

**Freshman**

Fall	LDRS 101 (1)	PHED 101 (3)	PHED 335 OR PHED 350 (3)	BIOL 105 and 115 (4)	FSWI (3)	FSEM 101 (3)		ROTC Basic	17
Spring		LDRS 202 (3)	RPED 260 (3)	STAT 160 (3)	EDUC 202 (3)	Gen. Elective (3)	RPED Activity (0)	ROTC Basic	15 <hr/> 32

**Sophomore**

Fall		COMM 216 (3)	BIOL 217 & 227 (4)	PHED 335 OR PHED 350 (3)	EDUC 206 (3)	PHED 201 (3)	RPED 113 (0)	ROTC Basic	16
Spring	LDRS 211 Fall or Spring	Strand 1 (3)	BIOL 218 & 228 (4)	PHED 303 (3)	EDUC 307 (3)	EXSC 200 (3)		ROTC Basic	16 <hr/> 32

**Junior**

Fall	LDRS 311	Strand 2 (3)	EXSC 319 & 329 (4)	Strand 3 (3)	General Elective (3)	EXSC 314 (3)		ROTC (Advanced)	16
Spring		LDRS 371 (3) ***	PHED 460 (3)	PHED 404 (3)	PHED 433 (3)	EDUC 301 (3)	RPED Activity	ROTC (Advanced)	15 <hr/> 31

**Senior**

Fall	LDRS 411	Strand 4 (3)	HLED 407 (3)	EDUC 306 (3)	EXSC 305 (3)	General Elective (3)		ROTC (Advanced)	15
Spring		PHED 499 (12) Capstone ***	PHED 421 (1)					ROTC (Advanced)	13 <hr/> 28

**Total: 123**

Note: The blue cells represent courses in General Education. The grey cells represent graduation requirements. The orange cells are non-departmental requirements, and yellow cells are major requirements. \*\*\* = ROTC Fulfillment class.

Strand Requirements: Students must complete four strand courses, which may be completed in any order: English (ENGS 30X), History (HISS 30X), Social Science (SCSS 30X), and Science (NTSS 30X).