedule II	High	Currently accepted	Misuse may lead to substance use disorder (SUD)	Adderall, Cocaine (limited medical use), Demerol, Dexedrine, Dilaudid, Fentanyl, Methadone, Oxycodone, Ritalin		
Schedule III	Moderate	Currently accepted	Misuse may lead to SUD but less risk than Schedule II	Anabolic Steroids, Ketamine, Tylenol with Codeine		
Schedule IV	Low relative to those in Schedule III	Currently accepted	Misuse may lead to SUD but less risk than Schedule III	Ambien, Ativan, Darvocet, Darvon, Tramadol, Valium, Xanax		
Schedule V	Low relative to those in Schedule IV	Currently accepted	Misuse may lead to SUD but less risk than Schedule IV	Robitussin AC, Lomotil, Lyrica, Motofen, Parepectolin		

Health Risks of Commonly Misused Drugs

The chart below summarizes the health risks of the most misused drugs (adapted from *National Institute on Drug Abuse*).

Chart 6: Health Risks of Commonly Misused Drugs						
Name of Drug	Street Names	How it is Administered	Short-Term Health Risks	Long-Term Health Risks		
CANNABINOIDS						
Cannabinoids	Weed, Pot, Grass, Mary Jane	Inhalation (includes smoking or vaping), edibles, oils	Altered perception, anxiety, increased heart rate, dry mouth	Memory impairment, respiratory issues, mental health disorders, SUD		
Hashish	Hash, Hash Oil, Concentrate	Inhalation, edibles, oils	Altered mental state, increased heart rate	Respiratory issues, dependence, mental health disorders, SUD		
Marijuana	Pot, Weed, Grass, Mary Jane	Inhalation, edibles, oils	Short-term memory loss, altered senses, impaired coordination	Long-term cognitive impairment, mental health issues, SUD		
CLUB DRUGS						
MDMA	Ecstasy, Molly, Adam	Ingestion (tablets or capsules)	Increased heart rate, nausea, anxiety, euphoria	Long-term memory issues, serotonin depletion, emotional problems		
GHB	Liquid Ecstasy, G, Georgia Home Boy	Ingestion (liquid or powder)	Drowsiness, nausea, dizziness, impaired motor function	Withdrawal, memory issues, SUD		

Chart 6: Health Risks of Commonly Misused Drugs						
Name of Drug	Street Names	How it is Administered	Short-Term Health Risks	Long-Term Health Risks		
Ketamine	Special K, Vitamin K, or just "K"	Inhalation, injection, oral	Hallucinations, dissociation, increased heart rate	Bladder damage, cognitive impairment, SUD		
DEPRESSANTS						
Alcohol	Booze, Drink, Brews, Hooch	Ingestion (liquid)	Impaired judgment, coordination issues, slurred speech	Liver disease, mental health issues, heart disease, SUD		
Benzodiazepines	Benzos, Downers, Tranks	Ingestion (tablets or liquid)	Drowsiness, confusion, dizziness	Withdrawal, memory impairment, overdose risk, SUD		
DISSOCIATIVES						
Dextromethorphan	DXM, Robo, Triple C	Ingestion (liquid or capsules)	Dizziness, confusion, nausea	Cognitive deficits, SUD		
PCP	Angel Dust, Peace Pill	Inhalation, ingestion, injection	Hallucinations, agitation, numbness, disorientation	Long-term psychological issues, memory problems, SUD		
HALLUCINOGENS						
LSD	Acid, Lucy, Blotter	Ingestion (blotter paper, liquid)	Hallucinations, anxiety, altered perception	Persistent changes in perception, potential for anxiety disorders		
Mescaline	Peyote, Mescal, Buttons	Ingestion (cactus, powder)	Nausea, hallucinations, altered perception	Long-term psychological effects, SUD		
Psilocybin	Magic Mushrooms, Shrooms	Ingestion (raw, dried, capsules)	Hallucinations, nausea, altered perception	Potential for psychological distress, long-term changes in mood		
OPIOIDS/NARCOTICS						
Fentanyl	Apache, China Girl, Jackpot, Goodfellas	Ingestion (patch, injection, pill)	Respiratory depression, sedation, confusion	High risk of overdose, chronic respiratory issues, SUD		
Heroin	H, Smack, Junk	Injection, inhalation, ingestion	Euphoria, respiratory depression, nausea	Infectious diseases (from injections), organ damage, SUD		
Opioid Pain Relievers	Oxy, Percs, Vikes	Ingestion (tablets, capsules)	Euphoria, drowsiness, constipation	Overdose risk, long-term cognitive effects, SUD		
Opium	Morphine, Paregoric	Ingestion (smoking, pills)	Euphoria, drowsiness, respiratory depression	Chronic pain issues, organ damage, SUD		
STIMULANTS						
Amphetamine	Speed, Ice, Uppers	Ingestion (tablets, capsules, inhalation)	Increased heart rate, anxiety, insomnia	Cardiovascular issues, mental health disorders, SUD		
Cocaine		Snorting, injection, smoking	Euphoria, increased energy, anxiety, paranoia	Cardiovascular issues, respiratory problems, SUD		
Methamphetamine	Meth, Crystal, Ice	Inhalation, injection, ingestion	Euphoria, increased energy, anxiety, paranoia	Severe dental issues, skin sores, cognitive decline, SUD		
Nicotine	Cigs, Smokes, Chew, Dip	Inhalation (smoking), chewing, vaping	Increased heart rate, nausea, dizziness	Lung cancer, cardiovascular disease, SUD		

