



CITADEL TRAINING MANUAL

MINDSET – THE MAIN THING

- Embrace culture of training to achieve results and develop people
- Be "Capital A" accountable - genuinely care for the well-being and success of all other cadets
- Be trusting and be trustworthy
- Be a world-class trainer and a world-class trainee
- Start every interaction with others from a perspective of **MUTUAL RESPECT**

WE WILL:



- Set **EXPECTATIONS** [Be Positive & Clear, Say 'Why']
- Build basic **SKILLS** [Model, Teach, Train]
- Give constructive **FEEDBACK** [INPUT+]
- Follow through with **CONSEQUENCES** [PRIDE]
- Work for **GROWTH** in others [Challenge]