ADVISING SUMMIT 2025: BREAK-OUT PRESENTATION ABSTRACTS

THE ROLE OF THE CADET ACADEMIC TEAM

C/1LT VICTORIA SNOOK, C/MAJOR SARAH FINK

Led by current cadet academic officers and NCOs, this session will review the role and mission of cadet academic team members working in each unit. In addition, presenters will discuss ways in which cadet academic team members can support faculty or staff advisors, as well as ways advisors can support the work of the academic teams. A brief question and answer period will follow the presentation.

"THE DRAMA TRIANGLE" - USING AN EMPOWERING ACADEMIC COACHING HABIT WITH STUDENTS ELIZABETH QUARLES

Coaching students through difficult situations can feel dysfunctional and repetitive. Often, we might find ourselves persecuting a student for making a poor decision or rescuing the student and fixing the problem ourselves rather than empowering the student to solve the problem. Dr. Stephan Karpman addresses this conundrum in his research on "The Drama Triangle," the typical roles advisees and advisors fall into, and how to avoid them. My presentation will outline "The Drama Triangle" and the practices required for the perfect student advising appointment. My major takeaway will focus on empowering the student to problem solve and learn self-reliance under the guidance of an advisor.

RESOURCES AND TRAINING FOR FACULTY ADVISORS AT THE CITADEL EMILY CARVER, JOHN EGAN, KWANGHO PARK, ANDREW ZUTELL

This presentation will outline our committee's journey to identify and fill gaps in training and resource needs for faculty advisors at The Citadel. Through previous QEP work, focus groups, and conversations on campus, a clear need for central advisement training and a resource hub has been established. Additionally, we will explore the specific advisement training and resource gaps identified. The presentation will conclude with a review of the training course currently under development for faculty advisement. The learning objectives for this course include: 1) Identify the essential functions of advising; 2) Locate appropriate campus resources and points of contact based on student needs; 3) Recognize the unique advising needs of specific student populations; 4) Apply essential tools and resources to advising situations to meet diverse student needs. Attendees will learn about this training resource and identify their own advisement resource gap.

IMPACTFUL ADVISING PRACTICES ELIZABETH QUARLES, STEPH ELDRIDGE

We aim to support all cadets to thrive rather than just survive at The Citadel. Experiencing The Citadel as an underserved cadet presents unique challenges in navigating the sociocultural landscape of cadet life. Although underserved cadets are not the majority of the student population, knowledge of affirming practices supports all students in fostering belonging. Supportive social environments reduce risk of negative mental health outcomes, harassment, and violence. In this presentation, we will begin by sharing representational cadet stories. After this, we will review mental health statistics and affirming practices that can be applied to all students. The purpose of this presentation is to provide attendees with a list of impactful practices that can guide their approach to advising all cadets.

BRIDGING THE CAMPUS TO THE WORLD: A STUDENT ADVENTURE OF PERSONAL & ACADEMIC GROWTH

ZANE SEGLE

The Center for International and Special Programs truly takes a holistic approach to advising. Our office works as a bridge to fill the gap between our partner universities abroad and individual academic advisors. We work as liaisons to identify suitable study abroad programs and align them with department standards. We provide tailored guidance to students, addressing their academic capabilities, liaising with academic advisors, ensuring academic progress, and working closely with administrative offices and department heads. We seek to empower students to engage confidently at every level of this process, fostering both personal and academic growth.

CANVAS NEW ANALYTICS EMILY CARVER

Canvas New Analytics is a powerful tool that provides instructors with valuable insights into student engagement and performance. By tracking various metrics such as grades, assignments, course activity, and last day of participation, instructors can better understand how students interact with the course material and where they may need additional support. Canvas New Analytics can be a valuable resource for identifying students who may be struggling academically. By analyzing student data, instructors can proactively reach out to students who are falling behind and offer guidance and support. Canvas New Analytics is a valuable tool that can help instructors improve student success by providing the data and insights needed to support students effectively.

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SUPPORTING FACULTY ADVISORS OF GRADUATE PROGRAMS STEPH ELDRIDGE

Graduate Programs at The Citadel typically have a dedicated course sequence with a small amount of flexibility in course options. For this reason, students and faculty alike may place less importance on advising, which is not considered mandatory at the graduate level. When advising does occur, most time is spent identifying which classes the student should take in upcoming semesters. This allows less time to be dedicated to ensuring students meet other academic, professional, and dispositional milestones. This presentation establishes the importance of holistic graduate advising and offers a support tool for faculty advisors. The key takeaway from this presentation is a model for creating programmatic advising maps that orient faculty advisors to key advising intervention points throughout their program. The creation of such maps could create consistency in advising across each program and support faculty's ability to advise above and beyond the program of study.

THE ROLE OF THE CADET ACADEMIC TEAM

C/1LT AARON HOUSTON, C/1LT STEVEN RHETT KIRBY

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SERVICE LEARNING, LDRS-211, LDRS-311, AND LDRS-411 CHRISTINA ARNOLD, MATT MORAND, TARA JOSBERGER

The Krause Center leads Service Learning for Freshmen, the LDRS-211 Sophomore Seminar Service-Learning Lab, LDRS-311 Junior Ethics Enrichment Seminars, and LDRS-411 Senior Leadership Integration Seminars. These are all a part of the process to deliberately develop cadets into Principled Leaders in all walks of life by instilling the core values of The Citadel in a disciplined and intellectually challenging environment.