Chart 6: Health Risks of Commonly Misused Drugs				
Name of Drug	Street Names	How it is Administered	Short-Term Health Risks	Long-Term Health Risks
OTHER COMPOUNDS				
Anabolic Steroids	Roids, Juice	Ingestion (pills, injections)	Mood swings, aggression, liver damage	Hormonal imbalances, cardiovascular issues, liver damage
Inhalants	Whippets, Huffs, Bolt, Bullet,	Inhalation (sprays, glues, gases)	Dizziness, nausea, hallucinations	Organ damage, cognitive impairment, potential for sudden death

ALCOHOL AND OTHER DRUG RESOURCES

Prevention Programs Available on Campus

The Citadel uses a multi-faceted approach to alcohol and drug misuse prevention, coordinated through the Campus Alcohol and Drug Information Center (CADIC). CADIC works with various campus departments, including but not limited to Academic and Student Affairs, Counseling Services, Human Resources, Office of Standards and Discipline, Public Safety, Teach, Advise, and Coach (TAC) personnel, cadet leadership, and the Human Affairs (HA) peer health education team.

With this team approach, The Citadel can offer primary, secondary, and tertiary prevention services and programs to the campus community, as outlined below.

Alcohol Skills Training Program (ASTP)

- Format: Small group.
- Level of Prevention: Secondary.
- Type of Prevention: Selective or indicated.
- What: A program that provides information on alcohol misuse, along with exercises and training
 designed to help individuals identify personal drinking cues, develop alcohol refusal skills, and
 manage stress effectively.

Alcohol Wise and Alcohol Wise 21+

- Format: Online.
- Level of Prevention: Primary.
- Type of Prevention: Universal.
- What: An interactive, online course aimed at helping college students make responsible decisions about alcohol use, reduce high-risk drinking, and understand the effects of alcohol on health and academic success.

Alcoholics Anonymous Meetings

- Format: Small group.
- Level of Prevention: Tertiary.
- Type of Prevention: Indicated.
- What: A community-based organization for individuals recovering from an alcohol use disorder, providing a 12-step program to support members in achieving and maintaining sobriety.
 Meetings emphasize peer support and personal accountability through sharing and fellowship.

Brief Alcohol Screening and Intervention

- Format: Individual.
- Level of Prevention: Secondary.
- Type of Prevention: Selective or indicated.
- What: A program designed to assess risk factors, develop a risk-reduction plan, and increase motivation for behavior change.

Brief Cannabis Screening and Intervention

- Format: Individual.
- Level of Prevention: Secondary.
- Type of Prevention: Selective or indicated.
- What: A program designed to assess risk factors, develop a risk-reduction plan, and increase motivation for behavior change.

Brief Tobacco Screening and Intervention

- Format: Individual.
- Level of Prevention: Secondary.
- Type of Prevention: Selective or indicated.
- What: A program designed to assess risk factors, develop a risk-reduction or cessation plan, and increase motivation for behavior change. This program incorporates material from the American Cancer Society's "Fresh Start" program.

CADIC 101 (Formerly called "About CADIC")

- Format: Small or large group.
- Level of Prevention: Primary.
- Type of Prevention: Universal.
- What: An overview of CADIC services and essential prevention guidelines.

CADIC Support Group (Group) – Expected Fall 2025

- Format: Small group.
- Level of Prevention: Tertiary.
- Type of Prevention: Indicated.
- What: A peer support group for cadets and students that provides a safe space to share experiences, build resilience, and learn healthy coping strategies.

