BEFORE LEAVING FOR MATRICULATION DAY

- All incoming cadets should get in shape before they arrive. Freshman orientation and training will seem much easier if cadets are physically prepared. Run as much as you can on soft surfaces: grass, dirt, for example, but avoid hard highways to avoid shin splints. Break in your military shoes as much as possible to avoid blisters. Practice your sit-ups, push-ups and two-mile run. Visit the following links to improve:

- Male PT Standards: [http://www.citadel.edu/root/admissions-physical-fitness/male-test-requirements](http://www.citadel.edu/root/admissions-physical-fitness/male-test-requirements)

- Female PT Standards: [http://www.citadel.edu/root/admissions-physical-fitness/female-test-requirements](http://www.citadel.edu/root/admissions-physical-fitness/female-test-requirements)

- Keep copies of everything that you might send to The Citadel for easy access.

- Purchase and bring only items specified on the Commandant’s page under Matriculation Info [http://www.citadel.edu/root/matriculation-info](http://www.citadel.edu/root/matriculation-info)

- Make hotel/motel reservations EARLY! The PGA (Professional Golf Association) tournament will take place on the same weekend bringing thousands of visitors to the Charleston area. To view Charleston area accommodations, please visit the following link: [http://www.booking.com/city/us/charleston.en.html?aid=336408;label=charleston-sUgTA_XckMz6uVgmN2F7CgS16772867859;ws=](http://www.booking.com/city/us/charleston.en.html?aid=336408;label=charleston-sUgTA_XckMz6uVgmN2F7CgS16772867859;ws=)
ON MATRICULATION DAY

REPORTING AND PROCESSING INFORMATION

1. **Processing will start** as early as 7:00 a.m. (0700 hours) and everyone should arrive no later than 10:00 a.m. (1000 hours). The activities for new cadets will begin at 11:00 AM (1100 hours), Saturday, 11 August.

2. **The first place you should report** is the Holliday Alumni Center (see Traffic Diagram). At that location you will be checked in and you will be given a card marked with the letter of the company to which you have been assigned. Place this card in the middle of your car's windshield (or have the taxi driver do so if you have come to Charleston via commercial transportation). This card will enable the cadet traffic detail to direct you to the proper barracks. You should enter the Citadel campus by Lesesne Gate (main gate) at the west end of Moultrie Street.

3. **When you reach your barracks**, a cadet guard will direct you to a parking area. You should unload your baggage, place it in a designated area, and report to the Admissions Officer who will be seated inside the Sallyport (entrance) of your barracks, then report to your company’s cadet First Sergeant, who will have a table set up in the barracks. At this time, give the First Sergeant the forms you were required to bring. He will give you your room assignment and complete your in-processing.

4. **Early arrival is discouraged**, but should you need to arrive at The Citadel prior to Saturday, 11 August, please inform the guard at Lesesne Gate that you are an incoming Fourth-Class cadet and the cadet will direct you to the appropriate barracks. Report to the barracks guardroom, located in the Main Sallyport (entrance) of the appropriate barracks. A member of the cadet guard will direct you to the room to which you have been assigned, and you will move your luggage into your room. The guard will also inform you of the time and place for your meals. At 07:00 a.m. (0700 hours), 10 August, you are to report to your cadet First Sergeant, as discussed in paragraph 3 of these instructions.
ATHLETES REPORTING EARLY INFORMATION SHEET

- **If you have received instructions** from Coach Higgins, the Football Coach, Coach Khaledi, the Volleyball Coach, or Coach Winch, the Soccer Coach, to report early for 4th - Class Athlete Training, the following information applies.

- **You will report** to Murray Barracks at 7:00 AM (0700 hours), 26 July, for room assignment, and begin your 4th -Class Training at 8:30 AM (0830 hours).

- There will be a **Parent Orientation at 8:00-10:00 am** in Bond 165 to provide an overview of your freshman year as well as academic policies and procedures. We encourage all parents of freshman athletes to attend.

- **We know that you have many questions** about your life as a cadet. Most of the answers are found in The Citadel Catalog and The Guidon. We suggest you read and study these publications so that you and your family understand what is expected of you as a Citadel cadet.

- **Your days at The Citadel** will be challenging, both mentally and physically. **Be sure that all shoes you bring to The Citadel are broken in** as blisters can make your first weeks very uncomfortable. Shoes do not need to be shined before arrival.

- **Check all the other** Matriculation information on the Web site for additional items of interest. NOTE: You need to bring the Educational Release Form with you on the day you report.

- **Your permanent company** assignment will not be determined until after your arrival.

See the Traffic Diagram below for the location of Murray Barracks.
Traffic Diagram for Murray Barracks