



THE CITADEL FAMILY ASSOCIATION

All in the Family

MATRICULATION 2016
CHARLESTON SC

Welcome to The Citadel, Class of 2020!

Matriculation Day - the CFA's "Blue Shirt Army" is here to help!

Your sons and daughters are about to begin a new chapter in their lives that will lay a strong foundation for their future successes, as well as forge unbreakable bonds with their fellow classmates that will last a lifetime. It will be an exciting time for all!

From Matriculation Day forward, you gain membership in a support network that is just a phone call or email away—The Citadel Family Association. Your membership in the CFA is automatic, free and provides you with a wealth of support and information directly from the parents of upper class cadets. The CFA's mission is broken down into three priorities:

- Providing information to, and support for, the families of current cadets, with a primary emphasis on Knob parents.
- To provide families with a forum for discussion of common interests.
- To support college initiatives.

On Matriculation Day you will see more than 300 CFA "Blue Shirt" volunteers present to assist you. These are parents of upper-class cadets who volunteer with The CFA to make you feel welcome the moment you arrive. They will help you move your cadet's materials into the barracks and also help you navigate the day's events. Many of these CFA volunteers have traveled great distances to be present on Matriculation Day, because they too experienced this organization's support and now feel moved to "pay it forward." This is a clear

affirmation of the critical role The CFA plays in assisting cadet parents through Knob year and beyond!

The CFA's Matriculation Day Parent Brunch!

Parents - plan to arrive on campus before 8:30am to ensure that you do not miss the Parent Information Fair held in McAlister Field House.



The CFA will be providing complimentary brunch food stations in the back of McAlister Field House, so that parents can enjoy food and refreshments while engaging with key campus organizations, departments, and more.



MATRICULATION DAY SCHEDULE

Saturday, August 16

7:00-9:30am

Fourth Class Reports

Holliday Alumni Center

9:00-10:30am

Information Fair

McAlister Field House

9:30-10:00am

Barracks Closed

Parents walk to Field House

10:45-11:45am

President's Parent Address

McAlister Field House



CFA BATTALION AND COMPANY REPRESENTATIVES 2016-17

<u>Company</u>	<u>Name</u>	<u>Cadet Class</u>	<u>Telephone</u>
1st Battalion	Cindy Riley	2017	843-635-1647
Alpha	Jennifer Rentz	2018	843-597-4292
	Jeff & Sherri Auten	2019	864-459-0611
	Annette & Dwight Mixon	2019	843-696-1442
Bravo	Janet Winch	2017	c#843-810-9338 o#843-792-8217
	Cindy Gibbs	2019	864-271-8750
	Jim & Stephanie Boyd	2019	864-230-4028
Charlie	Kim and Millard DeVore	2017	864-276-6302
	Jim and Annette Minninger	2018	J:864-838-6154 or A:601-506-8083
	Gregg & Leslie Serpas	2019	803-438-4278
Delta	Christiana Turner	2018	c#912-308-0102 h#912-898-1810
	Paul & Robin Cobb	2019	P's#864-538-3052 R's#864-992-3209
2nd Battalion	Dori Breeden	2017	704-804-0967
Regimental Band	Chenay Clark	2017	201-657-8122
	Cynthia Dils	2017	850-450-8111
	Bernadette Coppola	2019	203-913-3444
Echo	Tom and Boyce Wharton	2017	864.590.3399
	Daun Goins	2018	864-561-7692
	Pamela & Mike Murray	2019	P's#842-442-8414 M's#842-442-3411
F-Troop	Bill and Paula Williams	2017	912-690-1366
	Kimberly Anderson-Felga	2018	c#703-928-8600 or h#703-931-0897
	Andrea Thomason	2018	864-556-2481
Golf	Vicki Bourckel	2017	c#443-690-0905 or h#410-661-9351
	Karen Trone	2017	864-525-7797
	Kathy & Jose Rodriguez	2019	K's#: 704-740-5315 J's#: 704-740-5293
Hotel	John & Pamela Hoyt	2017	J# 864-9791224 P#864-423-2894
	Cindy Rickenbaker	2017	843-901-7502
	Cliff Kent	2019	423-517-0284

All names are email-linked on the CFA's website - visit here: www.citadelfamilyassociation.com

2016 - 2017 CITADEL FAMILY ASSOCIATION BOARD OF DIRECTORS

CHAIR

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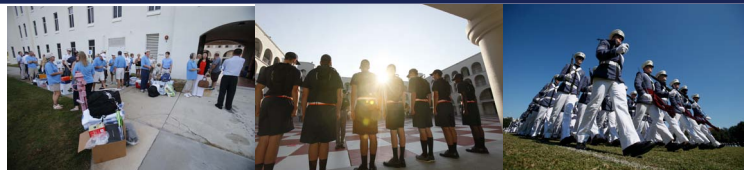
CFA LIAISON OFFICER