CHOICES for Alcohol

- Format: Small group.
- · Level of Prevention: Primary or secondary.
- Type of Prevention: Universal or selective.
- What: An alcohol misuse prevention program that emphasizes self-reflection and uses journaling and group discussions to develop risk-reduction strategies

CHOICES for Cannabis

- Format: Small group.
- Level of Prevention: Primary or secondary.
- Type of Prevention: Universal or selective.
- What: A cannabis misuse prevention program that emphasizes self-reflection and uses journaling and group discussions to develop risk-reduction strategies.

e-Checkup for Alcohol

- Format: Online (Individually or in classroom).
- <u>Level of Prevention:</u> Secondary.
- Type of Prevention: Mostly selective or indicated; sometimes universal.
- What: An online self-assessment that provides insight into a person's risk factors for developing
 an alcohol use disorder (AUD) and offers information on protective factors to reduce those risks.
 It is meant to be completed independently and then reviewed with a prevention professional.

e-Checkup for Cannabis

- Format: Online.
- Level of Prevention: Secondary.
- Type of Prevention: Selective or indicated.
- What: An online self-assessment that provides insight into a person's risk factors for developing a cannabis use disorder (CUD) and offers information on protective factors to reduce those risks. It is meant to be completed independently and then reviewed with a prevention professional.

e-Checkup for Tobacco

- Format: Online.
- Level of Prevention: Secondary.
- Type of Prevention: Selective or indicated.
- What: An online self-assessment that provides insight into a person's risk factors for developing an tobacco use disorder (TUD) and offers information on protective factors to reduce those risks. It is meant to be completed independently and then reviewed with a prevention professional.

Employee Assistance Program (EAP)

- <u>Format:</u> Individual.
- Level of Prevention: Secondary or tertiary.
- Type of Prevention: Selective or indicated.
- What: Provides personalized substance misuse and mental health services based on clinical
 assessments and individual needs. The EAP is available to employees through Human Resources.
 Employees can also access counseling and treatment services through their insurance provider
 under the South Carolina Public Employee Benefit Authority (SC-PEBA).

MyPrime

- · Format: Online.
- Level of Prevention: Primary or secondary.
- Type of Prevention: Universal or selective.
- What: A self-paced intervention designed to help individuals assess their alcohol and drugrelated behaviors, reflect on their risks, and develop strategies for healthier choices.

Prime for Life

- Format: Small group.
- Level of Prevention: Secondary.
- Type of Prevention: Selective or indicated.
- What: An evidence-based prevention, intervention, and pretreatment program designed for individuals who make high-risk alcohol and other drug choices.

Referrals

- Format: Individual.
- Level of Prevention: Tertiary.
- Type of Prevention: Indicated.
- What: Referrals to community-based treatment centers, pretreatment centers, outpatient centers, and/or psychiatrists or psychotherapists who specialize in SUD and addiction medicine.

Rethinking Drinking.

- Format: Small group.
- <u>Level of Prevention:</u> Secondary.
- Type of Prevention: Selective.
- What: A program developed by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), used primarily with adults who want to reduce their alcohol use.

SASSI – Substance Abuse Subtle Screening Inventory:

- Format: Online.
- Level of Prevention: Secondary or tertiary.
- Type of Prevention: Selective or indicated.
- What: An online screening instrument designed to assess the risk of a substance use disorder (SUD).

Smart Recovery – Expected Fall 2025

- Format: Small group.
- Level of Prevention: Tertiary.
- Type of Prevention: Indicated.
- What: An alternative to Alcoholics Anonymous, **SMART Recovery** is a science-based, secular program that supports individuals in managing addictive behaviors through self-empowerment and problem-solving techniques. The program emphasizes building motivation, coping with cravings, and developing personal responsibility, without requiring belief in a higher power.

TIPS – Training for Intervention Procedures

- Format: Small group.
- Level of Prevention: Primary or secondary.
- Type of Prevention: Universal or selective.
- What: A skill-based program to prevent alcohol-related incidents and to intervene in high-risk situations.

Under the Influence

- Format: Online.
- Level of Prevention: Secondary.
- Type of Prevention: Selective or indicated.
- What: An online alcohol intervention course designed for those who have violated alcohol-related laws or college policies.

