

Corrective Push-ups

Mission. Authorized upperclass cadets in the fourthclass cadet's chain of command use push-ups in order to correct minor fourthclass substandard performance and to learn how to administer consequences IAW the mnemonic PRIDE (progressive, relevant, immediate, directed at behavior, evenhanded) from CTM.

Intent. Upperclass cadets understand that they have a continuum of tools available to administer negative consequences for minor substandard performance including oral counseling, push-ups, written counseling, EMI, and PRs and are able to appropriately discern when push-ups are the optimal tool to use.

Concept of Operations. When a member of the fourthclass cadet's chain of command observes minor substandard performance in the barracks, he or she assesses the situation and uses the mnemonic PRIDE to determine if corrective push-ups are the optimal negative consequence to use in order to immediately stop the undesirable behavior and to send a deterrent message that future undesirable behavior will result in additional negative consequences. If the upperclass cadet makes that determination, he or she can order the fourthclass cadet to perform up to thirty two-count pushups during first semester and up to forty two-count push-ups during second semester. (Specific regulations governing fourthclass push-ups are in the Blue Book.)

Supporting documents.