

2025-2026		Major Academic Plan (MAP)—B.S. Physical Education.						Academic Credit Hours 123 + ROTC	
Freshman									
Fall	LDRS 101 (1)	PHED 101 (3)	PHED 335 OR PHED 350 (3)	BIOL 105 and 115 (4)	FSWI (3)	FSEM 101 (3)		ROTC Basic	17
Spring		LDRS 202 (3)	RPED 260 (3)	STAT 160 (3)	EDUC 202 (3)	Gen. Elective (3)	RPED Activity (0)	ROTC Basic	15
									32
Sophomore									
Fall		COMM 216 (3)	BIOL 217 & 227 (4)	PHED 335 OR PHED 350 (3)	EDUC 206 (3)	PHED 201 (3)	RPED 113 (0)	ROTC Basic	16
Spring	LDRS 211 Fall or Spring	Strand 1 (3)	BIOL 218 & 228 (4)	PHED 303 (3)	EDUC 307 (3)	EXSC 200 (3)		ROTC Basic	16
									32
Junior									
Fall	LDRS 311	Strand 2 (3)	EXSC 319 & 329 (4)	Strand 3 (3)	General Elective (3)	EXSC 314 (3)		ROTC (Advanced)	16
Spring		LDRS 371 (3) ***	PHED 460 (3)	PHED 404 (3)	PHED 433 (3)	EDUC 301 (3)	RPED Activity	ROTC (Advanced)	15
									31
Senior									
Fall	LDRS 411	Strand 4 (3)	HLED 407 (3)	EDUC 306 (3)	EXSC 305 (3)	General Elective (3)		ROTC (Advanced)	15
Spring		PHED 499 (12) Capstone ***	PHED 421 (1)					ROTC (Advanced)	13
									28
									Total: 123

Note: The blue cells represent courses in General Education. The grey cells represent graduation requirements. The orange cells are non-departmental requirements, and yellow cells are major requirements. *** = ROTC Fulfillment class.

Strand Requirements: Students must complete four strand courses, which may be completed in any order: English (ENG 30X), History (HIS 30X), Social Science (SCSS 30X), and Science (NTSS 30X).