Resources Available on Campus

Alcoholics Anonymous

- Target Audience: Open to anyone on campus or in the community.
- <u>Services</u>: Open AA meetings are held on The Citadel campus every Wednesday evening from 6:30 pm to 7:30 pm.
- Location: Mark Clark Hall, Rm. 350 (Catholic Lounge).
- Website: Tricounty Intergroup Office

Campus Alcohol and Drug Information Center (CADIC)

- Target Audience: Currently enrolled cadets, students, and alumni.
- <u>Services</u>: Substance misuse education and intervention.
- Location: Mark Clark Hall, Room 217 (above Starbucks).
- Contact: 843-953-0510.
- Website: www.citadel.edu/cadic

Counseling Services at MUSC

- Target Audience: Currently enrolled cadets and students.
- Services: Mental health counseling.
- Location: 9 Hammond Ave, Charleston, SC, 29409.
- Contact: 843-953-4827.
- Website: https://www.citadel.edu/infirmary/counseling-services/

Employee Assistance Program (EPA)

- Target Audience: Employees.
- <u>Services</u>: Short-term counseling and some free legal services.
- Contact: https://vimeo.com/454811845

Medical Services at MUSC

- Target Audience: Currently enrolled cadets and students.
- Services: Acute and urgent medical care.
- Location: 9 Hammond Ave, Charleston, SC, 29409.
- Contact: 843-953-4827.
- Website: https://www.citadel.edu/infirmary/

Telehealth Services

- <u>Target Audience</u>: Currently enrolled cadets and students.
- Services: Mental health services.
- Contact: 800-633-3353.
- Website: www.mygroup.com/portal/student

Resources Available in the Charleston Area

Below is a list of alcohol and other drug resources within twenty miles of downtown Charleston that offer a range of services, from inpatient and outpatient programs to specialized addiction treatment and mental health support.

Barrier Island Psychiatry

- <u>Services</u>: Psychiatric assessments, medication management, individual and group therapy, addiction treatment (including suboxone), detox programs for alcohol and drugs, and various therapeutic modalities such as Cognitive Behavioral Therapy (CBT) and Trauma-Focused Therapy.
- Location: Charleston, SC 29407.
- Contact: (843) 556-8177.
- Website: barrierislandspsychiatry.com

Center for Behavioral Health – North Charleston

- <u>Services</u>: Specializes in medication-assisted treatments for opioid addiction, offering methadone and suboxone. Additional services include individual and group counseling, assessments, and aftercare.
- Location: North Charleston, SC.
- Phone: (843) 529-0700.
- <u>Website</u>: https://www.bhgrecovery.com/locations/charleston

Charleston Center

- <u>Services</u>: Offers comprehensive inpatient and outpatient services, including detoxification, counseling, and programs for co-occurring substance use and mental health disorders.
- Location: Charleston, SC.
- Contact: (843) 958-3300.
- Website: https://charlestoncounty.org/departments/charleston-center/

Dorchester Alcohol and Drug Commission

- <u>Services</u>: Provides outpatient and intensive outpatient services, with specialized programs for co-occurring substance use and mental health disorders and court-related interventions.
- Location: Summerville, SC.
- <u>Contact</u>: (843) 871-4790.
- Website: dadc.org

Ernest E. Kennedy Center

- <u>Services</u>: Provides outpatient and intensive outpatient options, with specialties in substance abuse prevention and co-occurring substance use and mental health disorders.
- Location: Moncks Corner, SC.
- <u>Contact</u>: (843) 761-8272.
- Website: ekcenter.org

Lantana Recovery

- <u>Services</u>: Focuses on outpatient treatment with holistic therapy options and medication-assisted treatment (MAT).
- Location: Mt. Pleasant, SC.
- Contact: (843) 904-8126.
- Website: lantanarecovery.com

MUSC Center for Drug and Alcohol Programs (CDAP)

- <u>Services</u>: Provides comprehensive inpatient and outpatient substance abuse treatment, including counseling, medication-assisted treatment, and group therapy.
- Location: Charleston, SC 29425.
- Contact: (843) 792-5200 or (843) 792-1414.
- Website: https://muschealth.org/medical-services/psychiatry/cdap

South Carolina Department of Alcohol and Other Drug Abuse Services (DAODAS)

- <u>Services</u>: Is a centralized resource for finding local counseling and treatment services across South Carolina, including in the Charleston area.
- Phone: (803) 896-5555.
- Website: DAODAS

Alcoholic Anonymous Meetings in the Charleston Area

Below is a list of Alcoholics Anonymous meetings within twenty miles of downtown Charleston that include open meetings, closed meetings, and those aimed at young people.