DEVELOPING OTHERS THROUGH THE DEVELOPMENT OF SELFKEVIN ADCOCK

In pursuing effective and meaningful advising with the ultimate goal of producing principled leaders in all walks of life, advisors must continue to model discipline in various forms, welcome intellectual challenge and growth, and project comfort in being themselves. It is imperative that we continue to develop and demand the best of – but also nurture – ourselves and each other so that we are individually and collectively in a healthier mindset to provide a solid baseline for advising others. Modeling authenticity, empathy, engagement, self-care, and self-improvement is essential to teaching, advising, and coaching others to follow suit. This presentation will share many ideas and best practices from the NACADA 2025 Conference in Pittsburgh, PA.

INTEGRATING ACADEMIC AND CAREER ADVISING: APPROACHES FOR EQUIPPING STUDENTS FOR FUTURE PROFESSIONAL SUCCESS

JENNIFER CLEVELAND

As the job market and higher education landscape evolve, a collaborative, cross-campus approach to career development has become increasingly essential. This session examines academic advisors' vital role in career development and provides strategies for effectively supporting students in crafting personalized career pathways. Emphasizing the integration of on-campus and off-campus partnerships, experiential learning opportunities, and academic projects, the session will highlight approaches to help students build career confidence, navigate their unique career trajectories, and thrive in a competitive job market.

BUILDING A CULTURE OF SUCCESS: HOW ASSESSMENT CAN HELP KARIN ROOF

Advising can be an integral component to student success; but how do we know if students get what they need from the advising experience? Developing a culture of success driven by evidence-based assessment can lead to improved practices and increased student satisfaction. In this session you will learn The Citadel's mission and vision for advising, how assessment plays a role in driving us toward that vision, and how everyone contributes to our success.

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BEST PRACTICES OF STUDENT-ATHLETE ADVISING IAKE LEHR

The Athletic Programs Team in the Student Success Center will be presenting on best practices of student-athlete advising. The Athletic program in the Student Success Center focuses on maintaining NCAA eligibility, monitoring APR, and fostering academic excellence for all 14 Varsity teams and 312 student-athletes in our athletic department. Staff executes this mission through periodic meetings with Freshmen and At-Risk student-athletes and class pre-advising. Regular evening study hall, required study hall hours, and connection with specialized academic resources (Writing Lab, Math Lab, Tutoring, etc.) are also crucial.

THE ROLE OF THE CADET ACADEMIC TEAM

C/SFC MEREDITH REED, C/LTC NATALIE MULLEN

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ADVISING FOR MINORS: HOW TO PLAY WELL WITH OTHERS TIFFANY SILVERMAN

Often a complement to a student's main field of study, a minor allows the exploration and documentation of a secondary interest. However, there are many misconceptions among students and advisors about how to add a minor without necessarily adding more courses to graduation requirements. Best practices include assessment of existing electives, mapping course offerings, and mastering the double and triple dip.

ARE YOU NEW HERE? ADDRESSING TRANSFER SHOCK IN THE SCHOOL OF ENGINEERING ABIGAIL GIORDANO

In this presentation, I will showcase how the School of Engineering engages with transfer students to help them more adequately integrate themselves into our campus culture. I will discuss what the three undergraduate engineering departments currently do (i.e., advising meetings before starting at The Citadel Campus, introducing them to Citadel faculty early in their academic career) and what goals I am working towards implementing in the next semester or academic year. Currently, I would like to present my ideas for planning transfer student socials and creating informational videos to explain the purposes of certain offices on campus. The overall goal of this presentation is to show our success with our transfer student population while also highlighting what we can work towards in the future.

REBUILDING SUCCESS: EFFECTIVE STRATEGIES FOR GUIDING STUDENTS IN ACADEMIC DIFFICULTY STEPHANIE FYE. TAY THOMPSON

This presentation will provide effective strategies for supporting students in academic difficulty at The Citadel. Key practices include regular check-ins, celebrating small wins, and setting achievable goals to boost student motivation. Attendees will learn to break the semester into manageable chunks, helping students stay organized and meet deadlines. The session will also emphasize promoting a growth mindset and connecting students with campus resources. By maintaining accountability and consistent engagement, advisors can help students overcome challenges, improve performance, and regain academic standing. The goal is to equip advisors with actionable tools to support students in academic difficulty and guide them toward long-term success.

ACADEMIC ADVISING AND ACADEMIC COACHING: ARE THEY ONE AND THE SAME? ROBERT PICKERING JR., KRISTIN SIGALAS

Academic advising and academic coaching share a common goal of assisting students in graduating in a designated time period. However, they are not one and the same. This session will explore the differences between academic advising and coaching, discuss how the two services can work together to assist students in graduating in four years and share how academic coaching is implemented at The Citadel.

DEPARTMENTAL ACADEMIC ADVISING RESOURCES TIMOTHY WOOD

The Civil and Construction Engineering programs are highly specific with a number of semester-adding choke points. At the same time, our whole department is committed to excellent faculty advising and helping student move through the program. To this end, each semester, the Departmental Advising Committee develops Advisor and Student guides to empower advising. In this session, the department will share their advising and student guides, documentation processes, and other resources used to facilitate excellent academic advising.