Shamus Gillen, '96
843-953-4830
gillens@citadel.edu

CFA BATTALION AND COMPANY REPRESENTATIVES 2016-17

3rd Battalion	<u>Mike & Stacey Massengale</u>	2017	864-907-3482
India	<u>Susanne Carminucci</u>	2018	914-424-9592
	<u>George & Gay McLeod</u>	2019	843-697-4617
	<u>Kathi Lee</u>	2019	843-240-0306
Kilo	<u>Judith Ann Faile</u>	2017	864-608-2983
	<u>Elizabeth Vaughn Lanford</u>	2017	864-380-6595
	<u>Kimmy Richardson</u>	2019	910-978-4570
Lima	<u>Karen Bedenbaugh</u>	2017	704-678-5807
	<u>Rob Poppert</u>	2018	757-636-4620
	<u>Monica Felt</u>	2019	864-525-5770
Mike	<u>Maria Faulkner</u>	2017	843-287-1782
	<u>Kristin Brady</u>	2018	c#864-908-7200 or h#864-268-1562
	<u>Frank Rizer</u>	2019	803-664-0847
4th Battalion	<u>Ashley Dill</u>	2019	864-915-8416
November	<u>Danny & Lisa Brown</u>	2017	843-901-1601
	<u>Kim Templet</u>	2018	404-273-1213
	<u>Maria Webster</u>	2018	425-359-6277
Oscar	<u>Deb Bednar</u>	2017	412-377-6607
	<u>Eddie and Susie Joyner</u>	2018	E:803-840-5148 or S:803-840-5147
	<u>Chris & Jody Kardoheley</u>	2019	C's# 843 441 1556 K's# 843 441 0312
Romeo	<u>Debbie Patrick</u>	2018	757-642-3444
Tango	<u>Cheryl Young</u>	2017	843-222-4779
	<u>Denisse Spade</u>	2017	864-350-5940
	<u>Lynn Hayes</u>	2016	828-638-1174
5th Battalion	<u>Kelly Parrish</u>	2017	321-759-3745
Papa	<u>Margarett Ellison</u>	2017	404-406-6688
	<u>Stacy Bergert</u>	2018	571-263-3315
	<u>Sandi & Andi Reeves</u>	2019	843-518-2423
Palmetto Battery	<u>Terry Murphy</u>	2017	843-270-9127
	<u>Ralph and Suzanne Miller</u>	2018	404-275-9232
	<u>Rick & Kathy Pugh</u>	2019	803-817-3843
Sierra	<u>Diana Gasparro</u>	2017	704-779-7965
	<u>Pam Wall</u>	2018	864-963-1806
	<u>Julie Forster</u>	2019	812-240-1147
Victor	<u>Barbara Rhea Hoke</u>	2018	803-549-7022
	<u>Lisa Phelps Hughes</u>	2019	404-309-9870
	<u>Debra Dean Romero</u>	2019	803-349-6791

“Tips for Transitioning: Citadel Parenthood”



Whether this is your first or last child leaving home for college, The Citadel inherently requires new cadets and their families to learn new terms and customs, including proper uniform protocols, military acronyms, and much more. While the cadets learn this jargon quickly, parents are often left in the dark. To bridge this gap, The CFA created the *A-Z Guide*, which is included in this “parent packet”.

In addition to the military lifestyle your son or daughter will learn to embrace, there are often some very real challenges that are not immediately evident. Having a few of these things in mind can give you a head start at finding solutions that work for your family as you all begin this new adventure.

One of the first things people notice about Charleston is the weather. There are many beautiful days to appreciate. There is also a sticky humidity that hangs over everything. Acclimation to the heat and humidity can prove difficult for cadets. With an increase in physical activity, most are not accustomed to working out in these conditions.

It is not uncommon for the infirmary to have sick calls in the first weeks as the heat takes its toll. Though the Knobs will be issued “camel-back” water packs for use during the cadre training period, you should still encourage your child to hydrate prior to arrival. Water or sports drinks (to replenish electrolytes) are the best

choices. This is also a good idea for you to remember when you visit Charleston. Our high temps and humidity can last through October. We don’t pull out our fall clothes quite as quickly as the Northern region so be sure to keep up with Charleston weather when planning a visit or you will find yourself struggling to acclimate as well.

Another unnoticed shift in the early weeks is that of expectations, both cadet and parent. Moving away from home for the first time can be exciting, but if it’s uncharted territory, the expectations may be unbalanced. Many parents expect the phone calls and letters to be commonplace. The truth is that your child will be busy, and they will be tired. A quick email or text may be the norm for the first several weeks.

Your cadet will also experience other shifts, including:

- Money management
- Time management
- The joys and struggles of both separation & freedom from mom and dad.

There are cycles of both need and avoidance as they begin to manage their departure from home. This is commonly manifested through their requests for financial and moral support, without a desire to hear parental advice or correction. Despite these common experiences, your cadet will greatly benefit from your encouragement throughout Knob year.

The last element for consideration is for your Cadet to focus upon why they chose The Citadel. Most of your cadet’s high school friends will attend “normal” colleges and have experiences not found at The Citadel (frat/sorority rush, no curfew, part-time jobs, unlimited freedom). They may think they’re missing out and wonder “what if.” If doubts of this nature come into the conversation, it is very helpful to remind them of why they chose the “road less traveled” at The Citadel. There is no easy path to real success!

So where does the CFA fit into this?

We can offer our own experiences and encouragement to you because we have been where you are – and we are still here! Every child is different and every year of their education here will be different. But you are not alone!

Every cadet company has assigned CFA Reps. (*as listed in this newsletter and on our website*) who have received training and are poised to help you, or direct you to those on campus who can. They are knowledgeable not only in school information, but in taking things day by day, sometimes hour by hour. Each one of us is here for each one of you.

We welcome you to our Citadel family, and we are so excited you’re here!

Sincerely,
Your CFA Board



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Special Thanks to South Carolina Federal Credit Union for their generous contributions to The Citadel Family Association, and their support of this newsletter.