Charleston's Young People's Meeting

- Services: Open meeting, Saturday at 8:00 pm.
- Location: 57 Pitt St, Charleston, SC 29401.
- Website: https://sober.com/aa-meeting/charleston-young-peoples-meeting/

Daniel Island in the Morning (Daniel Island)

- Services: Closed meeting, Tuesday at 7:30 am.
- Location: 294 Seven Farms Dr, Daniel Island, SC 29492.
- Website: https://www.area62.org/groups.php?group=710144

Grace Group (Mostly Young People)

- Services: Open meeting, Friday at 9:00 pm and Sunday at 7:00 pm.
- Location: 98 Wentworth St, Charleston SC 29401.
- Website: https://www.area62.org/groups.php?group=703250

High Noon (Mount Pleasant)

- <u>Services</u>: Open meeting, daily at noon.
- Location: 604 Pitt St, Mount Pleasant, SC 29464.
- Website: https://www.area62.org/groups.php?group=175423

Old Central (Downtown Charleston)

- Services: Open meeting, daily at 12:30 pm and 5:30 pm.
- Location: 694 King St, Charleston, SC 29403.
- Website: https://www.area62.org/groups.php?group=112417

Step-Up Club (Summerville)

- <u>Services</u>: Offers both open and closed meetings throughout the week, including sessions for newcomers.
- Location: 171 Old Parsonage Rd, Summerville, SC.
- Website: https://www.area62.org/groups.php?group=112481

West Ashley LGBTQ Meeting (West Ashley)

- Services: LGBTQ-friendly open meeting, Tuesday at 7:30 pm.
- Location: 1531 Evergreen St, Charleston, SC 29407.
- <u>Website:</u> https://www.area62.org/groups.php?group=112421

For more detailed schedules, meeting formats, or additional specialized groups, contact the **Tri-County Intergroup Office** in North Charleston at (843) 554-2998 or visit their website at **Tricounty Intergroup Office**.

Narcotics Anonymous Meetings in the Charleston Area

Narcotics Anonymous (NA) is a global, community-based organization for individuals recovering from drug addiction. It provides a 12-step program like Alcoholics Anonymous (AA) to support members in achieving and maintaining sobriety. NA meetings are open to anyone with a desire to stop using drugs and emphasizes peer support and personal accountability through group meetings and fellowship.

Below is a list of Narcotics Anonymous meetings within twenty miles of downtown Charleston that include open and closed meetings.

Grassroots Group

- <u>Services</u>: Hybrid (In-person and online options available), Friday at 8:00 PM.
- Location: 2105 Cosgrove Ave, North Charleston, SC 29405.
- Website: https://www.narcotics.com/na-meeting/cherokee-united-methodist-church/

Moving On Group

- Services: Open meeting, Tuesday at 6:30 PM.
- Location: 1648 Heirs Corner Rd, Walterboro, SC 29488.
- Website: https://www.narcotics.com/na-meeting/moving-group/

Primary Purpose Group

- <u>Services</u>: Open meeting, Tuesday at 9:00 AM.
- Location: 4761 Luella St, North Charleston, SC 29405.
- Website: https://www.narcotics.com/na-meeting/royal-missionary-baptist-church/

Spiritual Gangsters Group

- Services: Open meeting, Thursday at 8:00 PM.
- Location: 1540 Camp Rd, Charleston, SC 29412.
- Website: https://www.narcotics.com/na-meeting/spiritual-gangsters-group-camp-road/

For more detailed schedules, meeting formats, or additional specialized groups, visit the South Coastal Area of Narcotics Anonymous website @ https://www.southcoastalna.org/meetings/or the meeting finder @ Narcotics.com.

Al-Anon Meetings in the Charleston Area

Al-Anon is a support group for individuals whose lives have been affected by someone else's drinking. Based on the principles of Alcoholics Anonymous, it offers a safe, supportive environment where family members, friends, and others impacted by a loved one's alcohol use can share experiences and find emotional support.

Below is a list of Al-Anon meetings within twenty miles of downtown Charleston that include open and closed meetings.

Downtown Al-Anon Family Groups (AFG)

- Time: Sunday at 7:00 PM.
- Location: Grace Episcopal Church, 98 Wentworth St, Charleston, SC 29412.

Friday Night Hope AFG

- <u>Time</u>: Friday at 6:30 PM.
- Location: Christ Episcopal Church, 2304 Highway 17N, Mt. Pleasant, SC 29464.

Gratitude AFG

- Time: Wednesday at 7:30 PM.
- Location: Holy Trinity Episcopal Church, 95 Folly Rd, Charleston, SC 29407.

Old Central AFG Beginner's Meeting

- <u>Time</u>: Thursday at 11:30 AM.
- Location: St. John's Lutheran Church, 5 Clifford St, Charleston, SC 29402.

Serenity AFG

- Time: Monday at 7:00 PM.
- Location: Cokesbury United Methodist Church, 4990 Dorchester Rd, North Charleston, SC 29418.

West Ashley Parent Group AFG

- <u>Time</u>: Monday at 7:00 PM.
- <u>Location</u>: Charleston Baptist Church, 13 San Miguel Rd, Charleston, SC 29407.

For more detailed schedules, meeting formats, or additional specialized groups, visit the Al-Anon South Carolina website at **Al-Anon SC**.

Al-Ateen Meetings in the Charleston Area

Al-Ateen is a branch of Al-Anon for teenagers affected by someone else's drinking. It offers peer support and coping tools for young people.

Below is a list of Al-Ateen meetings within twenty miles of downtown Charleston that include open and closed meetings.

Moncks Corner Al-Ateen

- Time: Monday at 8:00 PM.
- Location: Saint Michael's Lutheran Church, 321 W Main St, Moncks Corner, SC 29461.

Pat of Serenity Al-Ateen

- <u>Time</u>: Tuesday at 8:00 PM.
- <u>Location</u>: Mt. Pleasant Presbyterian Church, Grace Hall (Basement), 302 Hibben St. Mt. Pleasant 29464.

Together We Can Make It Al-Ateen

- Time: Monday at 7:00 PM.
- Location: Summerville Seventh Day Adventist Church, 520 Gahagan Rd, Summerville, SC 29485.

For more detailed schedules, meeting formats, or additional specialized groups, visit the Al-Anon South Carolina website at Al-Anon SC.

APPENDICES

Appendix A: Contact Information for the ADAPP

Appendix B: Links to Campus Policies and State and Federal Laws

Appendix C: Links to National Resources

Appendix A: Contact Information for the ADAPP

For inquiries regarding this ADAPP, contact the Director of the Campus Alcohol and Drug Information Center (CADIC):

Kevin M. Modglin, MA, MPH Director, CADIC

THE CITADEL

Mark Clark Hall, Room 217 171 Moultrie St. Charleston, SC 29409 843-954-0510 kmodglin@citadel.edu

Appendix B: Links to Campus Policies and State and Federal Laws

The ADAPP incorporates content from the following Citadel documents and policies:

- Alcohol and Other Drugs Policy
- Blue Book
- College Regulations
- Memo 3-107, Regulations for Students
- Memo 6-404, Use of Citadel Facilities
- The Citadel Drug-Free Work Policy

The ADAPP incorporates content from the following City of Charleston policies:

Charleston's Code of Ordinances

The ADAPP incorporates content from the following South Carolina policies:

- S.C. Code Ann. 41-1-15
- S.C. Code Ann. 44-53-110
- S.C. Code Ann. 61-1-10
- S.C. Code Ann. 61-4-50, -60, -90
- S.C., Code Ann 61-6-4070, -4075, -4080
- S.C. Code Ann. 63-19-2440

The ADAPP incorporates content from the following federal policies and laws:

- 21 USC Section 812
- Controlled Substances Act (CSA): 21 U.S.C. §§ 801-971
- Part 86 of the Drug-Free Schools and Campuses Regulations
- The Drug Free Workplace Act of 1988, 41 U.S.C. 701
- The Drug Free Workplace Act of 1988, 41 U.S.C. 702

Appendix C: Links to National Resources

Above the Influence

Al-Anon/Al-Ateen Family Groups

Alcoholics Anonymous

American College Health Association (ACHA)

American Society of Addiction Medicine (ASAM)

Campus Drug Prevention

Centers for Disease Control and Prevention (CDC)

College/AIM - Alcohol Intervention Matrix

Drug Enforcement Agency (DEA)

FindTreatment.gov

Foundation for Advancing Alcohol Responsibility

Get Smart About Drugs

Gordie Center (Alcohol Misuse Prevention)

Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery

Narcotics Anonymous

National Center for Safe Supportive Learning Environments

National Institute on Alcohol Abuse and Alcoholism (NIAAA)

National Institute on Drug Abuse (NIDA)

National Prevention Network (NPN)

Office of National Drug Control Policy (ONDCP)

Partnership to End Addiction

Rethinking Drinking (NIAAA Resource)

Substance Abuse and Mental Health Services Administration (SAMHSA)

Truth Initiative (Youth Tobacco Prevention)